

Moulton Matters

DECEMBER 2015

Moulton has been looking lovely and colourful with lots of flowers in bloom. Due to Dorothy Bowes' green fingers, the support of some of the local clubs and generous residents' contributions we have raised money for the winter displays. Douglas James has also planted hundreds of daffodils around the village so the Spring flowers should be beautiful.

As Christmas approaches we have lots to look forward to:

- | | |
|----------------------|--|
| 5th December | Christmas Fayre |
| 12th December | Wreath making demonstration |
| 12th December | Super Bingo with a £100 Jackpot |
| 13th December | Christingle Service and Carols |

All details of events are in the newsletter and on the website.

To all new residents in the village we offer you the warmest welcome in this cold time of year and hope you will enjoy living here. We have lots going on so please look out for notices around the village, at the shop and outside the village hall as well as on the website moulton.onesuffolk.net and Facebook page. The website is regularly updated with news, events and information as its made available with a Facebook feed on the Home page.



We would like to wish all our advertisers and readers a very Merry Christmas and a Happy New Year.

Editors: Lisa Rampling 552631
Jill Goodwin 551851

elissa.rampling@gmail.com
jerryjill99@hotmail.com

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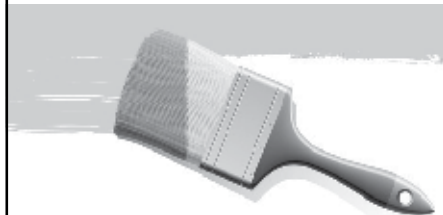
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Parish Council News

Residents will be aware that with increased pressure on the local police we have not seen PCSO Becky Simpson in the village as often as we would like. We have therefore asked Becky if she can come every month so that anyone who wants to talk to her in person can do so. These times will give us the opportunity to tell Becky if we have any concerns or information that helps the police to build up their local intelligence about the village and area. Becky will be at the shop or in her car so that anyone can speak to her in confidence. Supporting Becky will be a member of the Parish Council.

The surgery dates are as follows:

5th December 2015	1-2pm	7th January 2016	5-6pm	6th February 2016	1-2pm
8th March 2016	1-2pm	9th April 2016	1-2pm	2nd May 2016	6-7pm

Moulton in Bloom

It was great to see lots of people (young and older) turn out for the Winter Pansy planting morning in October. Dorothy treated all the volunteers to delicious cakes and tea. We should have a very colourful spring to look forward to.



Farriers Grange

We are finally making some progress with outstanding issues at Farriers Grange with the help of the Leader of FHDC, James Waters. The new play area has been installed and we are hoping to see the Woodland Walk established to create a path connecting all the new developments.

We continue to badger the Highways Department to repair the rather potholed roads and have been promised that these works will be completed before Christmas.

Bill Rampling

St Peters Church News

When I was younger the older generation used to tell me how time flies when one gets older, of course I did not believe them. Now I cannot get over how quickly time goes by, it hardly seems anytime since we celebrated Easter and here we are looking at Christmas only weeks away. So yes time does seem to fly as one gets older, so don't waste it.

Christmas Services

December 6th	9.15 am 10.30 am 6.00 pm	Communion Family Service Evensong	Higham Moulton Kentford
December 13th	9.00 am 10.30 am 4.00 pm 7.30 pm	Communion Communion Christingle Service Lakenheath Band	Dalham Gazeley Moulton Kentford
December 20th	10.30 am 4.00 pm 6.00 pm	Communion Carol Service Carol Service	Moulton Dalham Higham
December 24th	6.00 pm 11.30 pm	Crib Service Communion	Gazeley Dalham
December 25th	9.15 am 10.30 am	Communion Family Service	Higham Moulton
(the above service is followed by a short Communion service for those who wish to stay)			
December 27th	9.00am 10.30 am	Communion Communion	Dalham Gazeley



All are welcome at our services in the Benefice but especially at St Peter's Church, Moulton. Sadly, this will be Stephen's last Christmas as our Vicar, it would be nice for as many parishioners to wish him well in the season of goodwill.

Thank you to all of you who have sponsored the Floodlighting of the Church this winter, all available weeks have been filled. If you missed out this year you can always book early for next year!

After many years, circa 40, Peter Collin is looking to retire from winding the clock. He has been most diligent in carrying out this task through thick and thin only missing the odd week over the years. But in order for him to retire we need to find somebody, or bodies, willing to wind the clock on a weekly basis. So if you know of any young (16 to 60 years old) persons willing to take on this task could they please contact one of the Churchwardens, Bob Saltmarsh 750190 or Anne Garmston 751188.

The installation of the toilet and kitchen which we hoped to have completed before Christmas

Church News Cont'd

is delayed whilst we re-evaluate the plans drawn up by the Architects which are in places over specified, therefore too expensive. It is hoped that work will start early in the New Year.

Wishing you all a very Merry Christmas and a Happy New Year.

Bob Saltmarsh

RECRUITMENT UPDATE

Thank you to all the people who have read our St Peter's Church Moulton Parish Profile which I mentioned in the September issue. Your thoughts and opinions do matter. The copy in church is still available to read and comment upon, or, if you wish to borrow a copy to read at home please ask.

Our Parochial Church Council want to sustain the Christian Ministry that presently exists within this village and the benefice. We also want to build for the future. Knowing the views and needs of our parishioners is essential when Bob and I attend meetings about Stephen's successor.

Last Wednesday at St Christopher's School, Red Lodge, ten churches were represented at a meeting with our adviser, Reverend Mark Haworth, Team Rector, North Bury Team Ministry and Rural Dean of Thingoe. The Lay Chair of Mildenhall Deanery, Mrs Cheryl Cheesman, chaired the proceedings. As I mentioned last time, all five churches in our benefice, i.e. Dalham, Gazeley, Higham, Kentford and Moulton, plus 11 other churches in the Mildenhall Deanery for which Stephen is Priest in Charge, need to be consulted. The opportunity to listen, talk and share our thoughts and concerns was helpful. The pathway to appointing a Team Rector is unfolding. Rev Mark Haworth is advising us as we work towards next summer.

Anne Garmston tel: 751188

Churchyard

A number of people throughout the year look after the churchyard and there lots of wild flowers in the springtime, so it is a place of peace and beauty. Do please keep your dog on a lead, even though you are one of those brilliant owners who poop and scoop; you set the example perhaps others will follow. Fouling is so unsightly and makes it really unpleasant for everyone to see, and avoid.

Church Access

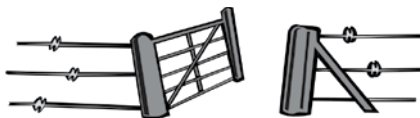
We have a group of volunteers who try to ensure church is open from 9.30am each day.

There is available a short leaflet that describes the church building and its history. The Sheela-na-Gig is on view with explanatory details. There are books and cards for private prayer and contemplation in the Lady Chapel. The Parish Profile is on the bookcase by the door as you enter. The history of the church and full details of the Sheela-ne-Gig are on the village website.

Why not spend a little time visiting our beautiful Parish Church in the next few weeks. If for any reason you cannot gain access please telephone Bob or myself.

Bob Saltmarsh 750190 Anne Garmston 751188. Thank you.

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Moulton Walking Scene

WELL DONE STEVE!

In spring this year I surprised my family by announcing that in my 60th year I wished to walk the Dublin marathon. This marathon unlike others is open to walkers, (not just the fast walkers) but ordinary walkers, I obviously would need to walk quicker than my usual 3 miles per hour as the marathon course is only open for 8 hours, but I had experience of it in 2013 when I watched my son Robert run and walk it.

So training started in the dark evenings, 3-4 miles round the streets of Newmarket and as lighter, warmer nights arrived, then around the streets and paths of Moulton, Kennett and Gazeley. Saturday morning walks were often spent around the lovely paths of Newmarket, Cheveley, Ashley, Dalham, Gazeley, and I was always pleased to see Moulton and home.

And so, on October 26th this year at 9.20 am, I crossed the start line with my daughter Jenny and a good friend, both who had trained with me, and in wet and windy conditions we set off to trudge through the city centre, down by the river Liffey and out and off to Phoenix park and the Zoo. Unfortunately little of my training prepared me for how I would feel when I "hit the wall" at 13 miles, but the advice was "keep moving your legs and your body will follow" and so I did.

My training schedule had me walking up to 20 miles and no more, but now I understand, that's because for the last 6 miles 385 yards you walk on elation and emotion right on to the finishing line.

All the long hours of training stood me in good stead and as they say in Dublin I had become a "Proud Finisher" in a time of 7 hours and 26 minutes.

I wouldn't have been able to do it without a lot of support from my family, and words of encouragement from many friends. It does take over most of your spare time for a while but the benefits of a healthier body and improved general wellbeing are well worth it. And when people ask me why I did it, I tell them, because I still can.

Steve Farrar



Race Walking Callum Wilkinson rounded off an exceptional year when winning the 89th Enfield Open Seven miles in the fastest time ever recorded since the race was first held in 1921.

During the year he competed on 20 occasions, winning eleven times, including two under 20 national titles. Among the races he didn't win were podium finishes in three national senior championships and a top eight finish in the European junior championships, not to mention three national junior records. Brother George is the outstanding young walker in the Enfield Race Walking League.

Moulton Wanderers is a group which meets at the Village hall at 10am on Tuesday mornings. Their walks vary in distance depending on the ability of the walkers attending, and newcomers are advised to contact Ron Wallwork prior to their first walk. It costs nothing to join the Wanderers and new friends are always welcome.

Anyone requiring further information about Moulton Wanderers, Walking Challenges or Race Walking, don't hesitate to get in touch with: me Ron Wallwork on 01638 751869 or rwallwork4@sky.com

Moulton Village Shop & Post Office

**Wishing All Our Customers a
Merry Christmas**

&

Happy New Year

From Mike, Kathy and the shop team



Orders now being taken for

**🌿 Turkey's 🌿 Glazed Cooked Ham 🌿
Sausages 🌿 Sausage Meat 🌿 Cranberry
Stuffing 🌿 Fruit & Vegetables 🌿**

Christmas open hours:

Christmas Eve 06:00 – 13.00 or until last turkey collected!

Closed Christmas Day, Boxing Day & Monday 28th

Re-open Tuesday 29th December 06:00

Moulton Shop and Post Office

We are in the process of taking Christmas orders, as always our turkeys are supplied by Salix Turkeys, and all other meat orders will be supplied by Tennant's butchers of Newmarket. Fresh fruit and vegetables are also available to pre order.

As in previous years we aim to make your Christmas as stress free as possible! Place your orders for everything for the big day with us and collect it at your convenience (with a glass of mulled wine, to get you in the festive mood).

Remember our local businesses and order handmade flower arrangements (Louise Barron), Crockery and unique footstools (Ali MacKay) and an assortment of toiletries and candles (Debi Reidy- Bond) for that extra special present....

Welcome to all the new people who have moved into the village this year and thank you to everyone who works so hard at making Moulton, a very special place to live and shop!

Happy Christmas to all the team that make 'the shop' the best shop in the village.

Mike & Kathy

Moulton CEVC Primary School

Moulton CEVC School is looking for someone to join their friendly lunchtime team for four days a week, Tuesday to Friday, 11.45 am to 13.15 pm during term time.

The duties are to be responsible for the children's supervision inside and outside the school building, administering minor first aid, assisting with lunches and clearing the dining hall. A basic knowledge of first aid would be an advantage but training will be given. A DBS (Disclosure and Barring Service) check will be required. The current hourly rate is £7.10.

If you are interested in applying, please in the first instance contact the school (01638 750236 or admin@moulton.suffolk.sch.uk) for an application form and return it to the headteacher, Mrs Snowdon.

Regards

Susan Dutton

School Business Manager

Moulton CEVC School, School Road, Moulton, Suffolk CB8 8PR

Tel: 01638 750236 Fax: 01638 750267

Moulton Village Hall – Solar Panels

As you can see, the solar panels have now been installed on the roof of the village hall and during daylight hours are continuously generating electricity for the hall. The work was carried out at the end of October and beginning of November with minimal disruption for our regular hall users. There is a display panel in the lobby which shows how much power is being generated at the present time and how much energy has been produced and how much CO2 has been saved since the system became operational.

I would like to thank David Clarke, Ed Chambers and Dick Marshall, who as members of the village hall sub-committee helped to bring the project to fruition.

Unfortunately we were unable to secure funds from the M&S Energy competition despite valiant efforts from many people in the village. However, I must thank those members of the community who have generously loaned the management committee money to help meet the capital cost and so enable the project to be completed before the government withdraws the feed-in-tariff. .

Jerry Goodwin

McMillan Coffee Morning

On a beautiful Autumn morning villagers came together to support the national McMillan Cancer Support Coffee Morning. Tables were set out in the playing field and people came for a coffee, supplied by Mike, Kathy and the team from the shop, a piece of delicious cake made by volunteers and everyone enjoyed a 'natter' with friends and neighbours.

A raffle was also held and those who could not attend gave donations.

In total the event made a wonderful £640.

Thank you to everyone who supported the event.

Jill & Lisa



Would you like to make a Christmas wreath?



Join Janet (NAFAS Judge and Demonstrator)
for a Special Workshop at the Village Hall

Saturday 12th December 2015 Time 9:30 – 12:30

Materials, coffee and cake will be supplied!

Cost £45

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Obituaries

RUTH CLAYDON

My mother Ruth Claydon pictured below on her 90th birthday, died here in Hereford on 21st October. She was ninety-seven years old and the last of a family of six children, having moved to 35, Newmarket Road, Moulton in 1940, and resided there for some seventy-five years before coming to live next door to me in Hereford.

Ruth was a professional servant in some of England's great houses for most of her early life until she met her future husband, my father, Alexander Heatherwick -1st Battalion, Scots Guards-while both were working at Windsor Castle.

Ruth loved the village, and, together with her sisters Beatrice Burling and Mary Reed and their families, and brother Eric Wright and his family, participated in the rich community life of the post war village: its school, the Cubs and Scouts, the Youth Club, the Chapel and St.Peter's Church. Ruth also supported her mother in living independently next door until her death aged ninety-two years.

Ruth never forgot Moulton, and was thrilled to receive regular updates on its development via 'Moulton Matters' sent by her old neighbors, Ron and Joan Wallwork. She was particularly impressed both by this publication, and all of the successful work that has gone into realizing Moulton's new village hall and the variety of activities that happen regularly in it.

Hugh Heatherwick



John Ward

worked at Prickwillow before coming to Trinity Hall Farm. John and Barbara came to Moulton to live in one of the cottages in The Street. At Trinity Hall Farm he was employed as a mechanic. As well as repairing and maintaining all the farm machinery he also made a parsnip harvesting machine. Nothing was a problem to John everything was a challenge and it was amazing what could be welded or knocked into shape. There were many occasions I was grateful for his various abilities. At harvest time John also was the relief combine harvester driver. On reaching retirement he continued to maintain garden machinery.

David Saltmarsh

Message from PCSO Becky Simpson

I hope you are all keeping well and preparing for the winter months ahead, in this edition I will be giving advice on Fraud. Future articles will be focused on crime reduction advice with handy hints and tips for helping everyone to stay safe. Fraud has become a common way for criminals to attempt to steal your money. To help you recognise and tackle fraud, here are some guidance notes to make you aware of some types of fraud that are current.

ROGUE TRADERS / COLD CALLERS

To avoid becoming a victim of rogue traders, follow these simple steps:

- ~ Never agree to have work done by somebody who is just passing or take their word that it needs to be done at all
- ~ Never pay for work before it is completed
- ~ Do not accept any offer from them to drive you to the bank to withdraw money
- ~ If you need work done, then visit www.checkatrade.com or call by phone on 0333 0146 190 or contact your local councils Trusted Trader Service.

PHONEY COMPUTER MAINTENANCE CALLS

Norfolk and Suffolk Police are issuing a warning to the public following a number of computer scams across the county.

People of all ages have been contacted and many people may not have reported being called. We are urging you to share the following advice:

- ~ Computer firms, like Microsoft, do not make unsolicited phone calls and do not send unsolicited emails, requesting personal or financial information or offering to fix people's computers
- ~ All unexpected calls and emails should be treated with suspicion and if you receive such contact you should hang up or delete the email. Never reveal your personal or financial details in these circumstances. Never allow anyone to remotely access your computer as they could access your personal data and files and cause damage to your machine
- ~ If you do need to contact the company for assistance or assurance, remember to contact them directly by using the details found on your contract or another trusted source.

PHONEY POLICE OFFICER – TELEPHONE FRAUD

Anyone who believes they may have been targeted by this scam or has information in relation to these incidents should contact the police via the non-emergency number 101. We continue to receive several reports each week from residents informing us that they have received phone calls from fraudsters pretending to be bank or police staff investigating a fraud on their account.

- ~ Genuine police or bank staff would never ask you to withdraw or move cash from your account, nor would they ever ask you for your four digit bank card PIN number.

~ If callers suggest that you call your local police or bank to check who they are, use another phone or ensure the line has been disconnected by phoning a friend or relative first or by waiting at least three minutes.

CALL BLOCKING SERVICES –THE TELEPHONE PREFERENCE SERVICE (TPS)

The Telephone Preference Service is free of charge. You can opt out of many cold calls by registering with the Telephone Preference Service for free at www.tpsonline.org.uk or by calling 0345 070 0707.

Please remember, if in doubt, call the police with a different phone.

This guidance is not there to worry or scare you, it is to help us protect you and those around you, please pass this message along to as many people as possible.

PCSO 3180 Becky Simpson

Police Community Support Officer

Mildenhall Safer Neighbourhood Team

Tel: 101

Email: Mildenhall.snt@suffolk.pnn.police.uk

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Community Speed Watch

Newmarket Road, Dalham Road and Chippenham Road continue to be the worst roads for vehicles speeding through the village. Tim James has now taken over from me as CSW Coordinator although I will continue to be a volunteer. Over the last week I have been working with Tim and despite having the Vehicle Activated Sign on Newmarket Road we recorded a number of vehicles speeding past it.

It was really disappointing to have 23 vehicles speeding outside the school - one vehicle we recorded at 48mph. Not only is this against the law but it is directly beside the school, at a junction with poor visibility with School Road and a bend in the road as you approach Chippenham Road from the Kentford direction. All offenders receive a letter or a visit from the local police and if they persist in speeding further sanctions may be taken.

We do need more volunteers and the vetting process is now quite simple and only requires completion of a couple of forms (not CRB as previously). If you are interested in joining speedwatch, please give Tim a call on 01638 482012 or 07768798066. He will give you all the information and train you. We usually only go out for about 30 - 60 mins at any time and at times to suit volunteers.

Lisa Rampling 5523631



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Moulton School News

The children at Moulton Primary School have recently become involved in the Junior Road Safety Officer scheme which is organised by Suffolk County Council.

Four children in Year 5 have been chosen to take on the role of Junior Road Safety Officers (JRSOs) and Cameron, Jack, Kate and Beatrice are very excited by their new job.

They will be running competitions and helping the pupils become more aware of the potential dangers on or near the roads.

The school recently held a 'Be safe, be seen' colouring competition to highlight the need to wear bright clothing now that the evenings are getting darker. We had a huge number of entries.



We invited Becky Simpson, our local Police Community Support Officer, to help judge the children's work. Everyone found it very difficult to pick the winners.

The JRSO's have also spent time with Tim James, Moulton's Community Speedwatch Coordinator learning about speeding problems in the village. They went in to the village and he demonstrated how the speed camera works. They hope to be working with Tim again in the near future.

The JRSO's have lots of ideas for the coming months to help everyone stay safe when they are out and about in the village and further afield.



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Moulton Village Hall

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With Mick - Moulton's favourite Bingo Caller !!

Pay Bar

Raffle

Entrance : Adults £3 Children £2

Bingo ticket books on sale £2 each



St Peters Church, Moulton

Christingle

service

Sunday 13th December 4.00pm.

Christmas service with Carols for all the family.

Following the service please join us at the
Village Hall for the Moulton Christmas Party!

The Moulton Christmas Party



Moulton Village Hall, Sunday 13th December from 5.00pm.

An informal village get together, for the whole family, to celebrate Christmas!

**Free Entry • Carols with The Moulton Choir
Mince Pies • Mulled Wine • Bar • Christmas Disco**

All proceeds to support the Village, so lets make it a good one!

St Peter's Church

CHRISTMAS FAYRE 2015

Saturday 5th December

10.00am to 12.30pm

Moulton Village Hall

Many exciting Stalls which will include Cake Stall, Pottery, Scarves, Bags, Antiques,
Books, Christmas Decorations, Cards and Wrapping Paper

Raffle (to be drawn at 12 noon)

Tombola

Mulled Wine—Tea & Coffee



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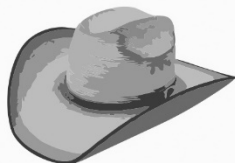
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Bar

**Doors open 7.00pm
Music from 7.30pm**

**Tickets available
from Moulton Shop**

or

**Bob Saltmarsh
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In aid of St Peter's Church, Moulton

MOULTON OIL ORDERING SYNDICATE

The figures below are quite interesting starting with a January price per litre of 39.90 and then having a price of 29.90 per litre in November. Please point these prices out to your friends and neighbours and try and encourage them to join us and keep the delivery lorries out of the village even more.

Please do remember to give your FULL details when ordering ie name, address, Post Code, how many litres are required and if it is easy access or if you need a warning call in order to unlock or open something – as it does make it so much easier for me. I think next year we may reduce the number of orders, cutting out November and maybe even June – I have been trying to fit into everyones ordering cycle and maybe overdoing it.

Provisional future ordering dates are:

7th December 2015 11th January 2016 15th February 2016 14th March 2016

Date	Price per Litre	No of Deliveries	No of Litres
JAN 2015	39.90	41	28,000
FEB 2015	38.20	49	40,000
MAR 2015	37.25	35	27,000
APR 2015	36.30	28	21,000
JUN 2015	36.35	26	19,000
SEPT 2015	31.90	44	33,000
OCT 2015	30.80	30	19,000
NOV 2015	29.90	19	12,350



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MOULTON VILLAGE HALL

200 CLUB 2015

As you are aware, the village has a fantastic village hall which is in use more than ever before and it has become a focal point of the village. Although the hall is up and running, we still need funds for maintenance and improvements.

The 200 Club is a great way to assist in helping to raise the funds required, whilst giving you a chance to win some cash back for yourselves.

There are four draws a year – Spring, Summer, Autumn and Christmas. Our last draw at the Harvest Festival Supper, was won by Ian Garmston and our final one for this year will be at the Christmas Faye on Saturday 5th December.

For a subscription of £26 a year (that's just 50p a week), each subscriber has the chance to win cash prizes; the more subscriptions taken up, the larger the cash prizes! **So please join us for 2016** – new members are very welcome – by completing the form below and returning it to us.

Jackie Chapman – Organiser

Paul Varley - Treasurer

200 CLUB 2016

(Registered Charity No. 1002083)

Please enrol me as a member of the MVH 200 Club for the year beginning 5th January 2016. Members must be over the age of 16.

I wish to purchase Subscription(s) @ £26 each

Name:

Address:

..... Post Code

Telephone No:

Second Subscriber

Name:

Address:

..... Post Code

Telephone No:

I enclose a cheque or cash made payable to **"MVH 200 Club"**. Cheques can be dated 1st March 2016.

For £..... for Subscription(s) @ £26 each

Please send to:

Jackie Chapman – Organiser - 3 St Peters Avenue, Moulton CB8 8SE (Tel: (01638) 454881)

Paul Varley – Treasurer - 11 Dalham Road, Moulton CB8 8SB (Tel: (01638) 751870)

Please return your application form as early as possible.

The Valentines Ball



**at
Moulton Village Hall
Saturday 13th February
7.00 to 12.00**

**Marquee Interior Fizz and Canapes on arrival Disco
A romantic night out for all ages, singles and couples**

**Tickets £15 from Moulton Village Shop or £20 on the door
or call 07958 579712 (Rob) / email rob@theeventbarcompany.com**

What's On

at Gracewell of Kentford December 2015



Fashion Show

Thursday 10th December 5.30pm until 7.30pm

Join us for an evening of fashion, shopping and nibbles at the Gracewell of Kentford Fashion Show. We are proud to have M&Co Newmarket joining us with an array of ladies and gents styles for the party season and casual affairs for our perusal with the opportunity to purchase on the night. Doors open at 5.30pm for a 6pm start. Please contact Christine to reserve your place.

Memory Café

Wednesday 16th December 10.30am until 12pm

A monthly event on the third Wednesday of every month. Looking after a loved one can place extra demands on you and it is important to know there are other people who understand and can help. This is a great opportunity for you to meet regularly with other people who understand what it means to live with, or care for someone with memory loss. This month we will be reminiscing on Christmas and how it has changed since our childhood.

Wellness Café

Tuesday 8th December 2.30pm

The Kentford Manor Wellness Café is a monthly event, on every second Tuesday which concentrates on our health and wellbeing. This month we will be joined by Superdrug who will be bringing in gift ideas and giving make up tutorials for the party season. Healthy festive refreshments will be served, this event is sure to get you in the festive mood.



Everyone is welcome - All events are free to attend

Christine Davies | Home Admissions Advisor

Gracewell of Kentford | Jeddah Way | Kennett | Newmarket | Suffolk | CB8 8JY
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Christmas Carols and Festive Songs with Moulton Community Choir

The choir continues to practise and rehearse each Tuesday from 6-45 pm to 8-15 pm in Moulton Primary School. We have been joined this term by another new member and have been learning several new pieces that will be premiered at one or other of our planned seasonal outings.



On October 10th we were delighted to welcome back our original musical director Judith Fisher to give us a masterclass in Dalham village hall followed by a very tasty and convivial lunch.

The choir were especially pleased to be invited to join with children from Moulton Primary school and other villagers in singing carols at the village hall on Sunday 13th December. I'm sure the mention of warm mince pies and mulled wine had nothing to do with the alacrity with which we accepted the invitation!

On Friday December 11th we will be singing with a variety of other local choirs at the Charity Carol concert in Tattersalls sale ring at 7-30 pm in aid of the Magpas Doctors who regularly attend accidents and incidents in the local area.

We have also been invited back to the Afleck Arms in Dalham to sing some festive songs and carols for the pub's regular clientele on Wednesday 16th December from 7-00 pm. Everyone welcome!!

As part of our community involvement the choir is also planning to visit Kentford Manor to sing for the residents at some time over the festive season. We are always ready to welcome new members and for further information about the Choir please contact:

Marian Brown on 01638 552953 email: music@thebrownfamily.biz

Church Choir Leader Vacancy

The Benefice of Dalham, Gazeley, Higham, Kentford and Moulton is looking for a part time Choir Leader to lead their highly thought of benefice choir. With responsibility The Benefice of Dalham, Gazeley, Higham, Kentford and Moulton is looking for a part time Choir Leader to lead their highly thought of benefice choir. With responsibility for music/choral pieces at around 15 services across the parishes each year, the candidate for this position should demonstrate a good working relationship with the Rector and choir and have proven experience in choral directing. The vacancy is to replace the current Rector who leads the choir and is retiring in May 2016. It may suit an organist or enthusiastic young or retired musician with excellent communications skills and a sense of fun.

Interested parties are invited to contact vanessa.southern@btinternet.com for more information. Closing dates for applications 31 December 2015.



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Christmas is nearly here ...

Christmas is an exciting time of year for all the family and I'm sure many of our pets will be getting presents wrapped under the tree. However, we must also remember that many Christmas treats can be poisonous to dogs and must be kept out of reach. Here's a list of a few definite things to avoid:

Raisins - can cause kidney failure, so avoid Christmas pudding or mince pies and be careful not to leave

cake ingredients sitting on the edge of work surfaces.

Chocolate - it is well known that chocolate is toxic to dogs. Make sure that chocolate tree decorations are high up out of your dog's reach. If you want to give your dog a special treat there are plenty of companies that sell special 'doggy' chocolate that is safe for dogs to eat.

Onions - these are toxic to both dogs and cats. Onions are often a key ingredient for stuffing to accompany your Christmas turkey. Be careful if you are giving your dog table scraps and think carefully about what you are actually giving them.

Macadamia nuts - even un small quantities these can cause depression, vomiting and a dangerously high heart rate.

Our Christmas Opening Times:

Christmas Eve	- 8.30am - 4pm
Christmas Day	- Closed (call 01638 554477 for emergencies)
Boxing Day	- Closed (call 01638 554477 for emergencies)
Sunday 27th December	- Closed (call 01638 554477 for emergencies)
Monday 28th December	- 8.30am-12pm (for emergencies only)
Tuesday 29th December	- 8.30am-6pm as usual
New Year's Eve	- 8.30am- 4pm
New Year's Day	- Closed (call 01638 554477 for emergencies)
Saturday 2nd January	- 8.30am- 12pm

Merry Christmas and Happy New Year to all our friends and customers ...

November Panthers Report



The football season is now in full swing with matches most weekend on either Saturday or Sunday for all the teams. Which means training now has to take place mid week over at Stetchworth Astro.

The Under 14's have made it through to the Cambridgeshire Saturday League Cup Semi-finals, which is a great achievement. Hopefully they can make it to the Finals!

Both the under 16's and under 11's have had mixed fortunes with there matches this season, with some very close matches against some very strong teams.

Hopefully the weather will be kind to us year and we will not have to postpone too many matches.

In order to preserve the goal mouths for matches, it was decided again to fence them off. But I know this lead to a lot of disappointed children who love to have a kick about after school and at weekends.

Panthers football club have left one of our goals out for the children to enjoy, but we would like to remind everyone if these are damaged by climbing or hanging on, it will be the club out of pocket and they will be taken down if not treated with respect.

But this would not be possible without all our coaches and the sponsorship from Mike and Kathy at Moulton Stores, and Wilson Physiotherapy Ltd and Race Right. So a BIG THANKYOU!!! But we are still looking for new sponsors, if you would like to sponsor a team kit, Jumpers or any kit/training equipment to support your local youth teams we would love to hear from you. For more information please contact.

nicola.talbot1@tiscali.co.uk

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DECEMBER EVENTS

Sunday 6 December

Celebrate Lakenheath Fen's big twentieth!
10am-4pm

Sunday 6 December

Barn owl walk

2pm-4.30pm

Join us for an afternoon walk of around two miles to see the barn owls that call the reserve home. Please wear plenty of warm clothes and walking boots or wellies.

Adults £6/ Children £3 (Non-Members) Adults £4/
Children £2 (Members)

Sunday 13 December

A clattering, a parliament and a murder

2.30pm-4.30pm

Join us for a walk of around two miles to witness the fantastic spectacle of up to 40,000 jackdaws, rooks and carrion crows coming into roost in the poplar woods. Please wear plenty of warm clothes and walking boots or wellies.

Adults £5/ Children £2.50 (Non-Members) Adults
£3/ Children £1.50 (Members)

**FULLY BOOKED, WE ARE LIKELY TO BE RUNNING
TWO WALKS ON THE DAY.**

Please ring the reserve office for more details.

Outdoor clothing and footwear is essential and binoculars are recommended.

Booking is essential for all events unless stated otherwise.

For all enquiries and bookings, please contact:
01842 863400

or email: lakenheath@rspb.org.uk

Other Information: Most events have outdoor components so please dress appropriately. Stout footwear and warm, waterproof clothing are strongly recommended. We suggest you bring a torch to evening events.

The RSPB is the country's largest nature conservation charity, inspiring everyone to give nature a home.

The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654

A little snippet of information from Ron Bowes

If you are thinking of using the Dartford Road Crossing, some people may not be aware that Dart charge tickets can be purchased over the counter at Tindalls or the News Box by the clock-tower, single or multiple, £2.50 per crossing valid for a year. Useful for anyone not wishing to put credit card detail on line.

Preparing for the stone-curlews at Christmas

With Christmas on the horizon and the end of autumn fast approaching, the RSPB stone-curlew team are preparing for the arrival of one of our earliest migrants – the stone-curlew.

Stone-curlews arrive from mid March; have featured in previous additions of this newsletter. With their secretive lifestyle, striking looks, and wailing call, they are one of the most charismatic species within the Brecks.

Turn back the clock to 1985, and the Brecks stone-curlew population was at a low point. Having suffered decades of population decline, its status as a UK species was on the brink. Stone-curlew are ground nesters, and occupy both farmland and grass heath habitats across the Brecks. With limited amounts of suitable grass heath habitat, the majority of pairs nest on arable farmland, which means their inconspicuous nest is at risk

of destruction through in field operations. These operations, however, are an essential part of the farm business.

Since 1985, we worked closely with farmers, keepers and landowners to help restore their fortunes. By finding their nests, marking them out, or lifting the nests and chicks, the farmer can carry out their operations without destroying the eggs or chicks. This has been hugely successful, and has seen the Brecks population rise from fewer than 100 pairs in 1985, to its present day number of 240 pairs.

This year we are celebrating 30 years of this ground-breaking collaboration. If it wasn't for the hard work of all parties involved we wouldn't have the numbers that we have today. However, despite its success, this labour intensive approach is not sustainable in the long term.

Although some species for crops provide ideal nesting habitats for stone-curlews, nesting in these areas is always going to be a risky strategy. To put the stone-curlew on a more sustainable footing we need to be less reliant on fieldworker interventions. We need more birds on safe nesting habitats such as well grazed and

physically disturbed grass heath and managed fallow plots on farmland, both of which provide ideal nesting habitats free from the risk of nest destruction. We are currently three years into an EU LIFE project designed to do just that.

Through this project, we are working closely with both arable and grass heathland managers to achieve this vision. It is still early days, but early signs are looking positive. The Brecks now contains more specially created fallow plots on arable land than ever before, and birds are starting to respond to major management changes across grass heath sites. Over the coming years we hope to top the incredible success of the past 30 years by getting the healthier stone-curlew population of today, onto areas of land where we can be confident about their tomorrow.

We all look forward to our local stone-curlews returning from their wintering grounds southern Europe and Africa. Until then, we would like to wish you all a very Merry Christmas from the RSPB Brecks team!

Robert Hawkes

Project Officer- Heathland

Moulton
EVENT PLANNERS

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Chairman	Richard Marshall	750488
Deputy Chairman	Dale Burch	552055
Treasurer	Jerry Goodwin	551851
Bookings/Secretary	Jill Goodwin	551851

Jill Goodwin is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Jill on 01638 551851 or e-mail:

bookingsMVH@moultonsuffolk.co.uk

If you are interested in joining a group or activity, set out below are the names and contact details you will require:

DAY	CLASS	TIME	CONTACT	TEL
Monday	Pre-School	09:15	Pauline Paines	07905 786303
Tuesday	Healthy Walkers	10:00	Ron Wallwork	01638 751869
Tuesday	Cubs/Beavers/Scouts	18.00	Geraldine Law	01638 750845
Tuesday	Moulton Minis	10:00	Vanessa	07725 103264
Wednesday	Duplicate Bridge	15:00	John Derry	01638 55280
Wednesday	Pre-School	09:15	Pauline Paines	07905 786303
Wednesday	Dog Training	19:00	Sue Hough	07836 624684
Thursday	Pilates	09:15	Alison Wilson	07752 360839
Thursday	Upholstery	10:30	Danny Niven	07840 777053
Thursday	Bridge club	14:00	Graham Burford	01638 661642
Thursday	Badminton	20:00	Yvonne Slater	01638 750547
Friday	Pre-School	09:15	Pauline Paines	07905 786303
Friday	Hip Hop Work Out	18:00	Nikki Hayes	01638 751208
Friday	Youth Club (2wkly)	19:15	Lara Briggs	01638 551835
Friday	Carpet Bowls	19:15	Dick Marshall	01638 750488
Saturday	Dance studio	08:30	Rachel Glen	
Saturday	Panthers Football	10:00	Nicola Talbot	01638 552358
Sunday	Panthers	10:00	Steve Wilson	07538 241521
Sunday	Veterans	10:00	Steve Wilson	07538 241521

Telephone Directory

MEDICAL

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Orchard House Surgery	01638 666887
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Day Centre	01638 664262
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Library	01638 661216
Sports Centre	01638 662726

LOCAL GOVERNMENT

Forest Heath District Council	01638 719000
Local County Councillor (Lisa Chambers)	01638 552716
Local District Councillor (James Lay)	01638
Moulton Parish Council (Bill Rampling – Chairman)	01638 552631
Moulton Parish Council Clerk (Lorraine Stone)	01638 720971

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Moulton Matters	01638 551851/552631
St Peters Church (Rev Stephen Mitchell)	01638 552630
The Packhorse Inn	01638 751818
Village Hall Bookings (Jill Goodwin)	01638 551851
Village Shop (Mick & Kathy)	01638 750242
Village Bulk Oil Ordering Scheme (Tony Franklin)	01638 552958
Village School (Naomi Snowdon – Head Teacher)	01638 750236
Village Website (John Scott)	01638 552820
Village Police Community Support Officer (Becky Simpson)	01284 774100

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