



# Moulton Matters

**Packed with Village News**

**Autumn 2020**

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**Luncheon  
Club**



A quarterly publication edited by Lisa Rampling & Jill Goodwin

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Due to the Coronavirus this edition has less articles than our usual publication as so many village activities and clubs have been cancelled. We thought that by this edition we would have seen a little bit more 'normality' around us, however, as we all know that is not the case at the current time. We hope that everyone in the village stays safe and well as we go into the autumn months.



If you have an advertisement or an article you would like to submit for this newsletter we publish them quarterly. Please ensure that articles reach us by the 24<sup>th</sup> November for distribution in the first week of December.

For advertising rates please check out our Village website.

<http://moulton.onesuffolk.net>

**Lisa Ramping 552631 and Jill Goodwin 551851**

**Cover photograph courtesy of Tony and Linda O'Meara**

## **Moulton Parish Council (MPC) News**

### **PC meetings**

Since my last report MPC has held zoom meetings on 6<sup>th</sup> July and 1<sup>st</sup> September where a wide range of agenda items were considered



### **Moulton Parish Council (MPC) Clerk**

Lorraine Stone, our very able and hardworking clerk for the last 34 years, will retire at the end of September. I have thoroughly enjoyed working with Lorraine during the last 18 months and many of you have told me of the huge contribution she has made over the years to the PC and village affairs.

On behalf of the PC and the whole village I wish Lorraine and her husband Mike a long, happy and healthy retirement. COVID currently prevents us from celebrating this loyal service together but look out for alternative plans. Lorraine will be retained by the PC in an advisory capacity for an interim period.

We are really pleased to welcome Laura Yates as our new clerk. Laura, who is also clerk for Snailwell PC, can be contacted on [moultonpc@gmail.com](mailto:moultonpc@gmail.com) or 07527 777942

### **Government white paper on devolution**

You may be aware of discussions and consultations on the future role of Mayoral combined authorities, local authorities (District and County Councils), town/parish councils and communities. This could result in a major re-structuring of local government which affects the way local issues such as planning are dealt with.

MPC does not wish to see any under mining of the important role PCs play in representing village and rate payer views and communication with higher bodies.

### **Planning**

Also published in this edition of Moulton Matters is John Ford's very helpful summary on planning policy, decision making and its potential impact on Moulton village.

The PC discussed this at our last meeting and Councillor John Derry will lead a working group comprising of Cllrs Tim James and David Clarke and John Ford to monitor planning policy developments, their potential implications for the Parish and develop a strategy to ensure Moulton retains its special and protected status.

Sites on Newmarket Road, opposite Lark Hill (WS144) and on Kentford Road, behind the carrot washer (WS143) are currently designated as having potential for housing in West Suffolk District Council's Strategic Housing and Economic Land Availability Assessment (or SHELAA).

### **Next meeting**

Our next MPC meeting is scheduled for 6 or 6.30pm on Monday 12<sup>th</sup> October and as usual is open to all parishioners. Please see the agenda for final confirmation of the time and video call or a face to face meeting at the village school.

### **Meeting minutes**

Draft minutes are available on the [moulton.onesuffolk.net](http://moulton.onesuffolk.net) website

Keep safe

**David Almond**

**Parish Council Chairman**

## Moulton Village Annual Litter Pick

On Saturday 19th September with the sun shining brightly the Village's annual litter pick took place with 34 residents participating – some 6 months later than originally scheduled.

Volunteers in their florescent jackets took their pickers and bin liners around the roads and footpaths leading into and around Moulton to clean up the area.

Some of the roads on the outskirts of the village generated lots of bags of rubbish whilst the main village had very little litter which proves that residents do try to look after the area.

Some work was also undertaken in the village hall car park where trees were pruned, weeds picked and gravel swept.

After a couple of hours hard work the village was returned to its former tidy self and the volunteers having deposited their bags, picks and jackets at the hall retreated to the village shop for a much-earned cup of coffee and a bacon roll courtesy of the Parish Council.

Thanks to all who participated and thank you to the shop staff for providing the refreshments.



## Bea's Bench replaced

Bentley, accompanied by his owner, Cathy Haldane, formally cut the ribbon to open Bea's bench for use.

Bea Harrington originally donated the seat, which is situated near the ford, to allow villagers to enjoy views of the river. It was falling into disrepair and her daughter, Anne Collins, has replaced it.

Many thanks to Douglas James for its installation.





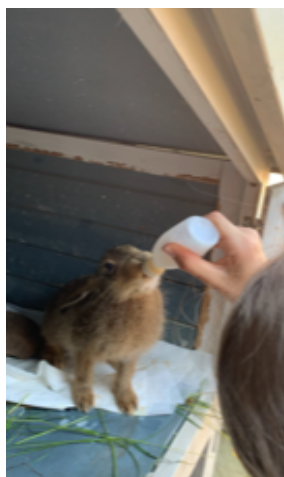
## Poppy's Hare

On the 15th April Freddie watched as a baby hare was dropped from the sky by a bird of prey. She was very tiny and had now lost her mother.

I decided to hand rear the leveret, I kept her warm and quiet and researched what I needed to do to take care of her. She soon took kitten milk from a tiny bottle every few hours day and night, she grew and put on weight every day very quickly. She was just 200grams when I first weighed her and needed to be 800g before she could be released back to the wild.

I named her Harriet and I really enjoyed taking care of her. A lovely thing to do during lock down and it kept me very busy. She was so friendly and always enjoyed a cuddle after a feed.

After 5 weeks she was ready to start being weaned I gave her grass and put her in a hutch outside, once I stopped giving her milk she soon became quite wild and I knew she was getting ready for the big wild world. Release day was very sad but I knew it was the best thing for Harriet. We saw her most days along the farm track for a couple of months and although I haven't seen her for a while I'm sure she's living a happy Hare life out there somewhere. *Poppy James*





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# Moulton School news by Debs Shipp – Head Teacher

Hello everybody! Despite the seemingly-endless planning for re-opening, our term has got off to a smooth and happy start. Our children have settled in well, and as ever, there is lots of laughter and hard work happening. Pupils have adapted well to the changes we have made: handwashing has become a routine; the staggered drop-off and pick-up arrangements are working; and communication between school and families is effective.

We are pleased that we have been able to offer children in Y2-Y6 an extra-curricular club each week. Mr Walker, our sports coach, is spending an hour with children from each bubble after school doing sporting activities. We do have our fingers crossed that the sunny weather continues so that clubs can be outdoors.

Angie and the kitchen team have been working hard to prepare takeaway style meals for children – they are very tasty! Lunchtimes and playtimes are one of the hardest logistical challenges, but things are going well so far.

Our priority was to get children settled back into school, and we are now finding out where to direct support; where to offer challenge; and how to tweak our curriculum, according to pupils' needs. Staff members are very much enjoying being back with the children.

We feel sad that some of our usual highlights might not happen this term – Christmas plays, harvest festival etc, but we will be thinking outside of the box to ensure that the children do not miss out.

I hope that all readers and their families are well. I would like to thank all members of the Moulton community for their support. Stay safe, everybody! Check out our website and our Twitter account, @MoultonCEVC for latest school news. *Mrs Shipp*



# ST PETER'S CHURCH NEWS



We are pleased to say that church has been open for Individual Private Prayer one day each week since June 23rd. We are grateful that visitors have followed our hygiene rules, and left names and contact details for Track and Trace purposes.

From July 5th churches could re-open for Public Worship. Reverend Rosemary has visited one benefice church each Sunday during July and August, the service was Holy Communion and stringent hygiene

rules applied to both priest and congregation. We are grateful to Margaret Salzmann, our organist, who was able to play during these services, and to some benefice choir members who, when the rules were changed were able to sing for us. (Congregations are still not permitted to sing.)

Throughout the entire lockdown period Revd. Rosemary celebrated a Holy Communion service each week in the vicarage at Gazeley. Revd. Andrew Rycraft assisted her with the recording, and Lynn Pilsworth from Gazeley edited the material, then incorporated photos of the benefice church and village featured each week. With very beautiful visual images from world art, together with music recorded at home by Margaret to accompany the service, much was achieved. The video recordings were available the following Monday to view on Facebook and the positive comments received confirmed the comfort and support people felt being part of the continuing worship across our five villages.

In August, Gazeley All Saints' Church held An Affordable Art Exhibition and for Revd. Rosemary's Retirement gifts, she was invited to select items of her choice. At the last service she officiated on August 30th two paintings and an air-conditioner unit were presented to her to mark her retirement. At her final service at St Peter's on August 16th this prayer formed part of our Intercessions.

"We pray today for Revd. Rosemary, and give our thanks for her ministry in this benefice and for her commitment to our deanery. The families that have come to her for Baptisms Weddings or Funerals have found compassion, kindness and honesty. In this pandemic, her courage to embrace new technology and outreach to us via Facebook has been a remarkable gift. May her new journey into retirement bring fulfilment and a richness of time with Andrew, their family and friends".

This second prayer formed part of our Parish Prayers used on September 6th. If you know of young people of any age who have readjusted to school or college life please pray for them and their friends during this season.



“Loving Lord, we pray for our young people of all ages, who have returned from home-schooling and holidays to begin new terms and new learning. Some will be away from home and managing course work with independent living, meeting new friends and new instructors. Our school children face different classrooms, maybe in new buildings, new school bus journeys. Help them to soon feel secure and safe with the massive changes in schools. This Covid19 pandemic has altered everything. Please hold in your special care the leadership teams, all the staff, and the children at Moulton Primary School and Moulton Pre-School, and in all schools, colleges, universities and all places of learning.

Give strength Lord, to all who nurture, teach and prepare young minds for their future as adults. We pray that all children grow in knowledge, learn new skills and develop friendships built on trust and love.

Guiding Lord help us to be inspired and refreshed that we may seek again your vision and purpose for our lives. Kindle in us a new spirit of hope.

Shepherd King, in your mercy ..... Open our hearts to you”

We send our best wishes to you all.

Anne Garmston 01638 751188

Bob Saltmarsh 01638 750190

## St Peter's Church

We are all going through strange times at present with Covid 19, with all the effect on many aspects of our lives. We have been affected at St Peter's in many ways, some mentioned in Anne's piece. I know many societies and venues have suffered with the loss of income and the ability to hold fundraising events, in all of this St Peter's has lost approximately 55% of its income which means we will be unable to meet our annual commitments. If any parishioners would like to make contributions towards church funds, which can be gift aided (adding 25% to your donation) please contact me on the details below. We would be most grateful for any amounts by cash, cheque, by standing orders monthly, annually or another other timing or by putting it through my door.

Our next services will be Communion services on Sunday 4th October at 10.00am, then a communion service Sunday 1st November at 10.00am. There are other services in the Benefice please see the notice board by the Church gate. (see page 24 for revised Worship Diary)

Unfortunately we are having to cancel the Christingle service due to Covid restrictions, services in December remain to be decided but due to the numbers who attend it is likely that our Christmas day service may have to be cancelled. We will keep you informed of any changes to services.

For any information re donations to St Peter's Church or services please contact: Bob Saltmarsh at Rose Cottage, Dalham Road, Moulton Telephone 01638 750190 email: bob.saltmarsh@btinternet.com

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## 2 UKULELES - 1 GUITAR & FOUR VOICES: Hit Dalham Road!

Saturday 29 August was the annual “Play Music on The Porch Day” (Worldwide) <http://www.playmusicontheporchday.com/> and I planned to involve Moulton in this marvellous global idea. It was win-win, because neither travel nor quarantine were necessary, and it promised some post-lockdown fun. Of course, socialised distancing needed to occur alfresco, so the Garmy carport was an ideal venue.

It was a perfect opportunity for Shelley, Ray, and myself. We all belong to The Ukulele Players of Bury St. Edmunds, and needed a long overdue chance to play together again. In addition, I contacted Fran, because I guessed she would also be well ready for a post-lockdown sing.

We commenced a varied set of Country and Folk songs at 10.30am, and were glad that the weather had settled after a stormy week. Everything was looking good. Even the sun peeked out occasionally. It was wonderful just to be enjoying music together.

Some of our audience even brought their own camping chairs. There were about twenty in total, including a couple of passing touring cyclists from Cambridge. Turns out they were both classical musicians, and were so impressed with the novelty of our event, that they screeched to a halt, parked their bikes and took in a few quality vibes. It could be possible that the images they decided to capture of us playing on “The Porch” may get passed around at their next supper party. But we will never know.

That doesn’t matter; because it was such a lot of fun. Being on an international stage, whilst still here in delightful Moulton! Some donations were gratefully received, and they have been forwarded to Marie Curie. Thank you for those. *Ian Garmston*



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## Moulton Oil Order Scheme

The price of oil has remained stable all summer and the order I placed at the beginning of the month I got a very competitive price of 24.75 ppl . No doubt the price will start to rise as the weather turns colder. If you are interested in joining the scheme just email me on [moultonoilscheme@outlook.com](mailto:moultonoilscheme@outlook.com) or call me on 01638 482012 (there is no charge ). By joining the scheme we can limit the number of tankers travelling through the village which will reduce pollution and noise levels and protect the heritage of our lovely village.

The next Order dates are:-

|            |             |                    |            |             |
|------------|-------------|--------------------|------------|-------------|
| October 19 | November 30 | Christmas delivery | January 11 | February 22 |
| April 8    | May17       | June 28            |            |             |

Regards Lesley James

## Luncheon Club



Lockdown during the pandemic has meant that we have not met since February. We were really optimistic that we would be able to meet up again in September but as you will all know the government has decided to restrict social gatherings. The committee have felt that we are unlikely to be able to meet again until next Easter at the earliest. I know that this will be as disappointing to you as it is for us.

Please do watch out for notices in the Spring because as soon as we have a safe date for reopening, we will of course put up posters.

You will have read in our last edition of MM's that we had some scraps of materiel left over from our scrub making effort. If you are interested in making up cot quilts for the Rosie Maternity Unit at Addenbrookes, and are happy to do so at home, please give me a call and I can arrange something with Andrea who currently has been making up kits for keen sewers. We all look forward to virus free days in the future when we can hopefully resume our usual village activities. Lisa Rampling 01638 552631 07528175021 [elissa.rampling@gmail.com](mailto:elissa.rampling@gmail.com)

## Speedwatch

After several months of lockdown we have restarted, but the virus hasn't slowed the traffic down, people continue to speed through the village. All I can ask is if you are a passenger in a car driving through the village and the car is exceeding 30mph please ask the driver to slow down. If you are a lone driver please be aware and keep to the speed limit, making Moulton a safer place to live.

If anyone would like to join us or try before you commit please contact me, thank you.

Tim James 07768798066 [timjam@hotmail.co.uk](mailto:timjam@hotmail.co.uk)



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**As you may be aware, we had to cancel our Macmillan Coffee morning on the 24th September this year due to the Governments latest restrictions on people gathering together. It was such a shame as we had arranged some entertainment too – hopefully next year!**

**However, thanks to Kathy's brilliant idea and Hugo, Kathy, Mike, Harriet and the shop team's help as well as the amazing baking skills of Dorothy and Zayana (and their time and effort) we were able to offer a deconstructed Macmillan Coffee Morning over 4 days from the shop!**

**A Macmillan Package was on offer for £5 which included a cup of coffee or tea, a slice of delicious homemade cake and a donation to the charity, served safely in the open air, outside the shop and in the park (all socially distanced). Alternatively, for £2, a slice of cake to take away which also included a donation to the charity.**

**Thank you to everyone who participated and also gave donations into the Macmillan Bucket and to those who donated ingredients for Dorothy and Zayana to bake over 20 cakes!**

**At the time of going to print we are unable to advise you of the total money raised but the information will be advertised in the shop.**

**Again, thank you to all those involved – even in these difficult times this village has united to support a brilliant cause!.**

**Jill Goodwin & Lisa Rampling**



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## Your Pet's opinion on your return to work

Life changed for many of us during the Covid-19 lockdown. That also meant life changed for our pets too! Now restrictions are lifting and we are returning to our normal routines, our pets may need help adapting to their own normal routines.

It is so important to plan ahead and try where possible not to make these changes too suddenly to allow your pets time to adapt. Even the most resilient of pets can get worried.

Our top tips:

- Gradually change the timings of your daily routine to be similar to your average day. If you used to walk your dog before work try to adjust the timing to fit with this to avoid frustration when it doesn't match what they've come to expect.
- Our pets may not have been left for prolonged periods during lockdown and therefore received more attention and interaction. Start gradually decreasing the amount of constant attention and increase the amount of time on their own. This may include not playing with your pet as much the moment they ask for attention.

- Increase the time they spend alone by inviting them to sleep in their own bed whilst you're in another room

- Give your pets interactive toys they can occupy themselves with when you are not interacting with them.

- Leave the house without your dog to help them get used to the idea of being left again. Build up the time for longer durations and increased frequencies if you need to. If your dog shows signs of distress when left alone please seek help from a qualified behaviourist.

- Remember cats naturally have a more solitary life compared to our highly sociable canine friends! However they may still find the reduction in attention stressful, try to greet your cat calmly and if they are hiding away give them space

We stock a wide range of natural supplements and calming products that may help your pet to adapt back to "normality", whatever that may be!

The practice is now back to being able to offer our full range of services, so please don't hesitate to get in touch if you need us for anything at all.

Best wishes, The Ash Tree Team





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# Village Shop & Post Office



Phew! Have a moment, grab a cuppa, take a seat and whatever you do - don't watch the news. It's all a bit depressing isn't it? Just as we thought things were improving, local lockdowns pop up around the nation and more restrictions are in place. At the shop we're more optimistic and as we reflect at the turn of the season, we feel even luckier than we did before. So lucky.

With the COVID safety precautions in place, the shop has kept a positive atmosphere throughout. Face masks on entry, hand sanitiser on the door, floor markers and the fanciest screens in the county – we are very happy to see everybody continuing to use their local shop safely and plenty. The post office area manager was very impressed during her visit as well as Health Secretary, Matt Hancock, who paid us a visit along with The Times Photographer. If anyone sees a photo of him talking to us through the screens, he is commenting on what a brilliant job Hugo has done of them. Truly.

The schools are back and we are very happy to welcome our little shoppers for their post school sugar rush. Oh, we have missed you and our afternoons have been so quiet without the 3pm madness for so long. This has been made a lot easier with the new till systems scanning at each end of the shop and no more pen and paper additions – yay!



We've also been lucky to welcome back and welcome new members of staff to our team. For so long we were running on empty and now the load has eased somewhat. Along with Bex, Sue (Mum), Jas and Fran, we now have Linzie, Sue Allott, Camilla and Annie helping us out. Kathy and Mike have been able to ease off and spend a little more time at home and at their country retreat, while I had my first day off of the year recently! It was just perfect.

On another note, we thank everybody who helpfully signed the petition for the replacement windows upstairs at the front of the building. We hope that New Moulton Stores can gain permission for the new windows to enhance the building and get going with the B&B plans sooner rather than later to provide the village with yet another brilliant asset, making it a wonderful place to live.

It's difficult not to get caught up in the worry and stress caused by this pandemic which is why stopping occasionally and giving yourself time to reflect can highlight the good. We try to do this often at the shop and we strive to keep the hub of the village a positive and friendly place to visit – always.

We are also pleased to announce that the shop has maintained their 5 star hygiene award following a recent inspection.

*by Harriet Mills*



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---

PACKHORSE INN THREE BLACKBIRDS WEEPING WILLOW NORTHGATE RUPERT BROOKE  
BLACK LION EIGHT BELLS THE CROWN THE SHIP INN WESTLETON CROWN THE GLOBE INN

---

01638751818 Bridge Street, Moulton, Suffolk CB8 8SP

@thepackhorseinn f packhorseinn [www.thepackhorseinn.com](http://www.thepackhorseinn.com)

# Panthers Football Club

We currently have 3 teams. The under 16 Sunday team who play in the Cambridge Colts League, under 15 girls Saturday team who play in the Cambridge S-Tech league and under 9 Saturday team who play in the Cambridge Mini league. We would like to wish them all a highly successful season, and please come and support them (socially distanced of course) when they play their home matches.

It was end of an era as football abruptly stopped in March of this year. It was our under 18's final season and little did we know that the match they played in mid-March was going to be their last.

The under 18 team started as a small group aged just 6 years olds before joining the under 7 Cambridgeshire mini league. They have enjoyed many successes over the 11 years the team were together. Lead by team Manager Martin Moss and helped by several assistant coaches over the years. Over the years together the team have enjoyed many tournament wins, league winners, county cup winners twice in succession. A credit to Moulton!

Under 7's (first match)



To keep a team together from under 7's to under 18's is no mean feat. 3 players who started with the team remained through every season.

Under 18's (last match)



But as we say goodbye to the older team as the players are too old to play in youth football now, we would like to welcome our new under 9 Panthers team. And wish them every success.





At Moulton Panthers we are lucky enough to keep our football club going through a lot of hard work and commitment from, coaches and committee, who give up their free time to enable the 45+ children aged between 8-16 years old to play football.

With new Covid guidelines and regulations to follow, football is having to adapt, and we are still not sure if the season will be long or short and how things will pan out over the coming weeks.

We would also like to thank our team Sponsors – Newmarket Equine Hospital, Gotcha Security, J Button Construction and Vivo outdoor fitness.

*Nicola Talbot*



## **West Suffolk Local Plan Review - Implications for Moulton**

The Parish Council had a discussion at its recent meeting about the forthcoming West Suffolk Local Plan Review, and also the Government's White Paper on Reforms to the Planning System. The Parish Council wants to make sure that residents are aware of these often obscure but important processes that can affect all of our lives. Hence this short article aims to increase that awareness, and particularly how these changes could affect the Village. It specifically does not advocate a view about the merits or otherwise of the proposed developments, but merely provides information.

It supplements information from the Planning Department which is also in this edition of Moulton Matters.

The West Suffolk District Council is currently reviewing its Local Plan, which has a number of stages and consultations. At the same time the Government has published a White Paper called 'Planning for the Future' on reform to the planning system which is out for consultation. There are details of the relevant internet sites at the end for those who wish to explore further!

The update of the Local Plan is a lengthy process that traditionally takes years but could eventually have major implications for villages like Moulton. The purpose of the Plan is to set out the infrastructure needed for the future, including housing and employment. It identifies areas and sites for growth and major development. This then provides a framework for planning applications, including whether sites are 'available, suitable and achievable'.

As far as housing development is concerned the previous District Council, Forest Heath, defined Moulton as a 'secondary village'. The Forest Heath Core Strategy was clear in that "...only a very limited amount of new minor development " would be permitted (para 2.5.11). It decided that larger more sustainable settlements should be the focus of growth. Effectively this meant that only small infill sites were approved, rather than major developments. The Parish Council has previously suggested a small number of infill sites in the Village but for various reasons these were either rejected or deferred by the District Council.

West Suffolk Council needs to arrange for at least 800 new homes per year across the Authority area. Hence it needs to consider whether to overturn the previous policy regarding secondary villages.

In 2019 the Council carried out a 'call for sites'. These were published in an annual document known as the SHELAA (Strategic Housing and Economic Land Availability Assessment) in February 2020. This records that two additional sites in Moulton were put forward by Agents – part of the field behind the 'carrot wash' shed near the School, and part of the field bounded by Newmarket Road and Lark Hill. There are copies of the submitted plans with comments by the Agents in the SHELAA (see below). There are also details of the smaller schemes considered in previous years.

The SHELAA implies that a development of up to 10 homes at the two new sites could be considered within existing policy, but indicates potential for a future range of more extensive developments ranging from approximately 200 to 350 properties (both sites combined, depending on the density of housing). Clearly this would be the largest increase in the Village in decades.

The timescale for the Local Plan Review (June 2020 Version) extends as far ahead as July 2024 for completion. This includes a number of Consultation Stages, Submission to the Secretary of State and a Planning Inspector's Report. The next Stage is a consultation on 'Issues and Options', timetabled to begin in October 2020. The Issues and Options Review includes consideration of the issue of 'Secondary Villages'.

Separate to all of the Local Plan Review, the Government has just published a White Paper called 'Improvements to the Planning System' which has featured in the national media recently. The intention is to speed up the Planning Approval procedures including streamlining the process to confirm sites for growth, and obtain the necessary Planning Permission. It is possible that, if this becomes law, then our Local Plan timescale might be shortened. How and when that happens is anybody's guess at the moment!

The purpose of including this item in Moulton Matters is to provide information on the background processes that are taking place within the Planning system and the particular aspects that affect Moulton. The Local Plan process is complicated and cloaked in jargon. It is important that it is widely understood as part of the local democratic process.

Key decision makers and influencers in the Local Plan Review are the local West Suffolk District Councillors. As the process proceeds it is important that they understand the views of local residents and also that they explain the issues from the District Council's perspective. The Parish Council is only a consultee but is an important forum in channelling views to the District Councillors, in addition to the consultee rights that we all have as individual members of the public.

If you want to find out more about the West Suffolk Local Plan Review the information is published on the West Suffolk Council website (the website is not very user friendly due to the jargon and the layout can be confusing so you may need to persevere!)

You can find details of the **SHELAA** at :

[https://www.westsuffolk.gov.uk/planning/Planning\\_Policies/shlaa.cfm](https://www.westsuffolk.gov.uk/planning/Planning_Policies/shlaa.cfm)

**Appendix E** lists the 'pro formas' (with plans and comments) for all the villages in alphabetical order including the two new sites in Moulton. **Appendix B** lists the previous sites which have been deferred due to policy constraints

For information on the existing Plan use the above link and look on the right hand side for the **Local Plan (former Forest Heath)** and that will take you to the **Forest Heath Core Strategy** (adopted 2010).

John Ford, On behalf of the Parish Council Working Party on Planning



## Bringing the power of animal companionship to people at vulnerable times

It is well documented that the special relationships between people and animals can be mutually life-enhancing, and at times even life-saving. For the lonely, the ill, and other people at vulnerable times in their lives, access to animal companionship can have enormous impact. It can bring a sense of comfort and safety, reduce anxiety and may decrease the need for reliance on other services.

**Our Special Friends** is an ambitious and innovative Suffolk based charity which has grown out of a desire to support people who are struggling in a range of situations and where animal companionship plays an important role in helping them to cope. Over the last eight years, our growing team of employees and volunteers has provided support in over a thousand cases, coordinating person-centred care and delivering a wide range of human-animal support services.

- Supporting people in looking after their own pets
- Arranging for fostering to reunite
- Bereavement support following the loss of a pet
- Helping with the placement of a new pet
- Financial assistance
- Volunteer visiting with their own dogs bringing animal companionship to people without pets.



We have recently moved offices and are now located in the Visitors centre at the Animal Health Trust. Do call in and visit us if you are passing and want to learn more, and please do contact us if you are interested in volunteering or know of someone who might benefit from our support.

Our Special Friends  
c/o Visitors Centre, Animal Health Trust  
Lanwades Park, Kentford  
Newmarket, Suffolk, CB8 7UU  
01284 335351

office@ourspecialfriends.org  
www.ourspecialfriends.org  
Facebook: ourspecialfriends  
Twitter: OSF\_Charity

# NU PLAN

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www.nu-planbuilders.com



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Hello from Moulton Pre-school! It's been a little while since our last update and what a strange year it's been for everybody. Of course, back in March we had to close our doors just like all the other schools and nurseries up and down the country. It was a sad day when we waved goodbye to all our lovely children and families, not knowing what uncertainties lay ahead or when we would be able to re-open.

During lockdown, our staff kept in contact with pre-school families on our Facebook group, and it was so nice to see what some of the children were getting up to at home.

Over 2 months passed, but we were finally able to re-open in mid June (after a lot of cleaning, preparation and hard work from our wonderful team). It was a joy to welcome some of the children back and see their smiling faces once again (there were quite a few smiling parents as well, glad to see us back open!!) There were new regulations and ways of working - a different entrance and welcome area, hand-washing on arrival, as well as other changes too - but the children adapted brilliantly and the staff took it all in their stride. We'd like to say a big thank you to Amy and the rest of the pre-school staff who have worked tirelessly to continue providing a safe, nurturing and fun space for the children through a very challenging time.

We'd also like to say a special thank you to Jill, Jerry and the rest of the Village Hall Committee, for their kindness and generosity during these unusual circumstances. We truly appreciate your support!

A final thank you goes to Tesco (in particular to Becky, Malcolm and Fiona) who donated fruit and vegetables for our snack-time. This has been so helpful to us, especially as we have been unable to do our usual fundraising events during this time.

A number of our children left us at the end of July to begin their primary school adventure. We wish them the best of luck, and we will miss them all! But this also means that we were able to welcome a new group of children to pre-school in September; it's great getting to know them and helping them to feel settled at pre-school. None of us know what autumn and winter may hold, but we have a wonderful team and a supportive community behind us whatever challenges may lay ahead!

If you would like to get involved with our committee, or help us with fundraising (which we have to do to make up the deficit from lack of sufficient government funding) please email Jean-Mary at [chairperson.moulton.preschool@gmail.com](mailto:chairperson.moulton.preschool@gmail.com)



*Photo courtesy of John Ford*

## October is the month for bearded tits!

Here at Lakenheath Fen, autumn is in full swing and we are noticing an increase in sightings of one of our special little birds, the bearded tit. If you have never seen them before, they are quite unique- they are about as big as house sparrows but with longer tails, and they have beautiful warm gingery-brown markings, as you can see in the photograph, which was taken by a visitor on a recent visit to us. The photo shows a male bird- a female or juvenile looks much the same except the black 'moustache' marking either side of the bill is absent. This moustache is confusing what gave rise to the 'bearded' in the name, even though it isn't much of a beard at all! To add to that, it isn't a tit either, but the sole member in the world of the bird family Panuridae. It's thought that their similarity to long-tailed tits- which you may see in gardens and woodland near you- is what led to them being called tits.

In summer, they breed throughout the reserve anywhere there is reedbed, and they may raise 2-4 of between 4-8 chicks at a time. They are very sociable

and family groups will stick together for months after they leave the nest, so if you visit the reserve in the coming weeks you might see several birds at once. The reason the family groups become easier to see in autumn is because the diet of the birds switches from insects in the warmer months to reed seeds, which ripen at the top of the stems and this encourages the birds into the eye-line of visitors!

We also provide grit on grit trays at a few locations on the reserve, such as at Mere Hide and the Pat Rolph Photography Station, which the birds visit every now and again as eating a little grit helps to break down the tough reed seeds for digestion. Often the first sign that bearded tits are in the area is their 'pinging' call- which is what the birds use to keep in touch with each other as they move through a reedbed in a roving group- this is another similarity they have to long-tailed tits. If you visit the RSPB's webpage for bearded tit, you can listen to a recording of this call, which can come in useful if you visit wanting to see them for the first time and already know what they should sound like! The area of reedbed between New Fen and Joist Fen, along the hard track, is the best place to look and cold, clear, calm mornings are best.

We hope to see you on the reserve soon, whether it's to look for bearded tits, other wildlife or simply to enjoy a walk in the fresh air. If you want to know more about any of our wildlife, ask at the Visitor Centre at the start of your visit, or you can telephone us ahead on 01842 863400. All of our trails, viewpoints and Mere Hide are now open to the public from dawn until dusk. Our accessible toilet and the Welcome Point at the Visitor Centre are open from 9am to 5pm every day.

Heidi Jones Visitor Experience Officer

RSPB Lakenheath Fen, Station Road, Lakenheath, Brandon, Suffolk IP27 9AD Tel: 01842 863404

# Mixed year for Callum Wilkinson ends on a high

Before Covid-19 took over everyone's life in March this year, the world of sport was looking forward to a year of exciting sporting events and none greater than the XXXII Olympic Games in Tokyo, in which Moulton, through Callum Wilkinson (20km walk) had an interest.

The 2019 World Track & Field Championships in Doha were a disappointment for Callum with a disqualification when well-placed for a top six finish. During the winter Callum joined the coaching group under the tutelage of the Robert Heffernan the 2013 World 50km champion who had also won bronze at the 2012 London Olympics. Concentration on recapturing the level of technique that carried him to the World Junior title in 2016 was the priority.

However, early in 2020 a troublesome foot injury was making it difficult to fulfil the volume of training necessary to compete at top level and with the Tokyo selection still to be confirmed it was a worrying time. Diagnosis, treatment and support from UKA greatly assisted the overcoming of that particular obstacle and by March he was all set to go with a series of races designed to bring him to peak readiness for Japan in August. The Coronavirus pandemic intervened so it was not to be.

In the four race programme that he did manage to complete, he had a clean sheet from the judges, broke a 29 year old national record, retained his British 5km title and finished 1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup> in international invitation meetings – So given the circumstances it wasn't such a bad year after all!

## Competition summary

|      |       |                                 |  |
|------|-------|---------------------------------|--|
| 10km | 39.57 | 2 <sup>nd</sup>                 | Invitation Race, Gothenburg, 5 <sup>th</sup> August            |
| 10km | 39.52 | 1 <sup>st</sup> *British Record | Irish championships, Dublin, 29 <sup>th</sup> August,          |
| 5km  | 19.25 | 1 <sup>st</sup>                 | British championships, Manchester, 4 <sup>th</sup> September   |
| 20km | 81.21 | 4 <sup>th</sup> * Personal Best | Invitation Race, Alytus, Lithuania, 18 <sup>th</sup> September |

BRITISH ATHLETICS  
#REPRESENT

NEW BRITISH RECORD  
**39:52.05**  
Callum Wilkinson  
10,000M RACE WALK

British Athletics

Callum Wilkinson smashes Ian McCombie's British 10,000m race walk record with a stunning 39:52.05 clocking in Ireland, a record had stood since 1989!

Ron Wallwork  
20<sup>th</sup> September 2020

## Wilkinson Family become the “Moulton Five” to keep the Moulton Five alive.

The 19<sup>th</sup> annual Moulton Walks inaugurated in 2002 to commemorate the Golden Jubilee of Her Majesty the Queen Elizabeth II, were scheduled to take place on 14<sup>th</sup> June, but like every other event or function in the land fell victim to the Coronavirus.

However, to maintain the continuity of the event Tracey, Tony, Callum, George and Jonathan Wilkinson undertook a symbolic unofficial staging of the race on 21<sup>st</sup> June. Details of the event are set out below.

### The Moulton Five “Convid” Handicap

Sunday 21<sup>st</sup> June 2020

*The event will be held under social distancing rules – applicable at all times!*

*Competitors take part at their own risk*

Thank you for your entry and I trust that you are fit and well. The first walker will be sent off at 11.00 and athletes will forfeit any time lost if not at the line at their allotted time.

|                                   |       |                    |                       |
|-----------------------------------|-------|--------------------|-----------------------|
| The starting order is as follows: | 11.00 | Tracey Wilkinson   | (based on 70 minutes) |
|                                   | 11.10 | Jonathan Wilkinson | (based on 60 minutes) |
|                                   | 11.15 | Tony Wilkinson     | (based on 55 minutes) |
|                                   | 11.33 | George Wilkinson   | (based on 37 minutes) |
|                                   | 11.38 | Callum Wilkinson   | (based on 32 minutes) |

Officials: M.Graham, & R.Wallwork

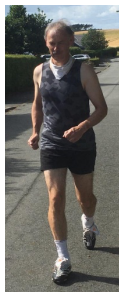
NB the handicap has been framed to facilitate social distancing

*Walkers getting within 2mtrs of the person ahead of them will be deemed to have caught them and this judgement will be made by the Timekeeper. However, in the case of family members living in the same household overtaking will be permitted*

**Walkers are reminded that they have a responsibility to other road users as well as for themselves and must always exercise caution.**

#### Actual Times Result:

|                    |       |
|--------------------|-------|
| Callum Wilkinson   | 35.22 |
| George Wilkinson   | 38.33 |
| Tony Wilkinson     | 59.03 |
| Jonathan Wilkinson | 59.12 |
| Tracey Wilkinson   | 64.09 |



above: George, Tracey, Tony, Jonathan, Mick Graham and Callum

left: Tracey and Tony

below: Jonathan, George and Callum



Villager Viv Houghton also did the route, but on 6<sup>th</sup> June and clocked 68.19



## **Your Future Your Say on West Suffolk Local Plan**

People's views will be at the heart of forming a new Local Plan for West Suffolk which will help shape the future of communities and supporting development up to 2040.

The Local Plan helps local communities continue to thrive in the future by setting out where homes will be built and supports where new jobs and other vital facilities are located. All West Suffolk planning decisions are judged against Local Plan policies.

The Local Plan ensures the right number and types of homes are built in the right places and through its policies supports the provision of space for employment, green spaces, education, culture, health and sports facilities. It also looks at how infrastructure supports this growth and challenges faced in the area, such as climate change.

It is also vital to prevent speculative development that could harm local communities and the environment. It ensures growth is well planned and supports future ambitions for the future.

The process involves three consultation stages with the first being the Issues and Options which will start in October and last for 10 weeks.

This initial stage which will help shape the plan and the future of West Suffolk as it develops. The Issues and options part has three parts: Part One includes a vision for West Suffolk for the plan period to 2040 and a new draft settlement hierarchy; Part Two sets out issues in West Suffolk that are particularly relevant to our area; and Part Three contains sections for the towns, key service centres, local service centres and villages identified in the draft settlement hierarchy in part one of the plan.

At this first information gathering stage, the council will be consulting and seeking comments on a variety of issues and options. This includes questions such as have we identified the challenges correctly and relevant local issues as well as is the settlement hierarchy right and is yours in the right place.

Due to COVID-19 engagement on this will naturally be different to before the pandemic. There will be a range of ways people will be able to see the information, find out more and have their say, including a virtual exhibition online. As and if guidance changes on social gatherings the engagement will change to meet this where possible.

We want everyone in and beyond West Suffolk to be involved in preparing your new local plan.

Visit the exhibition <https://westsuffolk.exhibition.app/>

Have Your Say <https://westsuffolk.inconsult.uk/>

Kind regards

Cllr David Roach,  
Cabinet member for West Suffolk Local Plan  
West Suffolk Council

## PARISH COUNCIL

The Parish Council meets regularly in the school and residents are all welcome to attend. Meeting dates and Agendas are listed on the village website at the bottom of the page and are also regularly posted on the village noticeboards.

### Parish Councillors:

|                         |              |
|-------------------------|--------------|
| David Almond (Chairman) | 01638 428250 |
| Mark Price (Vice Chair) | 01638 750200 |
| Ryan Bragg              | 01638 751153 |
| Ed Chambers             | 01638 750014 |
| David Clarke            | 01638 750263 |
| John Derry              | 01638 751902 |
| Jane Horsnell           | 01638 750879 |
| Douglas James           | 01638 750897 |
| Tim James               | 01638 482012 |

### Clerk to the Parish Council:

|             |              |                     |
|-------------|--------------|---------------------|
| Laura Yates | 07527 777942 | moultonpc@gmail.com |
|-------------|--------------|---------------------|

|                       |                 |              |
|-----------------------|-----------------|--------------|
| Parish Priest:        | Vacancy         |              |
| Village Archivist :   | John Gunson     | 01638 750131 |
| County Councillor:    | Andy Drummond   | 01638 751411 |
| District Councillor:  | Roger Dicker    | 01638 750392 |
| Member of Parliament: | Matthew Hancock |              |
| Parliament Office:    | 020 7219 7186   |              |
| Constituency Office:  | 01638 576692    |              |

### Moulton Matters:

#### Editors:

|               |                           |              |
|---------------|---------------------------|--------------|
| Lisa Rampling | Elissa.rampling@gmail.com | 01638 552631 |
| Jill Goodwin  | Jerryjill99@hotmail.com   | 01638 551851 |

**<http://moulton.onesuffolk.net>**

## **Telephone Directory**

### **MEDICAL**

|                        |              |
|------------------------|--------------|
| Addenbrookes Hospital  | 01223 245151 |
| Newmarket Hospital     | 01638 558400 |
| West Suffolk Hospital  | 01284 713000 |
| Oakfield Surgery       | 01638 662018 |
| Orchard House Surgery  | 01638 666887 |
| Rookery Medical Centre | 01638 664338 |

### **CHURCHES**

|  |                       |
|--|-----------------------|
| All Saints Church (Rev Max Osborne)                      | 01638 662514          |
| Catholic Church (Fr Christopher Smith)                   | 01638 662492          |
| St Peters Church c/o Vicarage, Gazeley (vacancy)         | 01638 750783          |
| St Peters Church Wardens (Bob Saltmarsh & Anne Garmston) | 01638 750190 & 751188 |

### **NEWMARKET**

|                        |              |
|------------------------|--------------|
| Citizens Advice Bureau | 01638 665999 |
| Day Centre             | 01638 664262 |
| Dial-a-Ride            | 01638 608080 |
| Library                | 01638 661216 |
| Sports Centre          | 01638 662726 |

### **MOULTON VILLAGE**

|   |                     |
|---|---------------------|
| Parish Council Clerk (Laura Yates, moultonpc@gmail.com) | 07527 777942        |
| Parish Council Chairman (David Almond)                  | 01638 428250        |
| Ash Tree Veterinary Surgery                             | 01638 554477        |
| Moulton Matters Editors (Jill Goodwin & Lisa Rampling)  | 01638 551851/552631 |
| The Packhorse Inn                                       | 01638 751818        |
| Village Hall Bookings (Jill Goodwin)                    | 01638 551851        |
| Village Shop (Mike & Kathy Dillon)                      | 01638 750242        |
| Village Bulk Oil Ordering Scheme (Lesley James)         | 01638 482012        |
| Village School Head Teacher (Debs Shipp)                | 01638 750236        |
| Village Website (Lisa Rampling)                         | 01638 552631        |

### **TRAVEL**

|                         |              |
|-------------------------|--------------|
| Newmarket Taxi Hire     | 01638 561561 |
| National Rail Enquiries | 03457 484950 |
| Stagecoach – Cambus     | 01223 423250 |

### **EMERGENCY**

|                         |     |
|-------------------------|-----|
| Fire / Police Ambulance | 999 |
|-------------------------|-----|

### **NON EMERGENCY**

|                        |                    |
|------------------------|--------------------|
| Crime Stoppers         | 0800 555111        |
| Gas                    | 0800 111999        |
| Power                  | 0800 7838838 08457 |
| Water                  | 0800 145145        |
| Police – Non Emergency | 101                |
| NHS                    | 111                |

# Moulton Village Hall

## Due to current restrictions many of the regular user groups are suspended

### Management Committee Officers

|                    |                  |        |
|--------------------|------------------|--------|
| Chairman           | Richard Marshall | 750488 |
| Deputy Chairman    | Vacant           |        |
| Treasurer          | Jerry Goodwin    | 551851 |
| Bookings/Secretary | Jill Goodwin     | 551851 |

Jill Goodwin is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Jill on 01638 551851 or e-mail:

[bookingsMVH@moultonsuffolk.co.uk](mailto:bookingsMVH@moultonsuffolk.co.uk)

If you are interested in joining a group or activity, set out below are the names and contact details you will require:

|                                   |                     |              |                      |                     |
|-----------------------------------|---------------------|--------------|----------------------|---------------------|
| Monday                            | Pre-School          | 09.15        | Amy Edge-Bovair      | 07958 290837        |
| Tuesday                           | Moulton Mini Tots   | 10.00        | <b>Suspended</b>     |                     |
| Tuesday                           | Healthy Walks 10:00 | Ron Wallwork | 751869               |                     |
| Tuesday                           | Community Lunch     | 13:00        | <b>Suspended</b>     |                     |
| Last Tuesday in the month         |                     |              |                      |                     |
| Tuesday                           | Cubs/Scouts         | 18:00        | <b>Suspended</b>     |                     |
| Wednesday                         | Pre-School          | 09.15        | Amy (as above)       |                     |
| Wednesday                         | Yoga                | 18.00        | Bridget Pooley       | 07758 540739        |
| <b>(Re-Starting 14th Oct)</b>     |                     |              |                      |                     |
| Thursday                          | Pilates             | 09.15        | Alison Wilson        | 07752 60839         |
| <b>(Re-starting in October)</b>   |                     |              |                      |                     |
| Thursday                          | Bridge club         | 14.00        | <b>Suspended</b>     |                     |
| Thursday                          | Panther U9's        | 17:30        | Alan Sheldrick       | 07939 573449        |
| Thursday                          | Badminton           | 20.00        | <b>Yvonne Slater</b> | <b>01638 750547</b> |
| <b>(Re-starting October)</b>      |                     |              |                      |                     |
| Friday                            | Pre-School          | 09.15        | Amy (as above)       |                     |
| Friday                            | Carpet Bowls        | 19:00        | <b>Suspended</b>     |                     |
| Saturday                          | Yoga                | 09:00        | Bridget Pooley       | 07758 540739        |
| <b>(Re-Starting 10th October)</b> |                     |              |                      |                     |
| Saturday                          | Panthers Girls U15  | 10:00        | Alan Sheldrick       | 07939 570439        |
| Sunday                            | Panther/U16         | 10.00        | Steve Wilson         | 07538241521         |
| Sunday                            | Veterans            | 10:00        | Mark Price           | 01638 750200        |



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