

Moulton Matters

JUNE 2016

Summertime is upon us - how quickly time flies. The village looks beautiful with all the lovely flower beds in bloom. We have some new people to the village and we offer you a warm welcome and hope you enjoy living in Moulton.

The Fun Day was a great success despite the light rain. A huge thank you to everyone in the Moulton Millenium Club (MMC) and others who provided the Mad Hatter's Tea Party, helped to erect the marquees, cooked the food on the day, sold tea and cakes and in lots of ways helped to raise money for the village.

Next term there will be a few staff changes at the school. We say a fond farewell to Head Teacher Mrs Snowden and wish her every happiness in the future. We welcome Mrs Shipp as the new Head Teacher and Mrs Gilmore as her Deputy. We know they will fulfil their new roles with enthusiasm and skill and we wish them every success.

Reverend Canon Stephen Mitchell held a retirement lunch in the village hall for over 100 guests following his final sermon at St Peter's Church on the 29th May. We wish him a relaxing retirement and every happiness in his forthcoming marriage to Elaine.

Tony Franklin has stepped down from coordinating the Oil Ordering Scheme and Lesley James has taken over from him. I am sure we would all like to thank Tony for his efforts over a number of years and the many savings that the scheme has brought us. Please do consider joining the scheme as it reduces the number of oil tankers to the village.

Moulton continues to offer a variety of clubs and events through the summer months. We have some dates for your diary below but a full list of village hall groups are towards the back of this newsletter.

June 25th Strimming Party - 9 am start at St Peter's Church - all help appreciated. Please contact Bob Saltmarsh for further details.

June 27th Oil Ordering Scheme - next date

July 2nd Rock in the Meadow - 6.30 pm onwards. Tickets on sale now from the Village Stores.

July 5th Community Choir Concert at St Peter's Church. All welcome - refreshments provided.

Sept 30th Macmillan Coffee Morning - 10 am to noon.

Oct 1st Harvest Supper at the Village Hall (more details to follow in the next edition)

Dec 31st Dinnner and Dance at the Village Hall. (see inside for more details)

Lisa and Jill.

Please contact us on 552631 or 551851



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News from the Parish Council

After another very successful Fun Day I would like to pay tribute to all those who put so much work into creating this great village occasion. I want to say a special thanks to Liz and Dale Burch, Richard and Kay Marshall and Dorothy and Ron Bowes. They have been the driving force behind this event.

Those of you who visited the Fun Day will have noticed how lush the football pitch is looking. This is due to us now following a programme of pitch maintenance set out in consultation with the local Football Association. In the autumn we will be undertaking a considerable amount of new tree planting in and around the public spaces in the village. This is in conjunction with the financial bequest from Dr Wiggins' family for which we are very grateful. We will also be removing potentially dangerous trees from areas where children play.

We continue to liaise with the County Council Highways Department about the state of the roads and have been informed that the B1085 is to be resurfaced in this financial year.

Robin Millar was successfully elected as our new County Councillor and Roger Dicker was elected as District Councillor. They can be contacted through Forest Heath District Council or as below:

Robin Millar - 07545 423782

Roger Dicker - 01638 750392 07734869873

Whilst it has not been confirmed we understand that there is a possibility that an application may soon be submitted for 500 houses on the land opposite the school in Kennett. This could have a huge effect on the village as a community with increased traffic, pressure on the school and general lack of roads, and infrastructure to cope with this number of potential residents. The Parish Council continues to be actively involved in campaigning for major improvements in the infrastructure prior to building new developments.

As a result of a joint initiative by the Parish Council and the school, who are custodians of the Packhorse Bridge, English Heritage have inspected and will now schedule in much needed remedial repair work to the bridge.

There is always a full agenda that is discussed at each Parish Council Meeting and members of the public are always welcome to attend and to discuss any concerns. The Agenda and Minutes of each meeting are available on the village website and on the Notice Board outside the Village Hall and Stores.

Bill Rampling

Chairman

St Peters Church News

The month of June marks the beginning of a whole new chapter for St. Peter's Church here in Moulton. At the Family Service on the 5th Revd. Dr. Colin McCarty led our worship, encouraging us to 'Be bold - be strong' as we commence this period of vacancy before our new priest is appointed. Colin used the image of the Packhorse Bridge to illustrate the kind of pathway we need to take into the future. Any new start, any new journey, any new crossing, just like the 'Moulton Walks' competitors, can only begin with that first step forward. Members of our congregation, the Parochial Church Council, and all who support St Peter's Church need to have confidence for the months ahead following the retirement of Revd. Canon Stephen Mitchell.

One of our readings on Sunday was taken from M. Louise Haskins poem 'The Gate of The Year'

And I said to the man who stood at the gate of the year:

'Give me a light, that I may tread safely into the unknown!'

And he replied 'Go out into the darkness and put your hand in the hand of God.

That shall be to you better than light and safer than a known way'.

Colin encouraged us to continue finding ways to 'build bridges' within our community and seek opportunities to welcome and support people as we have tried to do in the past. Certainly the newly installed screen marking the tower improvements is a strong message of our hope for the future. Our Worship Diary is on the notice board beside the church gate and we have several priests and Lay people coming to take our Family Services up to December so that our regular worship is maintained. Revd. Eric Russell will lead our Communion Services each third Sunday. Do please come and join us.

The recruitment process is also moving forward and on June 20th at St Christopher's Church Red Lodge, Bishop Martin Seeley will meet with representatives from the PCC's: 3 from the 11 churches in Mildenhall for whom Stephen was also Priest in Charge, plus 5 from our parishes - Dalham, Gazeley, Higham, Kentford, and Moulton. This meeting will be to decide the exact requirements for the person we and the diocese need as Team Rector of the new Forest Heath Team Ministry. As I have mentioned before, our benefice will become part of this new grouping. This meeting will be the first time our joint Profile for all 16 churches will come under the scrutiny of the Bishop and the Diocesan staff. We pray that God's strength and guidance will bring understanding and resolve to complete this appointment procedure.

Churchyard Matters

Over recent years Bob Saltmarsh has spent a considerable amount of time working to establish and maintain the conservation project within both the old and the new churchyard. The notices alongside the path explain that in conjunction with Suffolk Wildlife Trust, the churchyard has areas set aside to create a naturally beautiful environment that includes several landscapes. The Trust fully supports this endeavour as some of the species of flowers and grasses are unique to this part of Suffolk, and the seeds collected can be taken to other sites for propagation. There is also a contractor who regularly cuts the grass and strims certain areas. The mowers and strimmers used need to pass freely over the grass and not be impeded by edging or stones that damage equipment that then requires expensive repair.

The churchyard should be a naturally beautiful environment for everyone. It is of concern to our

PCC that the churchyard does not always reflect this. May we take this opportunity to bring to your attention that it is the responsibility of families to remove old wreaths, unsightly old flowers, and superfluous vases. The accumulation of old discarded water containers and planters make an unattractive feature. If you have any thoughts or suggestions as to how we can improve the overall appearance of our churchyard please tell our churchwardens. Thank you.

Bob Saltmarsh 750390

Anne Garmston 751188

St Peter's Church

At long last! After 8 years of planning, fundraising the toilet and kitchen are currently being installed in the Church. The new screen in the archway of the tower is a beautiful addition to the fabric of the church. For the first time in my memory as I walk up the hill to the church and look at the west window in the tower I can see all the way to, and through, the east window. Many thanks to Nu-Plan builders for their work so far. It is hoped that work will be completed in early July.

As many of you know Stephen retired on Sunday May 29th, he will be sorely missed but he has left us in good shape for the next 6 months, so we will carry on as usual. The congregations of the 5 churches in the benefice donated a staggering £1,235 towards leaving gifts of Theatre ticket vouchers and a cheque.

If you need help in arranging weddings, baptisms or funerals please contact Mrs Joan Summerell our Benefice administrator on 01638 750394. Alternatively, you can contact the Churchwardens, Bob Saltmarsh – 01638 750190 or Anne Garmston – 01638 751188 for any matters concerning the church.

Further dates for your Diaries:

Saturday 25th June

Churchyard Strimming Party starting at 9.00am, if you have one please bring a petrol strimmer, there will be some that can be borrowed on the day.

Saturday 2nd July

'Rock in the Meadow – see posters and fliers for further details.

Tuesday 5th July

Moulton Community Choir concert 7.00pm in the church, refreshments available.

Luncheon Club

Back in March we launched the Luncheon Club and I am pleased to say that the feedback we have had has been very positive. On the last Tuesday of each month we meet at 12.30 pm and serve a selection of homemade soups, rolls and a scone or cake with tea and coffee. We charge £2 to cover costs and we have regularly had around 40 people each month. Robin Millar, District Councillor in Forest Heath District Council has very kindly given us a grant to cover hall hire for the next twelve months so we are very grateful to him.

Everyone is welcome and if you need help with transport please let me know.

Lisa 552631 (on behalf of the Luncheon Club Committee).

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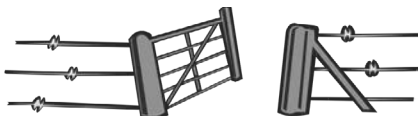


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Planting Day



The village is looking really colourful thanks to Dorothy Bowes for ordering and purchasing all the flowers, compost etc and for coordinating the planting.

It was great to see lots of people help on the planting day who have not participated previously and many have continued to water the flower beds since then.

Dorothy is continuing to raise money as the plan is to do some winter flowering and also over time to create wildflower borders on some of the approaches into the village. If you would like to make a donation, however large

or small, please contact Jill Goodwin, Village Hall Secretary on 01638 551851 or just drop your loose change into the 'flower pot' at the shop.

A huge thank you to everyone who looks after the flower beds and the village in general and to Douglas James who maintains all the grassed areas and planted hundreds of daffodils which gave us such a fantastic display this Spring.


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Moulton Village Shop

Having recently returned from another very short term at university, it is great to see that the shop's community spirit is still fully flourishing every day. I am very grateful to have a place there in my holidays because I most certainly could not find a better job than this one. Mike continues to entertain us with his Spurs, 'holes in one' and 'almost choking on a chilli' stories and we are very glad that he has regained his voice so that these entertaining tales can carry on! Meanwhile, Kathy and the girls work hard to keep the place running, catering for the mass café culture outside and we are very happy to welcome our lovely new recruit, Liz.

On sunny days this shop never stops with a flow of wonderful customers continuously visiting us throughout the day, ending with the school rush – the Mr Whippy queue is out of the door! In fact, whatever the weather crowds of people flock in, often stopping for a coffee and cake outside, even in wind and rain and when Mikes' awning is on the verge of take-off. Whether it's the fact that we have an ex-footballer on board with great stories, or that we make the tastiest Mr Whippy in Suffolk, it never ceases to amaze me and from all the 'competition' that I have found in York, I can easily say that no shop beats ours. So thank you for your continued support and let's hope for lots more sunshine for you all to enjoy while sitting outside our lovely shop. Harriet Mills

On a final note there is a rumour that Mike has been watering the artificial flowers in the 'Donations for the Flower Fund' pot . He has now been 'advised' by Kathy that this will not help the Flower Fund to grow - for that we need actual donations. Lisa



Charity Golf Day



The Samaritans of Bury St Edmunds and West Suffolk are holding a Charity golf day at Stowmarket Golf Club on Friday 24th June. I would like to try and put a team in from Moulton and I wonder if anyone would like to join me in raising funds to help run the branch. The branch have been supported people in the Bury area with emotional issues for the past 40 years. If you are interested, or just want a chat please call Colin on 01638 750752

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Moulton Community Choir

The choir continues to attract more new members and during the warmer summer months we will be holding our weekly Tuesday night rehearsals in St Peter's Church.

Following our successful outing at Moulton's fabulous Fun Day yesterday we will continue to rehearse for our main Gala concert next month when we will round off this term with our

"Songs for a Summer's Evening"

Concert on Tuesday 5th July at 7-30pm.

The programme will include an eclectic mix of old and new favourites with medleys from the Carpenters, Neil Diamond, Hoagy Carmichael and Simon and Garfunkel. We even make our first daring foray into the world of light opera with music from Mozart and Delibes!!

Drinks and delicious light refreshments will be served after the concert and a retiring collection for Church funds will be taken.

We extend a special invitation to everyone in the village and environs as we will be welcoming back our first musical director Judith Fisher to conduct us during the concert.

The choir is hoping to continue to rehearse and perform from September when we expect to be joined by three more singers to swell our ranks.

We practice each Tuesday evening at Moulton Village school from 6-45 pm to 8-15 pm.

We always welcome new members and are happy to let potential singers come and listen to our rehearsals.

For further information about the Choir please contact

Marian Brown on 01638 552953

Or email music@thebrownfamily.biz

Moulton Walks - 4th June, 2016 – Amazing Anne, Win for Callum and County medal for Sue

In overcast, dry and warm conditions RWA President Fred Pearce sent fifty-one walkers on their way in the annual Moulton Walks which incorporated the Suffolk CAA championships.

Dominic King, selected for the Rio Olympics 50km and winner in 2015 and 2014, was competing in the GB trial the following day so understandably wasn't on the start line on this occasion.



National junior champion and Moultonian Callum Wilkinson (*pictured here with Joyce Crawford*) won the event at his fifth attempt, but his form at present is such, that over this distance he is almost invincible in this country..



Francisco Reis who won the race every year between 2010 and 2013 was a comfortable runner-up and Leicester's Colin Vesty was third.

Fiona Bishop of Woking, an Enfield *League* winner more than once, led the ladies home ahead of local walker from Red Lodge Joyce Crawford and Steyning's Anne Jones. Joyce set a pb to win the Suffolk championship and in a battle for the bronze medal, villagers Sue Mills and Rachel Webb both improved their 2015 times by over three minutes, but it was Sue who triumphed by a mere three seconds.

Other outstanding performances by Village walkers were posted by George Wilkinson (*51 pictured above*) who won the 2km event and the remarkable 82 year old Anne Scriven (*pictured here with Sue Mills*) who completed the demanding 5 miles course in less than 70 minutes.



Main Race	Men's 5 miles	
	Women's 5 miles	- *=pb
Result	1 Callum Wilkinson	*34.49
First three	2. Francisco Reis	40.32
	3. Colin Vesty	47.36

1. Fiona Bishop	52.33
2. Joyce Crawford	*53.10
3. Anne Jones	54.40

Suffolk CAA championships

Joyce Crawford	Callum Wilkinson
Val Nutley	John Petty
Sue Mills	Kevin Marshall

Junior 2km

George Wilkinson (<i>Enfield HAC</i>)	12.06	Bu15
Emma Lewis (<i>Frinton</i>)	15.26	Gu13
Anya Nibre (<i>Frinton</i>)	15.26	Gu13

Local walkers – positions and times

15. Jonathan Petty	(<i>Bury St.Edmunds</i>)	53.34
16. Kevin Marshall	(<i>Bury St.Edmunds</i>)	53.34
27. Malcolm Smith	(<i>Newmarket</i>)	58.57
34. Tony O'Meara	(<i>Moulton</i>)	68.50

9. Pamela Abbott	(<i>Cambridge</i>)	64.58
10. Sue Mills	(<i>Moulton</i>)	*67.54
11. Rachel Webb	(<i>Moulton</i>)	*67.57
12. Jennie Grimwood	(<i>Newmarket J</i>)	*68.41
13. Anne Scriven	(<i>Moulton</i>)	69.15

Moulton Walking Scene

Walking because it is a low impact activity (ie. easy on the joints), is a wonderful way to socialise and keep fit. Moulton is fortunate; it is situated in beautiful walking country and in addition to numerous dog walkers has three formal groups that operate within the village.

Moulton Wanderers is a group (based on 'health walk' principles) which meets at the **Village hall at 10am on Tuesday** mornings.

Their walks vary in distance depending on the ability of the walkers who turn up and newcomers are advised to contact Ron Wallwork prior to their first walk. It costs nothing to join the Wanderers and new friends are always welcome. The picture was taken in February this year.



Nordic Walking



A number of local ladies have discovered the pleasure and fitness benefits of Nordic or pole walking.

Left to right the local ladies are Sue Mills, Shelley Boss, Nicola McLaughlin, Kay Deane, Camilla Ghazala.

Race Walking

Ideal for people who want to get really fit and who enjoy a challenge.

Callum Wilkinson (centre) after finishing fourth in the World Junior championship staged in Rome in early May.



Anyone requiring further information about Moulton Wanderers, Nordic or Race Walking, don't hesitate to get in touch with: me Ron Wallwork on 01638 751869 or rwallwork4@sky.com

New Year's Eve

Dinner and Dance



Three Course Meal and Bar
DJ and Live Music from

Singing Sensation 'Naneth' (participant in 2015 X Factor)

Tickets will be available from mid November from the
Village Stores and Post Office

More details to follow in the Autumn edition of Moulton
Matters

Moulton School are recruiting School Governors



- Do you live in the Moulton area?
- Do you have skills in finance, HR or premises management?
- Do you feel strongly about children's education?
- Do you want to help us to move our wonderful village school forward on its journey to outstanding?
- Do you have time to spend a few hours in school each term?

We are seeking to recruit school governors at Moulton CEVC Primary School (www.moulton.suffolk.sch.uk) and are looking for people with skills in finance, HR and premises to start in the new academic year (September 2016).

If you would like to know more please feel free to contact me (linda.spinks@uis.cam.ac.uk) for further details.

Note: There is a statutory requirement for all governors to complete an enhanced DBS (Disclosure and Barring Service) check.

Linda Spinks

Mob: 07710 261762

Fun Day and Mad Hatter's Picnic Lunch celebrating the Queen's 90th Birthday

Despite a light shower of rain the Fun Day was a huge success. Organised by Moulton Millennium Club (MMC) the day started with the traditional 'duck race'. 600 + ducks swimming down the river was quite a challenge for the chaps to catch the first one to the Packhorse Bridge.



During the day there was a delightful, and much appreciated Mad Hatter's Picnic Lunch for village children, tug of war, children's races and lots of side shows for everyone to enjoy. The Tombola was a great success and the Bouncy Castles were popular all day.

There was a great selection of food and drink from BBQ'd sausages, pulled pork rolls to jam doughnuts/scones and tea and coffee and the bar was popular into the evening.

Even the Chair of the Parish Council received a real soaking in the stocks - not only from local people but also his family!

For those of you who may be unfamiliar with the MMC, it was set up in 2000 and the aim is now to raise money to support clubs, activities and village projects. Currently Dale Burch is Chairman and if you are interested in applying for funding or want to learn more about the MMC please contact him on 552055.

The final figure for takings from the day is not known yet but it will be posted on the Notice Board outside the shop and we will print it in the next edition.

Moulton Fun Day 2016





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Tick bourne diseases

This has been a hot topic in the press over the past month with the emergence of Babesiosis in Essex. Ticks are tiny parasites visible to the naked eye that are generally found in grassland, scrub, shrubs and the low hanging branches of trees waiting for an animal to brush against them so they can climb on board.

They latch onto our pets, suck blood and grow to about 1cm within 48 hrs. There is evidence to suggest an increasing prevalence and distribution of ticks within the UK, possibly as a result of climate change, and the increased movement of people and their pets between countries. Those that pose a particular threat to dogs are the sheep tick (*Ixodes ricinus*) and the hedgehog tick (*Ixodes hexagonus*).



Ticks are found throughout the UK and both types have been found in our area local to Moulton. Their life-cycle is temperature dependent, so whilst they are found year round, their numbers tend to increase between March and November.

The three most important tick-borne diseases that British pet owners should be aware of are Lyme Disease, Babesiosis and Ehrlichiosis all of which can also affect humans. The best way to prevent your pet from contracting these diseases is to use a product licensed to kill ticks or prompt removal of the tick using a tick hook. Please speak to your vets for more information.

Speed Watch



Moulton and Gazeley Parish Councils are working together to tackle speeding in our villages. With additional funding from the County Council they have jointly funded a Vehicle Activated Sign which you will have noticed in different sites around the village. This records data which is then analysed and submitted to the various authorities for further action. Speeding is noticeably reduced when the sign is in place so is an effective tool and it will help the Police to target their resources as necessary.

Speed Watch volunteers have been busy over the last few months and figures are posted on the Notice Board outside the shop. If you would like to join the Speed Watch team please contact Tim James on 07768798066

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Moulton Village Hall News

On the 25th April the Village Hall held its annual fund raising event – Race Night. Over 75 people attended and enjoyed a great evening's horse racing and a fish and chip supper and many participants won some prize money too! The event raised over £1100 for the hall and over £300 was raised for the Church building fund from the proceeds of the bar.

Thank you to everyone who participated and special thanks to our sponsors: The Village Shop, Nu Plan, Sand Edge, Moulton Pet Sitters, Moulton Event Planners, Richard Marshall, Dale Burch & Son and Bridget Blum.

At long last the unsightly taped badminton lines in the hall have been replaced with new painted lines.



So if you use the hall please take care to lift tables and chairs and not scrape them over the lines so we can hopefully preserve them for a longer.

Above Left - Sponsor Jackie Chapman (Moulton Pet Sitters) presents Debbie Goudie with a winner's cheque and rosette.

Above Right - Sponsor Mike Dillon (The Village Shop) presents a winners cheque and rosette to Jerry Goodwin.

MOULTON VILLAGE BULK OIL BUYING

Sadly the last "oil buying" report for the March edition of Moulton Matters got lost and in it was my resignation. Sadly age and infirmity (mainly hearing) have meant that I have had to give up. However, happily Lesley James of Newmarket Road has generously agreed to take on the oil ordering now, and she will start off with the first date on the 27th June – her phone number is 01638 482012 or her email address is moultonoilscheme@outlook.com.

Future dates are as follows:

27th June 12th September 24th October 5th December 9th January 2017

I would like to thank everyone who has supported the scheme very much indeed and also to urge many, many more of you to join it and help reduce the number of heavy lorries driving through the village, whilst also of course making quite a good saving yourselves, probably on average about £130 - £150 a year on your heating bills at least.

Very best wishes to all. Tony Franklin



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Residents of New Developments feel let down by Developers and the County Council

A meeting for the residents of the new developments Farriers Grange and Lambert Grove was well attended by frustrated homebuyers who were given the opportunity to discuss their problems with County Councillor Robin Millar. District Councillor Roger Dicker and members of the Moulton Parish Council were also in attendance.

The residents most common complaint was about problems they were experiencing with vehicles parking along the roadside at the bottom of Jeddah Way. Vehicles are continuously parked along the kerb and around the corner where visibility is poor and this has caused accidents and many near accidents when coming on and off Farriers Grange.

The lack of infrastructure in place for the local community was also a great concern with recent planning being given for yet more new homes in the area and the parcel of land previously earmarked for the new village hall now returned to the liquidators of Leach Homes for yet more houses! Residents were frustrated that parish council deals that had been done with developers has resulted in both funding for the villages of Moulton and Kennett but nothing to directly benefit Kentford or Farriers Grange.

Residents who have purchased their houses from Leach Homes who are now in voluntary liquidation, feel very let down by the promises made to provide lit footpaths, cycle ways, green spaces and playgrounds. Some residents have now been in their home almost 5 years and the footpaths and cycle ways promised are still not in place. The green spaces are now neglected and overgrown with the grass now over a metre tall! The children's playground that was installed almost a year ago remains fenced off and unopened much to the disappointment of local children.

Many other concerns were raised including speeding issues along the B1506 where cars are clearly exceeding the 30 and 40mph speed limits with no enforcement in place by police.

County Councillor Robin Millar empathized with the problems residents were encountering and agreed to look into all of the issues raised. Moulton Parish Council are now liaising with the County Council to ensure that these issues are satisfactorily resolved with the help of Councillor Millar.

Julie Bonner

Vice Chairman - Moulton Parish council



**giving
nature
a home**

RSPB Lakenheath Fen

Sunday 3 July Bittern and marsh harrier walk

6am-9am

Early mornings in July are a great time to see the bitterns and marsh harriers that call the reserve home. Join us for a walk of around three miles to see bitterns doing feeding flights across the reedbed and marsh harriers feeding their hungry chicks. Price includes a croissant & a hot drink. Adults £8/ Children £4 (Non-Members) Adults £6/ Children £3 (Members) Price includes car parking.

Saturday 9 July Orienteering challenge

10.30am-1pm

We will set you a challenge to find your way around the reserve using just a map and compass. A special route will be marked out on the reserve. Please dress according to the conditions and wear waterproof footwear. This is a Wildlife Explorers club meeting that is suitable for children aged between five and twelve. Children £3 (Non-members), Children £2.50 (Members) All children must be accompanied and accompanying adults are free. No need to book. Price includes car parking.

Sunday 24 July Summer holidays family fun day

10am-4pm

It's the start of the summer holidays so join us for a FREE day of family fun. We will celebrate the successes of this year's breeding season and there will be a variety of activities on offer. There will be a trail around the reserve, pond dipping, mini beast hunting and the chance to win a prize. Each child will receive a goody bag. Free event (Facilities charge of £4 per car applies for non-members of the RSPB) Drop-in event, no need to book. All children must be accompanied and accompanying adults are free.

Wednesday 27 July Wild Wednesday: Pond dipping and aquatic beasts

11am-12.30pm

It's the Summer Holidays so join us for a session of family fun. There will be sessions both inside and outside. There will be a different theme each week. Children £3 (Non-members), Children £2.50 (Members) No need to book. All children must be accompanied and accompanying adults are free. Price includes car parking.

Saturday 30 July Summer Long Walk

2pm-7pm

Join us for a 10 kilometre (Around six and a half mile) walk around the reserve. This will provide a special opportunity to visit parts of the reserve that aren't usually open to the public. We will visit Botany Bay SSSI during the walk, which is an area of original fenland that has never been drained. Please wear long trousers and stout footwear. Please also bring a picnic tea and plenty of water. Adults £12 Children £7 (Non-Members) Adults £7 Children £4 (Members) PAYMENT TAKEN AT TIME OF BOOKING via www.wegotickets.com/lakenheath; or by cheque. Price includes car parking.

Outdoor clothing and footwear is essential and binoculars are recommended.

Booking is essential for all events unless stated otherwise.

For all enquiries and bookings, please contact: 01842 863400 or email: lakenheath@rspb.org.uk;

Other Information: Most events have outdoor components so please dress appropriately. Stout footwear and warm, waterproof clothing are strongly recommended. We suggest you bring a torch to evening events.

In the local area

25-26 June

Dragon Fest

The RSPB will be present at this event promoting those magical creatures: dragonflies. Please follow this link for more information: <https://www.weststow.org/whats-on/event/1349/dragon-fest-2016>;

Venue: West Stow Anglo-Saxon Village & Country Park (IP33 1DX) Please ring 01284 706183 for more details about this event.

The RSPB is the country's largest nature conservation charity, inspiring everyone to give nature a home.

RSPB News

Show your colours!

This is now my eighth summer at RSPB Lakenheath Fen. Every year, I try to dedicate my attention to learning more about one of the many types of nature that call the reserve home. This year, I am trying my best to learn more about the many species of plant that can be found on the reserve.

I have been fascinated with the history of the reserve since I started here. As many of you know, when the RSPB purchased the land in 1995, it was mostly arable farmland along with a forty acre remnant of a former commercial poplar plantation. The story of a third of a million reeds being planted by hand between 1997-2003 is now very well known, especially in conservation circles.

However, the story of how the plants came back is not quite so well known. As the reserve was being created, over 100 species of wetland plants came back on their own. Although this sounds like something out of Jack and the Beanstalk, there is a scientific reason for this phenomenon. Before the Fens were drained, the area that is now the reserve would have been covered in fenland plants. The turning over of peat when the pools and channels were dug allowed the seed bank to be exposed to light, which along with the water allowed the plants to burst forth. Some plants have long lived seeds; others such as milk parsley are very short lived and never came back, although they would have been here years ago.

I am therefore looking forward to walking around the reserve in July to reacquaint myself with some and learn more about others! I am familiar with the tall "iron hands" of purple loosestrife and the pretty pink flowers of hemp agrimony. There are also the little round flowers of water mint with their fragrant leaves.

There are also a lot of species that I need to learn more about. This includes a large variety of rushes and sedges which will probably take me years to learn! However, I am now becoming more familiar with some of the more unusual species that we find here. One in particular that we find here most years is large-flowered hemp nettle. Despite being described in my plant book as an: "arable weed, mostly on peat", this tall plant has beautiful, orchid like flowers. The flowers are mostly creamy yellow with a pink base. It usually comes into flower towards the end of the July. If you want to come and see it, please pop into the visitor centre and we will be more than happy to point you in the right direction.

I know that I have barely scratched the surface but I hope this article has inspired you to learn more about the vast variety of plants that can be found in your local area. Happy botanising and we hope to see you on the reserve soon!

David White

Visitor Experience Officer

RSPB Lakenheath Fen

Dr. Brian Wiggins (17th January 1943 – 8th January 2016)



Dr Wiggins passed away peacefully at home in January after a brief battle with cancer. Brian was born in Leigh-on-Sea, Essex and was very proud of his Essex roots. He attended Southend High School for Boys, where he excelled at everything both academically and on the sports field. His main love was hockey where he played centre-half in the school 1st XI for 2 years, was a county standard player and trialled for the England team. His popularity amongst his peers meant that he was chosen as School Captain in his

last year at school. Brian stayed on a year at school to apply to Oxford to read medicine, winning a state scholarship. He was the only medical student starting at Corpus Christi College in 1961 and took his academic studies seriously, winning the University's Welsh Memorial Drawing Prize in his first year for his anatomical drawings. However life wasn't all about academia and he continued to play hockey for both the College and the Occasionals, the University Second XI.

After Oxford Brian moved to finish his medical training at the London Hospital in Whitechapel, which is where he met Jenny, his wife of over 40 years. Brian's career then took him to Cambridge followed by the role of surgical registrar at Newmarket Hospital. As a surgical registrar he clearly had in front of him a potential career as a renowned surgeon but instead chose the "quieter" life of a Newmarket GP. He worked in general practice at the Rookery for nearly 30 years, with a weekly Wednesday morning surgery in Moulton, and was much loved by his patients. He continued to practice his surgical skills by setting up a small minor surgery unit within the Rookery, which meant he could continue to use his talents to deal with in-growing toenails, vasectomies and other "lumps and bumps".

Brian, Jenny and their children, Christine and Mary, moved to Moulton in 1975. Both Brian and Jenny threw themselves into village life and in 1977 were heavily involved in the village celebrations for the Queen's Jubilee. They both continued to support village activities for many years. Brian continued to serve the community for many years and was a governor at Moulton Primary School, a member and Vice Chairman of the Parish Council. Even after retirement from the Council he always supported village events and remained until his death a member of the Fuel Land Charity.

When they moved to Drove End they were self-sufficient for many years, growing fruit and vegetables as well as breeding goats, geese and many other animals. However, fishing was probably Brian's favourite hobby, started at an early age and one he continued until last year when his illness stopped him. He became an expert at all types of fishing, whether sea fishing where he held some British records for his catches, coarse fishing, or in latter years fly-fishing where naturally he tied his own flies.

Brian leaves behind two daughters, Christine & Mary, and two grandchildren, Sophie and Christopher. He touched the hearts of many and was a great and loyal friend to those close to him. He will be remembered and greatly missed by everyone whose life he has touched in whatever way and Moulton has lost a long standing member of the community. It is hoped to create a permanent memorial to Brian and Jenny in the village and £600 has been raised towards this already.

**COME
ALONG
AND BRING
A SMILE**



Friday 30th September

Join us at Moulton Village Shop and Playing Field for a coffee and cake for this very worthy charity. Last year we raised over £600! Let's try and beat this in September



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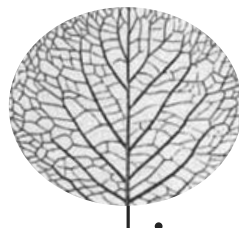
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Contact Lisa 01638 552631 or Jill 01638 551851



A recent Moulton Event' Planners function

Moulton Veterans 2015-2016 Season



Moulton Vets managed to again finish mid table in Division 2 of the Cambridgeshire Veterans League, after losing Martin "The Cat" Moss and Steve Wilson to injury before the season even kicked off!

After a worrying Autumn run of heavy defeats where we also lost Andy Bell to injury (he will be back next season he assures me), we managed to stop conceding goals with our new GK Greg Moore behind a solid defensive partnership of Andrew Ellis / Peter May. We also signed Paul Brown up in September (transfer fee undisclosed) to play in Centre Midfield, who without doubt helped us to finish with our first ever plus goal difference in the league.

Top 3 League Goal Scorers - Mark Boyd 10 (thanks to Dave Adams for doing all his running), Martin Redmond 5 & Hamish Jogee with 4.

We played 19 Cup, League and Friendlies (in name only!) last season. (League - Won 3, Drew 1 & Lost 4), (Cup - Won 2 & Lost 1) and (Friendlies - Won 3, Drew 2 & Lost 3) with a 21 man squad.


At the end of April we went back to Dorchester on Tour where 16 slightly worse for wear Veterans (after a heavy night out) won a very close game 2-1 with 5 timely substitutions by our Tour Manager, Ian Spinks.

Looking forward to next season we are looking for a Manager to prepare us for our first International Tour to Dusseldorf, which is being put together by our Social Secretary and German passport holder Peter May. Please get in touch if you have international experience!

After a long season of more highs than lows, we would all like to take this opportunity to say a big thank you to Douglas James for managing the playing surface and changing his schedule on several occasions to cut the grass before we played.

Mark Price Secretary/Treasurer/Player Manager 07954 362822



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Treasurer	Jerry Goodwin	551851
Bookings/Secretary	Jill Goodwin	551851

Jill Goodwin is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Jill on 01638 551851 or e-mail: bookingsMVH@moultonsuffolk.co.uk

If you are interested in joining a group or activity, set out below are the names and contact details you will require:

DAY	CLASS	TIME	CONTACT	TEL
Monday	Pre-School	09:15	Pauline Paines	07905 786303
Tuesday	Healthy Walkers	10:00	Ron Wallwork	01638 751869
Tuesday	Cubs/Beavers/Scouts	18.00	Geraldine Law	01638 750845
Tuesday	Moulton Minis	10:00	Vanessa	07725 103264
Wednesday	Duplicate Bridge	15:00	John Derry	01638 55280
Wednesday	Pre-School	09:15	Pauline Paines	07905 786303
Wednesday	Dog Training	19:00	Sue Hough	07836 624684
Thursday	Pilates	09:15	Alison Wilson	07752 360839
Thursday	Upholstery	10:30	Danny Niven	07840 777053
Thursday	Bridge club	14:00	Graham Burford	01638 661642
Thursday	Badminton	20:00	Yvonne Slater	01638 750547
Friday	Pre-School	09:15	Pauline Paines	07905 786303
Friday	Hip Hop Work Out	18:00	Nikki Hayes	01638 751208
Friday	Youth Club (2wkly)	19:15	Lara Briggs	01638 551835
Friday	Carpet Bowls	19:15	Dick Marshall	01638 750488
Saturday	Dance studio	08:30	Rachel Glen	
Saturday	Panthers Football	10:00	Nicola Talbot	01638 552358
Sunday	Panthers	10:00	Steve Wilson	07538 241521
Sunday	Veterans	10:00	Steve Wilson	07538 241521

Telephone Directory

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Newmarket Hospital	01638 558400
West Suffolk Hospital	01284 713000
Oakfield Surgery	01638 662018
Orchard House Surgery	01638 666887
Rookery Medical Centre	01638 664338

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Day Centre	01638 664262
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Sports Centre	01638 662726

LOCAL GOVERNMENT

Forest Heath District Council	01638 719000
Local County Councillor (Lisa Chambers)	01638 552716
Local District Councillor (James Lay)	01638
Moulton Parish Council (Bill Rampling – Chairman)	01638 552631
Moulton Parish Council Clerk (Lorraine Stone)	01638 720971

MOULTON VILLAGE

Ash Tree Veterinary Surgery	01638 554477
Moulton Matters	01638 551851/552631
St Peters Church (Rev Stephen Mitchell)	01638 552630
The Packhorse Inn	01638 751818
Village Hall Bookings (Jill Goodwin)	01638 551851
Village Shop (Mick & Kathy)	01638 750242
Village Bulk Oil Ordering Scheme (Tony Franklin)	01638 552958
Village School (Naomi Snowdon – Head Teacher)	01638 750236
Village Website (John Scott)	01638 552820
Village Police Community Support Officer (Becky Simpson)	01284 774100

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