

Moulton Matters

June 2024



Village Fun Day
Saturday 6th July
12-5 p.m.

Village News and Events

CONTENTS

Page 2	Contents	
Page 3	Dear Reader – Colin	Jill Goodwin
Page 4 & 5	Parish Council Report	Joanne Kirk
Page 8 & 9	From the Vicarage	Rev Chris Childs
Page 11	Moulton Charities	Jane Horsnell
Page 13	Moulton Pre-School	Susan Wakes-Miller
Page 15	Speed Watch	Graham MacGregor
Page 16 & 17	Shop News	Harriett Mills
Page 18	Packhorse Re Opening	Jill Goodwin
Page 19	Fun Day Information	Jill Goodwin
Page 20	Fun Day poster	Jill Goodwin
Page 21	Annual Moulton Walk	The Wilkinson family
Page 23	Moulton Scouts Group News	Paul Walker
Page 24	Moulton Wildlife Group	Jeff & Anne Collins
Page 26	Pets need a dentist too	Ash Tree Vets
Page 28	School Report	Head, Mrs Shipp
Page 30 & 31	St Peter's News	Anne Garmston
Page 32	Healthy Walkers	Ron Wallwork
Page 33	Newmarket Band	Charlie Kirk
Page 34 & 35	RSPB	Heidi Jones
Page 36	Parish Council/Village Hall Information	
Page 37	Telephone Directory	
Page 38	Village Hall Directory	

If you have an advertisement or an article you would like to submit for the newsletter, we publish them quarterly. Please ensure that articles reach us by the **15th August 2024** for distribution on or about the **1st September 2024**. For advertising rates please contact us below.

Jill & Pauline

Jill Goodwin email: jerryjill99@hotmail.com Tel: 07966133551

Pauline Barker email: pmabarker@icloud.com Tel: 07765006937

[.http://moulton.onesuffolk.net](http://moulton.onesuffolk.net)

Advertising rates: A5 black & white.

1/4 page £55 per 4 copies, 1/2 page £77 per 4 copies and a full page £120 per 4 copies.

Dear Reader – Update on Colin!

Hooray! Colin is home!

After almost 14 months in 4 different hospitals and spinal units, Colin finally came home to Cheveley Road on Wednesday 24th April. Well done Colin and Shirley. Now they move on together, adjusting to a different lifestyle.

For the first few days of settling in there was a flurry of carers, occupational therapist, nurses and case workers etc, in and out, and that was without the visitors but it was soon sorted and a new busy routine established., although under constant review!

Although their home has been adapted to allow for Colin's wheelchair there is still work to be done in order that a 24 hour carer can be accommodated in a special unit to be built over the garage - the upheaval is not over yet!

Prior to Colin's return his friends and neighbours decided to help make Colin's access to the village amenities in his wheelchair a little less hazardous. With the help of Douglas James from the Parish Council and his tractor, volunteers got together for an hour one Friday morning and swept the accumulated weeds and rubbish from a section of Dalham Road to allow easier access and movement. Douglas removed 5 buckets of debris swept up by the volunteers! One less hazard for Colin and Shirley to worry about although part of their journey is in the road as we have no pavements at the Cheveley Road end of the village!

This is Moulton Matters' final article about Colin's journey of recovery after the incident that has left him paralysed from the chest down but for Shirley and Colin it is just the beginning of the next chapter of their lives with different perimeters and priorities and we send them both all our love as they manoeuvre their way through the trials and tribulations ahead.

We look forward to seeing them both around the village and I am sure there will be an appearance from both in next year's panto!

Jill Goodwin



MOULTON PARISH COUNCIL NEWS

Moulton Speeding Survey

Thank you to the residents who took part in the Moulton Speeding Survey. 90 residents responded and gave some very useful feedback. It was clear from the responses received that speeding in Moulton is a concern as is the lack of adequate enforcement.

90% of residents who responded believe there is a speeding problem in Moulton, particularly along Newmarket Road, The Street, Chippenham Road and Dalham Road and near Moulton Primary School.

84% of residents who responded supported a 20mph speed limit near the primary school and village centre.

81% of residents who responded supported chicanes at the village entrances.

Other concerns were:

- The safety of Moulton Crossroads particularly with visibility at the junction of Bridge Street. Moulton Parish Council asked Highways earlier in the year if they would support a 'Stop' sign at the junction of Newmarket Road and The Street. The response from Highways was that none of the previous incidents at the junction have been attributed to either the layout or signage/priorities of the junction, therefore the Safety and Speed Team would not support the introduction of a 'stop' sign to replace the give-way sign and markings currently in place.
- Parking near the shop.
- Parents queueing to drop off and pick up children at Moulton Primary School and the need for a crossing near the primary school as visibility is restricted on the bend where children cross in Chippenham Road to get to the school.
- Farm vehicles driving fast through the village.
- The need to install speed humps as well as chicanes.
- Requests to extend the 20mph area to Brookside and Bridge St which are both narrow and have no or only a partial pavement.
- The problem of Sat Nav routing cars and lorries through villages.

A more detailed summary is available on the Parish Council website at <http://moulton.onesuffolk.net/parish-council/speeding-in-moulton/>

Meeting update

A meeting of Moulton Parish Council took place on Monday 25th March 2024. District Councillor Roger Dicker attended the meeting along with two members of the public. Councillors Council discussed financial information for the annual audit of their accounts, including a review of the budget. A contribution towards the operating costs of Moulton Village Hall was also agreed. Minutes of meetings are available on the parish council pages of the Moulton website.

Update on the meeting with the Environment Agency about flooding along the River Kennet.

A number of actions were agreed at the meeting on 25th January but Moulton Parish Council is still waiting for written confirmation from the Environment Agency about what was agreed. Three people from the Environment Agency were back in Moulton at the end of April and confirmed that they were in the process of finalising an action plan before sending it to Moulton Parish Council

Update on the Moulton thermal imaging project.

The project was a success with 24 households being surveyed. A report is available on the Parish Council's website at <http://moulton.onesuffolk.net/parish-council/meetings/meeting-reports/2023-24/25th-march-2024/>

Dates of future meetings

Monday 15th July 2024

Monday 16th September 2024

Monday 18th November 2024

Monday 20th January 2024

Monday 17th March 2025

Meetings are held in public, and residents of Moulton are very welcome to attend. There is a public session near the start of the meeting when residents can speak to councillors about any concerns they have. Meetings start at 6.30pm.

Next meeting

The next meeting of Moulton Parish Council will take place on Monday 15th July at 6.30pm in the Lanwades room in Moulton Village Hall. Please use the outside entrance which can be accessed via the playing field.

Parish Council contact details:

Tel: 07880 686069 Email: moultonpc@gmail.com Website: www.moulton.onesuffolk.net

Will it ever stop raining?



The persistent rain has made life miserable for many this year as evidenced by these pictures supplied by John Gunston. Taken on Brookside they show the effect of very high levels of rain during the Spring. Roll on summer and hopefully sunny days.



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From the Vicarage

Moulton Matters June 2024

In March I wrote about Dishwashers – this time its Agas. Bear with me.

The parish of Moulton is much indebted to Bob Saltmarsh for his 23 years service as Churchwarden of St Peter's and many of those as Treasurer too. Bob did not seek re-election at this year's annual meeting but he was thanked for his work and I hope there will soon be an appropriate moment to make a proper presentation to him. He tells me the only reason he was asked to take on the role was that he had an Aga and was therefore in a position to 'crisp' up the wafers for Holy Communion as his predecessor had done. Bob has kept his part of the bargain ever since and I am very glad that he has agreed to continue do so as it reduces one of the criteria for the next Churchwarden - of having an Aga! At the time of writing the post is vacant. Anne Garmston is in her last year so please if anyone feels called, have a word with me. Roles and responsibilities are often split these days as in Kentford. On the other hand we welcomed 4 new members of the PCC, Debi Bond, Debs Shipp, John Ford and Lesley Densham. There is much new life in St Peter's.

But back to Aga's – some years ago I read that there are many people who buy them - encouraged by the advertiser's puff – that somehow they will have wonderful food emerging from their ovens. Well ,I have known several people with Agas and that is indeed the case but I have also known others who do not have the same experience because it is quite clear that the quality of what they have put in, matches the quality of what they have got out! Some remain surprised.....I am not.

And so to much of life – what you put into community, church, hobbies, family – indeed life in general is usually returned significantly greater. If nothing much is put in, nothing much comes out.

I don't know whether Bob ever retrieved more than the usual 25 wafers he put into the Aga but I do know that very many people receive much pleasure in joining

to expand horizons and see if you can get more or better out than you put in?

I also know that when we receive Holy Communion and respond to the word of God in our lives, God can transform the poverty of our offering by the riches of his grace into something truly remarkable. I have seen it work as have others.

As to other matters, if anyone would like the weekly Church news sheet e-mailed please let me know – we have 150 e-mailed each week. Similarly if anyone would like the Annual Ministry, School, Accounts and Music Reports presented to the APCM please let me or Anne Garmston know. And lastly but certainly not least, we welcome a full time curate Raul and Keeley Akaia from his ordination as Deacon on 29th June in the Cathedral at Bury St Edmunds. He will join me at many events and all the services for the first 6 months or so and then probably ‘fly solo’ at some things. He will be with us for 3 years. We hope he will be able to live in one of our villages. With all good wishes and prayers Chris.

Rev Canon Chris Childs Team Rector Forest Heath Team Ministry Gazeley Vicarage
01638 42921 Our church account is :

St Peter's Church Moulton.

The sort code is 20 60 38 Account No: 70655740.

Cheques may be left with our Treasurer Geoff Dobson at 23 Lark Hill. His email is dobsonjune@yahoo.com and my phone number 01638 429212
Chris



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The Moulton Charity
(Charity Registration No. 206519)

Grants Available Now

The Moulton Charity is the combination of three smaller charities:

The Moulton Fuel Land & William Deynes Charity (established in 1869, providing assistance to the elderly, disabled and poor of the parish, in particular with fuel for people in need.

The Churches and Bridges (Town Estate) Charity, which since 1829 has provided financial support for St Peter's Church Fabric Fund.

The Mortlock Benefication Charity started in 1860 and using the interest on a small investment to purchase a book prize for the school.

These Charities have now been amalgamated and the Trustees are currently the two Church Wardens, the Team Vicar and four villagers, with the Vicar providing pastoral care.

The aims of the Charity have been widened and modernised since it's inception in the 19th century and it now endeavours to provide financial assistance and various services to promote healthy living and well-being among beneficiaries within the Parish of Moulton.

People of all ages are eligible to apply for grants, which could be as varied as help towards the cost of educational materials or training courses, as well as support towards fuel costs. These are just a few examples and requests for support for other issues are welcome. The Charity has limited funds, **but grants are currently available.**

If you require further information or would like to apply for a grant, please contact the Trustees in confidence via:

Rev Canon Chris Childs

The Vicarage

The Street

Gazeley

CB8 8RB

revcchilds@aol.com

01638 429212

Jane Horsnell (Charity Administrator)

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toys are the
words.”*

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Moulton Craft and Farmers Market

(raising funds for St Peters Church, Moulton)

Moulton Village Hall

2024 Dates

21st July

22nd September

20th October

17th November

Doors open at 10.00am and close at 2.00pm

Over 20 amazing artisan stalls selling handmade produce and goods.

Free entry

Refreshments available including bacon rolls and cake.

Moulton Community Speed Watch

I would like to thank all who attended our get together at the village shop on the 6th April. I am pleased to say we now have four new members who have joined our group. This is a very positive move forward and will help us increase the number of our checks in the future. I would also like to thank the parish council for their support and the village shop for their hospitality.

Speeding traffic is a major concern both in the village and surrounding approach roads where many vehicles are travelling at speeds that are unsafe for the road conditions.

During a recent check near the school two vehicles were logged leaving the village and travelling along School Road past the school entrance and car park at speeds in excess of 40mph. This was around 4:00 pm when some children were still at school attending clubs or other activities.

If you wish to help or have any questions about Speed Watch please contact us.

Graham MacGregor

moultonspeedwatch@gmail.com

Shop News

It's that time again where I've been asked to deliver the news from Moulton Madhouse and mad is certainly the right word for it! Even on the rainiest of days when we've asked ourselves if we really are in May and not the middle of February, our loyal customers never fail to show up and sit outside. Blankets required but sit they do enjoying a hot beverage or two. 'Our bacon rolls must be worth it', I thought to myself the other day serving two lovely customers outside while the rain came down sideways!

Enough about the weather though, how typically British of me! It's always sunny inside our hub. An addition to our fabulous team we'd like to welcome Rachel who will be working together with Liz in the kitchen to keep the momentum going 24/7 so they can keep up with the high demand for all of your favourites. Paradise Cake, Lemon Drizzle, Coffee and Walnut and they can't make Fresh Cream Cakes fast enough to keep them from selling out within minutes! From Quiche to Coleslaw and potato salad we've got you sorted for BBQ season. Bring your own Tupperware and you can pretend you've made it yourself! Our secret.

Summer days calls for a little bit MORE and we're excited to be introducing our summer menu!

Fish Dish on a Monday, a roast joint on a Tuesday, Tex-Mex Wednesday, Thai Thursday and Flippin Friday burgers - The McMoulton has been very well received. "Good afternoon, welcome to McDonald's are you using the app today?!" We're not quite there yet but everybody has loved the tv screen demonstrating the 3 variations of burger available between 10 and 2 on a Friday to get everyone set for the weekends.

On the occasional summer-like evenings where we've sat outside after work, enjoying the special space, we've felt incredibly blessed. Proud of our team who do an amazing job no matter how little energy left in the tanks after busy spells to remain so upbeat and delivering only the best customer service. Friendly, positive, happy and kind. . While we do all we can to enable the smoothest process in every transaction we value respect and understanding during particularly busy times.

We pride ourselves in this. With kindness in mind we thank customers for giving the same in return and ask for this relationship to remain. Whether the Post Office is closed, the bacon is taking a little while to cook from fresh, the queue is long so patience is needed - our staff do all they can to provide the best, most efficient service

Lots of you have commented on the subtle changes being made recently to the shop and all of our visions put together as well as newcomers seeing things differently to the point where us old timers wonder why we've waited so long to make such brilliant changes has made all the difference.

The Bed and Breakfast is filling up, the two coffee machines are working hard and we've all got our skates on to serve you the best summer yet!



Visit us on Fun Day
Saturday 6th July 2024
The shop will be open all day!

From 1pm until 5 pm we will become **'The Posh Café'** where all your favourites will be on offer - enjoy your special skinny latte coffee and delicious snack or lick your way through a Mr Whippy ice cream cone (with a flake of course), available all afternoon!

(Please note: The Post Office will close at 1pm as usual)



WE'RE BACK

Open every day, all day. Join us for breakfast, lunch, dinner or drinks.
Our bar menu is available 12pm to 9pm Monday to Saturday.

Remember, our coffee and cake morning is every first Thursday of the month at 10am.

OUTDOOR THEATRE

Join us on Wednesday, the 26th of June, at 7pm as The Pantaloons bring their own brand of theatrical chaos to our garden. Midsummer night. An enchanted forest. Puck and his musical fairy band tell a tale of lovers, mechanicals, and magical mayhem.

Ticket Prices: £16 adults | £12 child.
Head over to our website to book your tickets

thepackhorseinn.com

The Packhorse Inn re-opened to the public on 6th/7th April following an extensive refurbishment!

The village was invited to attend to see the new dedicated bar and restaurant together with the extended kitchen and alterations to the function room! It all looked amazing!

The new restaurant, built above the original cellar and cleverly making a feature of the cellar entrance is light and airy with windows down one side over looking the village green.

The new dedicated bar area, accessed from the front corner of the building (using the original entrance from the time it was the Kings Head pub) has its own bar for ordering drinks and bar snacks and plenty of seating. An archway on the left of the room leads to the main bar, restaurant and garden.

The kitchen has been extended into the garden but also has a large window looking into the function room which makes that room, along with large ceiling to floor mirrors much lighter. The village was buzzing! Great Job!

Moulton's Fun Day 2024

Here we are again organising another Fun Day! After a public meeting it was decided that the village wanted a traditional event with Duck Race to start the proceedings and Dog Show to finish it and lots in-between!

There will be games for the children, bouncy castles, Tug of War, a children's craft tent with make your own hat competition, a plant stall and raffle with great prices and a tombola! Lots of children's games—all free!

Settle down and listen to our local warm up group—the talented S.M.U.G. et el Ukulele group before being blown away by the amazing, **Mighty Macca** live band .

Also there is plenty to eat and drink with a licensed bar, a BBQ outside the hall, tea and home-made cake inside and the New Moulton Stores will be open for Posh Coffee, ice creams and rolls and snacks!

John Gunson will set up his display of historic pictures of Moulton and Viv Houghton will have her wonderful local photo posters.

Then just to add to the attraction this year, for the first time the Annual Walking Challenge is forming part of the Fun Day with the 5 mile race to Dalham, and back starting and finishing in the playing field. Also there will be shorter races that will suit the family including toddlers! See the poster on page 21 for details.

All money raised will go to the Village Charities and Community Groups.

What we need now is Sunshine, visitors, a loan of a few Gazebos and lots and lots of Volunteers!

The number of games for the children will depend on the number of volunteers – so we really need your help on the day to set up and man some of the activities. If you can volunteer anytime please add your name to the sign up sheet in the shop (or contact Jill on 07966 133 551 jerryjill99@hotmail.com).

There will be a briefing for volunteers on Monday 1st July at 8 pm in the hall.

*Please leave donations for the tombola at 3 The Green or Village Shop.
Please leave cuttings and donations to the plant stall at 26 St Peters Ave
or ring Anne on 750284 for collection up to 1st July only.*



**2024
Moulton
Village Fun
Day**

(Incorporating Moulton Annual Walk Challenge Event)

Saturday 6th July 2024 12 – 5 pm

Live Band—The Mighty Macca

Duck Race

Dog Show

Plant Stall

BBQ Burgers & Hot Dogs

Bar

Tea & Home made cakes

Ukulele Band

Craft Tent

Raffle

Bouncy Castle

Posh Café Serving Coffee, Rolls, Snacks & Ice cream

Traditional games –

Coconut Shy,

Bowl the Pig

Tin Pan Alley

Hook the Unicorn

Fish the Duck

Kids novelty races

Tug of War

Beat the Goalie

And lots more

Come and join in the fun!

Entrance free (children must be accompanied by an adult)

Children's traditional games free

See page 21 for Moulton Annual Walk Challenges details

2024 Moulton Fun Day



Incorporating the
Annual Moulton Walk Challenges

**Saturday 6th July
12.45pm**

Challenge 1: Complete the 5 mile Walk

Moulton Village Hall to the outskirts of Dalham and back

Minimum age for the 5 miles is 16.

Challenge 2: to do so in under 1 hour

Challenge 3: Novice 2km or 3km

Challenge 4: Children's 100m

5 in the Hour Badge Awards + Memento's to all participants

Use the event as a sponsorship walk for your favorite charity

All to be taken as light heartedly or as seriously as you feel

Entries £10 (u16's free) on the day at Moulton Village Hall before 12noon but preferably in advance at

www.moulton5challenge.weebly.com By 12 NOON on Saturday 1st June

If you have problems entering on line contact traceywilkinson17@aol.co.uk or 07532 397 528

For training or advice contact George Wilkinson on 07376 808 650 or

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Moulton Scouting Group News

Hello again from the 1st Moulton Scout Group!

As usual we have had a very busy term: Beavers have been learning

about space and joined the Cubs for a hike at Wicken Fen. Cubs have been learning money skills and personal safety.

Scouts have been very traditional with knife skills, air rifles and knots. All three sections had a campfire evening at the Jarman Centre with singing and lots of hot chocolate!

At the end of May, sixteen Cubs will be camping for two nights at Eaton Vale Camp Site near Norwich with tomahawk throwing, canoeing, grass sledging, go carts, crafts, obstacle course and rock climbing. We're looking forward to a crazily fun time!!!

The 1st Moulton Scout Group is incredibly popular and run entirely by volunteers – we're just parents, friends and adults who want to give kids skills for life in a safe and fun environment.

We are always looking for people who can spare us a little time. You don't need any previous experience and all training is provided.

Please let me know if you want to find out more about volunteering.

gsl@moultonscouts.org.uk.

Scouting can't happen without people like you!

Paul Walker

1st Moulton Group Scout Leader

Moulton Wildlife Group

With spring, our bird feeders are being well used and we are topping them up 2-3 times a week. Please let us know if you see any birds/bats using the boxes around the village.

The new hedgerow and trees along the edge of the playing field is coming into leaf and we're happy to report that we've already had some success on The Green. Purple honesty is flowering with yellow cowslips. Poppies and ox-eye daisies are coming into bloom. Earlier in the year there were snowdrops and violets.

We've planted more flower seeds in the semi shaded area of The Green which are starting to appear. Beside the ford at the end of Church Street we've extended the wildflower area and are looking forward to a good display of cornflowers and other meadow flowers.

There are more areas we'd like to plant out, and maintenance is needed on our current wildflower and hedgerow areas but we are limited by the number of volunteers.

Do contact us if you would like to help!

Anne and Jeff Collins

01638750284

moulton.wildlife.group@gmail.com



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Luncheon Club

Community Luncheon Club takes place on the last Tuesday of each month.
Please note we are continuing on Tuesday 28th May 2024 and will continue through until 30th July 2024

Volunteers always welcome.

Look forward to seeing you soon.

Yvonne, Dorothy,
Zayana & team



Did you know your pets need to see the dentist too?

Dental disease is not just a cosmetic issue. Red gums, yellow teeth and bad breath can be a sign of serious oral disease which, left untreated, can cause infection and pain, seriously impacting your pet's quality of life. Bacteria from the mouth can even enter the blood stream, causing damage to vital organs such as the kidneys, liver and heart.

Your dog's and cat's teeth develop a build-up of plaque just like ours do. When plaque isn't brushed away, it hardens and forms tartar which, if not treated, can cause gingivitis (inflammation of the gums).

The good news is that the majority of dental problems are treatable, and nearly all are preventable.



During May we are focusing on oral care at Ash Tree Vets, offering information and advice, alongside some exciting special offers.

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School Report

Spring is upon us, and we are enjoying the sunshine!

Our Y4 children had a wonderful time recently at the Jarmin Centre in Newmarket - they enjoyed archery, a campfire and den building. Our Y1 children went to Lackford Lakes, as part of their minibeast topic in the last few weeks. Our Y3 children had a lovely day at Audley end, as part of their Secret Garden topic. For all three trips, we have received super feedback about our children's fantastic behaviour. Our Y5 children have started their swimming sessions at Newmarket Leisure Centre. Again, we received wonderful feedback from members of the public.

Our Easter Treasure Hunt was a great success – thank you to Moulton Shop and the Village Hall for displaying some of our eggs. We also held a poem and decorated egg competition – we had many fantastic entries.

We have recently renovated our office area. Our core values and biblical quote are displayed proudly in the foyer and office areas. It looks super, and has really brightened up the entrance area. See photos below!

It has been wonderful to welcome our local Open the Book team into school again this term. Their most recent performance featured the story of Moses and a lovely song, which children did brilliantly with – we really appreciated the live guitar playing.

We are looking forward to welcoming thirty new children into our Reception class. The children will all visit school for a 'stay and play' session this term, before starting with us in September.

Our current Reception children are off to Hunstanton in the summer term. They will visit the Sealife Centre and take part in some beach activities - keep your fingers crossed for lovely weather!

We continue to feel really proud of our pupils' achievements, and grateful for the support of our families. We are looking forward to a fun summer term, as we approach sports day, transition days and more reading cafes.



ST PETER'S CHURCH NEWS

You are very welcome to join us at the following services which will start at 10.45am and be followed by refreshments.

Sunday June 2nd Family Service

Sunday June 16th Holy Communion

Sunday June 30th Group Holy Communion Service at Gazeley when we welcome our new curate Rev. Raul Akaia.

Sunday July 7th Family Service

Sunday July 21st Group Service at Kentford for Confirmations led by Bishop Mike. Please note this later time - 11.00 am.

Sunday August 4th Family Service focused on Kagera – our twin diocese.

Sunday August 25th Holy Communion (Please note this is the 4th Sunday of the month. Gazeley requested we change from the 3rd Sunday to accommodate their 'Affordable Art Show'.)

These service details are displayed on the church gate noticeboard, the welcome table in church, and in the copies of the 'Worship Diary' available for you to take home. Church is usually open this time of year from 10am to 4pm each day.

Recent church events have been much enjoyed by friends and members of church.

The Lenten Soup Lunch in March raised £115.00 for **St Nicholas Hospice**.

The Half Cut Theatre Company brought their colourful musical odyssey - "**The Canterbury Tales**" to St Peter's Church in April. Payment was made at the end of the show based on individuals' appreciation of this production. We await their contribution to our funds. The refreshments made a profit of £47.00.

On Wednesday 17th April 2024 we held our **Annual Parochial Church Meeting** in St Peter's Church at 7pm. It was followed by a PCC committee meeting. Our long-serving **Bob Saltmarsh** retired from his churchwarden responsibilities but will presently remain on the PCC.

We are seeking a new churchwarden. Please talk to Rev Canon Chris Childs if you could offer any support. The work of a churchwarden involves many tasks across a wide spectrum of activity. Bob has brought humour and thoughtfulness and diligence to his role for more than 20 years. I have been tutored by him for the last 11 years. May his retirement give him more time to enjoy 'Moulton Life' and the patience to answer our future questions when we ask for advice!

We welcomed **new members** to our Parochial Church Council Debs Shipp, Debi Bond, Lesley Densham and John Ford. Fund-raising is always a high priority and the **Easter Egg Hunt** organised by Debi Bond and Friends of St Peter's raised nearly £500 towards our funds. The weather on Easter Monday suited this wonderful village-with-church activity. The sheer delight of the children arriving in church to collect their prizes after searching for the coloured egg shapes around the village matched the pleasure of the adults who settled down to eat delicious food, treats and drinks with an easy-listening live musical accompaniment.

On Friday 26th April Julian Pardoe gave his second Travel Talk. This included his many experiences in China and Taiwan. The Fork Supper generously provided by various members and friends proved very successful and church funds will benefit by £400. Our sincere thanks to Julian for this imaginative presentation, with technical support from Fran Saltmarsh.

Our PCC and Friends are making future plans and would love you to join us. 'The Pudding Evening' Friday 26th July, the 'Village Yard Sale' Sunday 11th August, the 'Annual Ride and Stride' event for Suffolk Historic Churches Trust Saturday 14th Sept. and 'The Quiz Night' in Moulton Village Hall Friday 27th Sept.

Before that on Saturday 6th July at the Village Fun Day we are "The Raffle Team". Please donate a raffle prize or locate a contribution from a willing supporter! Thank you.

Keep well and stay safe. Best wishes from your Churchwarden Anne Garmston 15 Dalham Road 01638 751188, Bob Saltmarsh and all the PCC team.

Healthy Walkers News

Suffolk Double for Rob Dobson

Moulton's Robert Dobson became a double County Champion earlier this year when he added the Suffolk X-Country V40 title to the Suffolk Race Walk title he won at Moulton last summer.



In the Suffolk Cross Country championships staged at the Royal Hospital School in Holbrook in January, Rob out ran many younger athletes to finish a magnificent sixth overall. The performance made a significant contribution to the Newmarket Jogger's silver medal success in the team race and earned Rob his county vest for the UK Inter-Counties championships.

At the Inter-Counties, Rob was competing against the best X-Country runners in the UK, which meant that he had his work cut out because the vast majority of the competitors were considerable younger than him. Rob did however finish a very respectable 196th out of 285 and was one of the scoring members for the Suffolk Team that won the 'Most Improved Senior Men's Team' trophy.

Rob complete with trophies, medals and the prestigious county vest

The Wanderers is an informal group who meet on Tuesday mornings at the village hall or some other local designated venue and first timers should contact Ron Wallwork (details below), who will be glad to answer any queries appertaining to the group.

There are no fees involved and no long term commitment – simply turn up, walk and just enjoy the company as and when you feel like it.

Most of the walks are three miles (5km) and very rarely over four and a half (7km) and completed by lunchtime so as not to impinge on any afternoon activities.

Contact Ron Wallwork on 07460 041 643 or ronc893moulton@gmail.com

Your Local Brass Band needs you!

Newmarket Town Band needs more players, we currently have 23 members. Wednesday evenings 19:30-21:30 at Kennett Village Hall is when we rehearse. It is free to come along and play! Where else can you go and make friends, socialise and practise playing the instrument you love for free 2 hours a week.



We have a fantastic new musical director, Jamie. He is a brass instrument teacher by trade, very enthusiastic. The music we play is varied, if you want to listen to us play look us up online or contact us on the details below.

Are you having an event and would like a band there? Not just your traditional brass band, we can however play the traditional stuff, think Marches and the film *Brassed Off*. Organising a dance, wedding, festival, air show, garden party, Oktoberfest, Christmas function, works party, open day, grand opening, carnival, beer festival, Halloween party, birthday party, school fetes, summer fayres, county shows. I challenge you to challenge us.

You don't have to be a professional musician to play in our band, if you are just starting out please come along equally, if you are grade 8 cornet player we will make sure you are not bored. We have instruments that can be played by members.

The band is divided into sections, cornets, flugel, horns, baritones, euphoniums, trombones, basses (most people know these as tuba's) and the percussion section consists of drum kit, timpani and lots of other bits and pieces.

We are very social, often staying behind for a chat and a catch up or turning up early especially when someone has been baking! Our band is for everyone, our young and old. Speak to us about playing or hiring!

Charlie Kirk - Chairman Newmarket Town (Brass) Band

07923 191949

chairmanntb@outlook.com <https://www.newmarkettownband.co.uk/> Find us on Facebook and search Newmarket Town Band on Youtube

A timeline of Spring at RSPB Lakenheath Fen

When does Spring start? Officially it's on 1st March, but in terms of being marked by events on the reserve, you could say it was 4 March as this is when our first migrant bird turned up- Garganey. This small duck has beautiful markings and is lightly built, flying all the way from the swamps and marshes of central Africa each Spring. On 13 March we hosted a Stargazing event here and whilst I was locking up afterwards (in the dark!) I heard a Little ringed plover peeping its high call as it flew overhead.

Then, on 14 March, a Bittern was first heard booming. Male Bitterns make the loudest call of any UK bird- a deep, sonorous, repeated bellow that sounds like someone blowing gently over the top of a glass bottle. Many visitors come here at this time of year hoping to hear a Bittern, and this year it's particularly likely- on a recent survey we recorded 17 males spread out across the reserve- our previous record was 12! Hopefully, this is a sign that we are managing the reedbeds in the right way for these special birds- which was our intention in 1995 when the reserve was first created.

Next came some rather wet and windy weather and a 'pause' in the Spring arrivals until some brave Sand martins turned up on 25 March. These smart birds are like House martins but are chocolate-brown in colour, rather than dark blue, and missing a House martins' white rump. Sand martins will look for vertical sandy or muddy banks to nest in, and the Suffolk coast is a favourite location for these, or sometimes they will choose purpose-built banks on nature reserves. A couple of waders arrived next- the neat little Dunlin on 15 March, closely followed by a few smart Avocet the next day on 16 March. We are hopeful the latter will return to nest here when the water levels on the Hockwold Washes begin to drop and expose muddy edges.

Since early March, Chiffchaff had been heard singing here (along with Blackcap, some now overwinter in the UK) but the first entirely migratory warbler to turn up was Willow warbler on 29 March followed by Sedge warbler on 9 April, Grasshopper warbler on 13 April and Reed warbler a day later on 14 April. By this time, the very first Cuckoo had been heard, as well as a couple of Nightingale- early April can be a very intense time for arriving birds! Winds from the south and south-west aid the long journeys these birds face, and warmer weather encourages them to sing, when they become much more obvious to us. As I write this, it is mid-April and the very first reports of Hobby have come in from eagle-eyed visitors. So much has happened already this Spring but we are not done yet- we await lots more Hobbies, the first Swifts, Garden warblers, Common terns and perhaps Turtle dove and Spotted flycatcher if we are lucky. If you are able to come and visit us in the coming weeks, a whole range of special birds await you- whether you are a keen bird-watcher or just want to experience some peace and fresh air in the outdoors.

Places for all events listed below need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book [tickets](#).

Treasures of the Moth Trap

28 June, 26 July, 30 August (10am to 11am).

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's).

Guided Pond Dipping

Saturdays 1 June, 6 July, 3 August (12-1:30pm)

Why not borrow a pond-dipping kit and a knowledgeable guide to see what beautiful and strange creatures live below the water?

RSPB members £6 (£3 for Under 18's); non-RSPB members £7 (£4 for Under 18's).

Beginner's Photography Workshop

Saturday 22 June (10am-4pm)

Reserve Site Manager Dave Rogers will be giving an introductory talk covering the features of your camera, followed by a walking tour of the reserve to put your new knowledge and skills into practice. Suitable for budding photographers with a DSLR camera. RSPB members £80 (£40 for Under 18's); non-RSPB members £100 (£50 for Under 18's).

Fascinating Flora Guided Walk

Saturday 20 July (10am-1pm)

The reserve holds a hidden world of plants with harmful or healing effects, some of which folk have made use of for centuries. Join us to learn more!

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

Summer Walking Safari

Sunday 21 July (2-7pm)

Our very popular annual longer walk, taking in the full range of habitats on offer. With luck, we may see Bittern, Common crane, Bearded tit, Hobbies and more!

RSPB members £20 (£10 for Under 18's); non-RSPB members £25 (£12.50 for Under 18's).

Big Wild Sleepout

Saturday 3 – Sunday 4 August (1pm-1pm)

Join us for a night camping under the stars on the nature reserve, with a range of wildlife-themed activities on both days- including pond dipping, bug-hunting, wildlife arts & crafts, guided walks and bat detecting. The price below is all-inclusive, even for non-RSPB members. RSPB members £30 (£15 for Under 18's); non-RSPB members £35 (£17.50 for Under 18's).

Heidi Jones (Visitor Experience Officer, RSPB Lakenheath Fen).

Parish Council

The Parish Council meets regularly in the village hall and residents are all welcome to attend. Meeting dates and Agendas are listed on the village website at the bottom of the page and are also regularly posted on the village noticeboards.

PARISH COUNCILLORS

David Almond (Chairman)	01638 428250
Mark Price (Vice Chair)	01638 750200
Ryan Bragg	01638 751153
Ed Chambers	01638 750014
Richard Edge	
John Derry	01638 751902
Jane Horsnell	01638 750879
Douglas James	01638 750897
Tim James	01638 482012

CLERK TO THE PARISH COUNCIL

Joanne Kirk 07880 686069 email: moultonpc@gmail.com

Parish Priest	Cannon Chris Childs	01638 429212
Village Archivist	John Gunson	01638 750131
County Councillor	Andy Drummond	01638 751411
District Councillor	Roger Dicker	01638 750392
Member of Parliament:	Mathew Hancock	
Parliament Office		02072 197186
Constituency Office		01638 576692

MOULTON MATTERS

Jill Goodwin	jerryjill99@hotmail.com	01638 551851
Pauline Barker	pmabarker@icloud.com	
Colin Wilkinson	c.wilkinson67@btinternet.com	01638 552779

MOULTON VILLAGE WEBSITE

<http://moulton.onesuffolk.net>

Telephone Directory

Medical

Addenbrooks Hospital	01223 245151
Newmarket Hospital	01638 558400
West Suffolk Hospital	01284 713000
Oakfield Surgery	01638 662018
Orchard House Surgery	01638 666887
Rookery Medical Centre	01638 664338

Churches

All Saints Church (Rev Chris Childs)	01638 429212
Catholic Church (Fr Leo Marianu)	01638 662492
St Peters Church (Rev Chris Childs)	01638 429212
St Peters Church Wardens - C/O Anne Garrnston	01638 751188

Newmarket

Citizens Advice Bureau	01638 665999
Day Centre	01638 664262
Dial-a -Ride	01638 608080
Library	01638 661216
Leisure Centre	01638 662726

Moulton Village

Ash Tree Veterinary Surgery	01638 554477
Pack Horse Inn	01638 751818
Village Shop	01638 750242
Village Hall Bookings (Stuart Wright)	07821 304479
Village Oil Ordering Scheme (Lesley James)	01638 482012
Village School Head Teacher (Deborah Shipp)	01638 750236
Village Website (Ryan Bragg)	01638 751153

Travel

Newmarket Taxi Hire	01638 561561
Nation Rail Enquiries	03457 484950
Stagecoach CamBus	01223 423250

Emergency

Fire, Police, Ambulance	999
NHS	111

Non-emergency

Crime Stoppers	0800 555111
Power	105
Water	0800 145145
Police	101

Moulton Village Hall

Management Committee Officers

Chairman	Richard Marshall	750488
Deputy Chairman	Alex Nicholls	07817 234337
Treasurer	Jerry Goodwin	551851
Secretary/Fund Raising	Jill Goodwin	551851 (07966 133551)

The General Manager, Stuart Wright is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Stuart on 07821 394479 or email: villagehallmoulton@gmail.com

Please note MVH Birthday Party Hire Policy

MVH offers the hall facility for children's birthday parties 0-12 years and adult birthday parties 40+ only. Residents may apply in writing to the bookings clerk for the hire of the hall for teenage birthday parties and 20's and 30's birthday parties. MVH Committee will consider individual requests.

If you are interested in joining a group or activity, set out below are the names and contact details you will require:

Monday	Pre-School	09:15	Susan Wade-Miller	07958 290837
Monday	Pilates	17:30 - 18:30	Alison Wilson	07752 360839
		18:40 - 19:40	Alison Wilson	07752 360839
Monday	Parish Council/ Village Hall Committee meetings TBA			
Tuesday	Mini Tots	10:00 - 12:00	Emily Tasker	
Tuesday	Healthy Walks	10:00	Ron Wallwork	07460 041643
Tuesday	Community Lunch	13:00 - 15:00	Last Tuesday in the month	
			Yvonne Slater	01638 750547
Tuesday	Cubs/Beavers/Scout	18:00	Paul Walker	
			gsl@moultonscouts.org.uk	
Wednesday	Pre-School	09:15	Susan (as above)	
Wednesday	Yoga	18:15 - 19:15	Bridget Pooley	07758 540739
Wednesday	Dance	19:30 - 20:30	Private Hire	
Thursday	Pilates	09:30 - 10:30	Alison Wilson	07752 360839
Thursday	Bridge Club	14:00 - 16:00	Maggie	07834 570894
Thursday	Mindset Yoga	18:15 - 19:15	Victoria Steenkamp	07810 544588
Thursday	Badminton	20:00 - 22:00	Yvonne Slater	01638 750547
Friday	Pre-School	09:15	Susan (as above)	
Friday	Carpet Bowls	19:00 - 21:00	Yvonne Slater	01638 750547
Saturday	Panthers U 10/U8/ U7	10:00 - 12:00	Mark McTrusty	mmct@live.co.uk
			secretary@moultonpanthers.com	



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D-Day 80th Anniversary event

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D-Day 80th Anniversary Commemoration

Thursday 6th June 2024
2pm onwards

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- Enjoying 1940's themed food and light refreshments

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