

Moulton Matters

SEPTEMBER 2014

We are pleased to celebrate our first anniversary of the new Moulton Matters - it is now one year (four copies) since we started and we have thoroughly enjoyed our editorial role (at least we think we have).

Of course none of this would be possible without all the support we get from advertisers and it is always interesting to read about news from clubs, shop, church and many more interesting stories.

We would like to take this opportunity to welcome all the new residents to our village and we hope you will get involved in our village life. As you will see as you read through this newsletter, there is always something going on and if you sit outside the shop with a coffee, you will hear a lot more!

Bingo is an ever popular way to spend a chilly autumn evening, so do come along and join in the fun and the chance to win a *Jackpot!*

We always welcome ideas and feedback on the newsletter so please do let us know.

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Here are a few dates for your diary

26th September

5th October

11th October

23rd October

1st November

6th December

McMillan coffee morning

Harvest Festival Service – St Peters Church

Harvest Supper and entertainment

Packhorse Mexican Night + discount to newsletter readers

Bingo and Hot Dogs

Christmas Fayre

St Peters Church Services are held on the first Sunday of every month

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Parish Council News

Since the last newsletter the parish council have been very active, with our efforts mainly concerned with the proposed new developments in and around Kentford. Proposals for some 340 new houses have been put forward and though we are not against development we are very keen that it is plan led and the necessary infrastructure improvements are made at the same time.

We realised that as a single parish our voice was not being heard so we got together with Kentford and formed the Rural Parish Alliance and we now have 15 parishes all speaking with one voice and at last our opinions are being heard, however without a local plan and unhelpful national legislation each application has to be considered separately. The best we can hope for at present is that we secure as much infrastructure in the form of schools, jobs, road improvements, public transport, etc as we can.

We are in the process of negotiating a local lettings policy for all the social housing in the parish. This should mean that anybody with a local connection be that family or work will get placed at the top of the list when any property becomes vacant or new ones are built.

Just a reminder to you all, our meetings are open to all parishioners to come along and listen or tell us what we should be doing that we may have missed. We were elected to serve your interests. We have ordered two new notice boards one for the village hall and one for Farriers Grange. Notice of all our meetings will continue to be published outside the village shop and in future on these boards as well.

The date of the next meeting will be Monday 17th November at 6.30pm at Moulton School (to be confirmed)

Bill Rampling – Chairman

Community Speed Watch

Community Speed Watch volunteers were busy recently continuing to tackle speeding through the village. All the speeding car registration numbers were submitted to Suffolk Police. Drivers who have exceeded the speed limit through the village all receive a letter detailing what further action may be taken if they continue to break the law. It was really disappointing to learn that quite a few were Moulton village residents. One driver took the time to explain to us that he was 'slowing down' as he passed us at Maltings Close doing 38mph – I wonder what speed he was doing at Larkhill?

Also, whilst you may not be going fast do please s l o w d o w n and drive very carefully when overtaking horse riders or people leading horses. They can get frightened really quickly by sudden noises and can throw their riders off which can cause serious injuries.

As the new school term has started lots of parents are dropping their children off in School Road.



The road is quite narrow near the school and with the bend in the road, visibility is not very good. Motorist's please keep your speed down and if parents are walking, please keep in to the side of the road as traffic is heavier especially at this time in the morning. The Parish Council continues to raise this with Suffolk county Council Highways team and are meeting again this week with Mrs Snowdon, Headteacher.

Good news - we have managed to persuade Suffolk County Council to provide a new static Vehicle Activated Sign which will be put up in Newmarket Road. This will be shared with other villages so not a permanent feature but it really does remind motorists to slow down.

Please, please keep your speed down in the village.

Lisa Rampling - Coordinator

Moulton Youth Club is back!



Starting on Friday 26th September, 7.15pm - 9pm, at Moulton Village Hall and running every other week.

Come and join in on all the activities, be involved in decision making and most importantly meet friends in a safe environment.

We welcome young people aged 9 (currently in year 4) to 13 (year 8). It's only £1.00 entry and bring money for the tuck shop. Parent consent forms must be signed on the first session and it must be noted that voluntary help for at least one session is required. We look forward to seeing you all there!! **Lara Briggs 551835**

Mildenhall Safer Neighbourhood Team

Over the last few months you may have heard about thefts of lead from churches in the area, sadly these are true and both Dalham and Icklingham were targeted. We are asking people to stay vigilant as usual and any activity around churches to be reported.

The community speed watch scheme is still very active and this is great to see, however, I do ask that villagers watch their speed too as unfortunately we are having local residents hit the screen for excess speed!

Only a short message to you all this time but hopefully you are all keeping well and I would have heard from you if you needed me!

Kind Regards,

Becky

PCSO 3180 Becky Simpson, Mildenhall Safer Neighbourhood Team, Call: 101 or in an emergency 999.
Email: Mildenhall.snt@suffolk.pnn.police.uk Follow us on twitter @Foresththpolice

News from Moulton WI

After a very successful BBQ for our July meeting we had a break in August. Our first meeting back was on 8th September when Green Dragon Morris put us through our paces. In October there will be a talk about the artist Madame Vigee le Brun.

In November, we will not only have a talk by Linda Scoles about being an American living in England, we are also having an all day outing to Norwich on Wednesday 26th so that those that wish to can go to the afternoon matinee at the Theatre Royal to see One Man, Two Gov'ners whilst the rest 'shop till they drop'.

Hopefully there will be enough room in the mini bus to take home all those Christmas presents!

Andrea Bignall President

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Can you help to walk a small dog living in Moulton, please?

We need a few volunteers to walk a lovely companion to keep her exercise levels up and her waist line trim! Her outings can be flexible.

Please contact Belinda (Bin) Johnston either by telephone:

01284 810220/07770 855 303

or by email: belinda.johnston@ourspecialfriends.org

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Village Shop & Post Office



Hello again from all of us at "Moulton Post Office & Shop". Harriet's contribution to the newsletter last time was so well received, I thought I'd let her do it again, with only the odd tweak from me!

As the evenings draw in, the weather turns colder, we students, teachers and children remember that work really does exist (it's not all play). With the restart of school, university and work, we mustn't forget there is still a lot to look forward to.

Here at the "best shop in the village" following Mike's ice bucket challenge (thanks for the nomination, Ollie Stokes!) which raised a fabulous £300 for Motor Neurone Disease, there are a lot of exciting times still to come. We are pleased to continue to support Jill & Co with the fabulous "Macmillan Coffee morning" on Friday 26th September, & we are already planning our annual "Halloween Trick or Treat evening", date to be confirmed later.

This brings us nicely to the next big event "Christmas" As always you can depend on the team in the shop to provide you with top quality Turkeys, Hams, Meat Roasts, Fruit, Vegetables, Bread etc. Just place your order & let us to the rest. We are also expecting a visit from "Santa" and we will let you know the exact date in due course.

Until then, I, Harriet, say goodbye for now (I'll be back for half term & Christmas!) and leave Mike & Kathy & the team, to embrace the autumn chill, provide hot drinks & food, warm blankets & friendly faces to keep you smiling. Keep up your support for the shop, it is there as long as you are!

Mike & I want to wish Harriet all the best with this latest venture in her life & thank her for all the hard work & daftness she brought to work!

Thank you to all our customers for your continued support. **Mike, Kathy & Team**



You told me it was going to be one bucket - not three !



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Firework phobia in dogs

It's that time of year again. A time that leaves many of our four-legged friends running for cover and quaking in their beds. Bonfire night is fast approaching. And as the number of nights when fireworks are let off seems to increase every year it can be a time of considerable stress for fearful pets as well as their owners.

But your pet needn't live in fear. Here are just a few things you can do to help them cope with firework noise.....

- Build a cosy 'den' well in advance. Soundproof a cupboard, wardrobe or large cardboard box using pillows and blankets and reward your dog when he uses it.
- Play music with a repetitive beat to mask the noises.
- Make sure all doors, windows, cat flaps and curtains are closed to block out the bangs and flashes.
- Walk your dog in the daylight, before any fireworks start.
- Never take your pet to a firework display and keep them safe inside if you are setting fireworks off at home.
- Get your pets microchipped in case they panic and become lost.
- Pheromone plug-ins: Adpatil for dogs or Feliway for cats. These give off a synthetic copy of their natural pheromones to help increase the sense of security and calm. They are best started at least 48-hours prior to fireworks night.
- Zylkene: A natural product derived from cow's milk that can help your pet cope with stressful events. It is given as a once daily capsule and is best started at least 24hours before bonfire night.

Please contact us at Ash Tree on 01638 554477 for further advice and information.

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St Peters Church News

We have been enjoying fine weather on the whole this summer but sadly on the morning of July 5th it decided to rain which put a lot of people off from coming to **'Rock in the Meadow'** which meant that takings were well below last year by 54%. This resulted in the profit being the lowest since the inception of the event. But on a brighter note between the heavy showers of our flower festival many people came and enjoyed the event with beautiful flowers, World War One commemorative corner and the tea and cakes. The **Moulton Community Choir** gave a marvellous concert on the 9th July which raised funds for both the Church and Choir.

Events for the Future are the **Harvest Supper on Saturday October 11th** at 7.15pm in the Village Hall. This year there will be a hot meal followed by entertainment which this year sees the return of the comedy duo 'Mick and Bob' also our magician from last year 'Bondini'. Tickets will be on sale from the shop and from Fran Saltmarsh – 017638

750190 priced at £10 each. The bar will be open from 7.00pm serving Real ale, Wine, Cider and soft drinks.

Following this our **Annual Christmas Fayre** will be held in the Village Hall on Saturday **6th December** in the morning details will be on posters around the village nearer the event. Stall holders please contact Fran Saltmarsh on 01638 750190.

Remember our usual Church services are a **Family service** on the **1st Sunday of the month** and Communion Service on the 3rd Sunday of the month all services start at 10.30am. All are most welcome to join us especially parents and children for the family service which is a very enjoyable service enjoyed by all generations. This year our **Harvest Festival service** will be on **Sunday 5th October** at 10.30am

Bob Saltmarsh

Triathlon Macmillan Challenge

You may or mayn't be aware that Dave Weaver-Smith is training for a triathlon at the end of this month and although he wasn't going to collect for a charity we have convinced him that even if its a little it is better than nothing so he has chosen 'Macmillan Nurses'.

For many people affected by cancer, Macmillan nurses are a valued and trusted source of expert information, advice and support - free of charge. He was set to do his challenge in Cambridge but the River Camb didn't pass it's health check so was cancelled. He hasn't given up and has booked himself onto a triathlon at Hever castle, Kent. His dedication has been tenfold and to think he struggled to swim two lengths of a pool to begin with and now he is set to Swim 1.5km, bike 40km and run 10km all in one go!!!!

Mike has kindly said he will have a bucket collection at the shop for him and any donations will be gratefully received.

Lara Briggs

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Our Village Hall

The Village Hall has just celebrated its 4th birthday so we decided to take this opportunity to update villagers as to what goes on at the hall.

The hall is run as a charity and has a management committee comprising of A Chairman, Deputy Chairman Treasurer and Secretary/Bookings Clerk plus committee members. Meetings are held once a quarter March June September and December. September's meeting is the Annual General Meeting when the committee is elected or re-elected and at the first committee meeting which follows the AGM the committee elect or re-elect the officers.

At present the Officers are: John Derry - Chairman; Dick Marshall - Deputy Chairman; Jerry Goodwin - Treasurer and Jill Goodwin - Secretary/Bookings clerk.

The Officers are responsible for the day to day operating of the hall, collecting hire fees, paying bills taking bookings, organising cleaning and maintenance.

During the week the hall is used mornings, afternoons and evenings for a variety of group activities (see below), together with public meetings, workshops, training sessions and polling station!.

At weekends there is a one to one dance class held in the hall while football takes place on the playing field. The footballers use the kitchen for making refreshments which they sell to raise funds. There are 3 Panther youth teams and one Vets (adult) team.

The hall is also very popular at weekend afternoons for children's parties while the evenings are booked for adult parties, fundraisers, village events (eg harvest supper). Sometimes the hall is booked for the day especially for wedding receptions and Christenings and those special birthday and anniversary celebrations. So lots going on!

Regular volunteer working parties are organized to ensure the facility is maintained to a high standard and since the opening of the hall new works in and outside have been completed (including fitting out the changing rooms with benches and clothes hooks and erecting a shed for storage outside). Thanks to donations from the Millennium Club, Moulton Event Planners and the MVH200 club 10 new round event tables and 10 oblong tables and a new commercial dishwasher have been purchased and are well used. Also thanks to the W.I. new curtains were made and put up in 2011.

So what goes on when!

Pre School: Monday, Wednesday and Friday mornings

Moulton Pre-school has charity status and is run by a voluntary parent led committee that has been registered since 1973. The preschool employs 5 members of staff that have from 3 years to 12 years' experience with the preschool. Children are eligible to start when they are 2.5 years old and will leave when they start full time education. Fees for the preschool are currently £3.70 per hour. The preschool opens term time only from 9.15am to 12.15pm and now offers to 2.15pm (parents/carers provide a pack lunch) for the over 3's, which allows parents/carers to claim their full 15 hours of government funding. The pre-school adheres by the Statutory Framework for the Early Years Foundation Stage (2014) and aims to allow children to have as many experiences as possible in a fun and informal way to help them to become confident and independent learners.

Women's Institute: Monday Evening (2nd Monday of the month)

Don't worry there is no jam & Jerusalem in Moulton's W.I. just a friendly group of women all ages who have a get together once a month. There are regular speakers, coach visits and an

annual BBQ as well as demonstrations to observe and then have a go at. Some of the meetings are open so that members of the public can also attend to enjoy interesting speakers relating to a variety of subjects

Just come along and see what you think, no pressure, you are welcome as a guest or join as a member.

Moulton Minis: Tuesday Morning

A group of parents of babies and toddlers meet every Tuesday morning from 10:00 until 12 noon and as well as providing an informal place to make friends, chat over a coffee, discuss issues and exchange advice, there are official speakers etc. If you would like to join please contact Chris on 552358 or just come along!

Healthy Walkers: Tuesday Morning

Every Tuesday morning a band of hardy walkers meet at the hall at 10 am before setting off on an organized walk out of the village - a different route every week. If you would like to join them or would like more information please ring Ron on 751869.

Cubs, Beavers & Scouts: Tuesday Evening

Cubs Beavers & Scouts meet every Tuesday evening from 6 pm until 9 pm if you are interested in your child joining or would like further information please ring Geraldine Law on 750845

Dog Training Classes: Wednesday Evening

Is your dog obedient? Does your dog need training? A regular 2 hour class runs on a Wednesday evening in the hall from 7 pm – 9 pm organised by professional trainer Suzanne Hough of K9. If you would like to participate with your dog please contact Sue on K9magic@btinternet.com

Pilates: Thursday Morning

A Pilates class is held every Thursday morning at 9:15 am for an hour so if you would like to limber up with Alison come along and join in. For further information please contact Alison on Alisonwilson6@hotmail.co.uk.

Upholstery: Thursday Morning

Interested in craft? Danny holds an upholstery class every Thursday morning for 3 hours, from 10:30 – 1:30 pm, anyone can join, beginners to the more advanced. You just take a project to work on and Danny will teach you to reupholster it completely. Danny teaches both antique and modern techniques. To save your time you can buy all the materials from Danny (except foam) to re-upholster your project (saves time) but you are welcome to source your own materials if you prefer. The cost is £100 for the 12 week course. If you want any more info please contact Danny 07840777053

Bridge: Thursday Afternoon

Do you enjoy a game of bridge? Then why not join the Moulton Bridge set on a Thursday afternoon in the hall 2 – 4 pm. For more details please contact Graham & Pauline Burford on 6661642

Badminton: Thursday Evening

A group of friendly folk meet every Thursday evening between 8 – 10 pm to play Badminton The group urgently need some more players! So if you have played in the past and would like to take it up again or you are new to the game please come along, you are assured of a fun time and some exercise! Please contact Yvonne on 750547 for more details!

Carpet Bowls: Friday Evening (Every two weeks)

A new carpet Bowls group has recently started on a Friday evening (every 2 weeks) Participants have a great evening and also play other local teams.

If you have never played before or would like to start playing again do come and join in! for more details please contact Dick Marshall on 750488

Youth Club: Friday evening (every two weeks)

Youth Club is back! Every other Friday evening 7:15 – 9 pm. There is lots to do with your friends. Open to 9 year olds (current school year 4) up to 13 year olds (current school year 8) Entrance £1 but bring some money for the tuck shop! For more information please contact Lara Briggs on 551835.

Dance Studio: Saturday

If you are interested in one to one dance classes held in the hall on a Saturday morning please contact Rachel on rachel@dancexcelacademy.co.uk

Panthers Youth Football: Saturday & Sunday mornings

Panthers youth football teams train and play football league games most weekends from 10:00 am on the playing fields. They use the hall facilities including the kitchen to make refreshments which they sell to raise funds for the teams. If your child is interested in joining either the U10's, the u13's or the u15's team please contact either Nicola Talbot on 552358 or Steve Wilson on 07538241521.

Moulton Vets Football: Sunday morning/afternoon league

The village has an adult football team that train and ply in a Sunday league and use the hall facilities. If you would like to join this elite fit team(!) please contact Steve Wilson on 07538241521.

For any other bookings please ring Jill on 01638 551851

Having a party, a reunion, a celebration
or simply a meeting



Why not hire the Village Hall?

Please contact Jill on 01638 551851 or e-mail: bookingsMVH@moultonsuffolk.co.uk

Moulton Millennium Club

The MMC was originally formed to organise the new year events for 2000 (hence the name). Following on from that success the MMC has gone on to organise further New Year parties, the Fun Day and to fund raise for the benefit of Moulton village clubs and organisations.

The AGM of the MMC will be held on Monday, 6th October 2014, 7.30pm in Moulton Village Hall. All village residents are very welcome to attend.

Nominations for the election of officers should be sent to Liz Burch either by email liz.daleburch@btconnect.com or telephone 01638 552055.

Following the AGM there will be a discussion about future events. We would welcome suggestions from village residents as to what type of fund raising events would be popular.

Suggestions so far have been:-

Car rally/Treasure Hunt

Family Rounders match followed by BBQ on Village Green

If you are unable to attend the AGM suggestions may be emailed/telephoned to Liz Burch, as above or left in Moulton Post Office.

We hope to hear from you !



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But there are steps you can take to reduce the risk of your catalytic converter being stolen.

- Park your vehicle in a locked garage when it's unattended
- If it's not possible to garage your vehicle, park it in a busy well-lit area as close to your property as possible
- If you see anyone working under vehicles, and they are acting suspiciously, report it to the police
- For business fleets, consider; Good quality, strong perimeter fencing and try defensive parking (If you have a fleet of vehicles, block those with high ground clearance using vehicles with low clearance to obstruct access underneath the vehicle). Install and monitor CCTV and / or compound alarm systems
- Mark your catalytic converter with a marking and registration system
- If you would like more information on events in your area contact your local SNT by calling the Suffolk Police non emergency number **101**

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Panthers Football Club September 2014

The new football season is due to start any time now, and the teams have spent the last few weeks training and getting back to match fitness after the summer break. In the next Moulton Matters I hope to let you know how the teams are getting on.

We currently have about 45 boys and girls that play at either Under 15, or Under 13 for Cambridgeshire Colts League and the Under 10's play in the Cambs Mini League. All teams can be seen most weekends on Saturdays and Sundays either playing matches or training on the Moulton playing field.



But this would not be possible without all our coaches and the sponsorship from Mike and Kathy at Moulton Stores, Genix, and Wilson Physiotherapy Ltd and Race Right. So a BIG THANKYOU!!! But we are still looking for new sponsors, if you would like to sponsor a team kit, Jumpers or any kit/training equipment to support your local youth teams we would love to hear from you. For more information please contact nicola.talbot1@tiscali.co.uk

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Moulton Community Choir



The highlight of this year must have been our very successful end of term concert in Moulton Church which raised a total of £266 –75p for church funds and the choir. This was attended by an appreciative local audience who were treated to an eclectic mix of

music including a medley of Songs from 1914 and some comedic interpretations of the Bond Themed songs. We also bid an emotional farewell to our brilliant Musical Director of the past three years, Judith Fisher, and surprised her with our impromptu rendition of “We’ll Meet Again” at the end of the concert.

Everyone was then refreshed by a delicious mini banquet of savouries and sweets prepared by the choir and accompanied by glasses of chilled Pimms.

We also performed at a further three concerts during the summer.

These included singing for the Gazeley festival, Cheveley WI and a delightful Wedding held in Cheveley church last month. The feedback for all these performances was very complimentary and encouraged by this we are looking forward to our next outing across the county border into Essex to sing at The Great Bardfield Harvest Festival in October.

The Choir has also been invited to sing at the annual Charity Carol Festival at Tattersalls in December and The Open Door service in Newmarket on December 1st and we will be resuming our rehearsals later this month to prepare for these performances.

We are always ready to welcome new members and for further information about the Choir please contact Marian Brown on 01638 552953 music@thebrownfamily.com

MOULTON OIL ORDERING SYNDICATE

For our last oil order, in June, we managed to get a price of 51p per litre, and prices were quite low at the time. We are about to place the 8th September order, and it looks as though the price will be around the 50p mark.

We badly want to get more support from you all ! its not just a question of getting you a lower price, as you know – its very much about reducing the lorry traffic through the village too !

There are nearly 400 houses in the village, but our very best order had only 56 individuals ordering – our worst was 18 ! which seems a pity, as we are now ordering 9 times this year to try and fit in with all your different ordering requirements – in the early days we only used to order five times a year.

MAKE A NOTE OF THE DATES BELOW, one of them must suit you? Do try and join us this Autumn.

8th SEPTEMBER

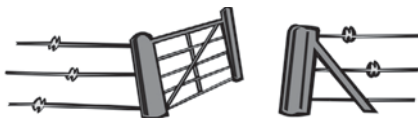
6th OCTOBER

3rd NOVEMBER

1st DECEMBER

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Moulton Walking Scene

Moulton Wanderers

Meet 10am at Moulton Village Hall on Tuesdays. Distance and routes are determined by the ability of walkers and prevailing conditions.

New walkers should contact Ron Wallwork on **01638 751869** or **rwallwork4@sky.com** in advance of any walk they would like to undertake.



The group from time to time arranges 'Special Walks' and information about them will be posted at Moulton Village Hall. Below is a picture of group members on a 'special' in early summer taken at the world famous Tower Bridge, the start and finishing point of the London Bridges walk.

Moulton Wanderers is an uninsured group that embraces the principles of health walks, but as an independent group is not subject to restrictions that apply on some Health Walks.

Anyone wanting information about the Moulton Wanderers or would like to try Race Walking should contact Ron Wallwork at rwallwork4@sky.com

Moulton Suffolk Moulton Village Website



Please remember that the Moulton Matters is available on the village website:
<http://www.moultonsuffolk.co.uk>

COME AND JOIN IN THE FUN



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Saturday 1st November 2014

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Giving Nature a Home at RSPB Lakenheath Fen (Revisited)

Over the last year or so, my colleague Sammy Fraser and I have used these articles to demonstrate how the RSPB gives nature a home here at Lakenheath Fen and in the surrounding Brecks. Our latest project here has been the construction of three raised plant beds on the visitor centre lawn. Similar to our new hide, Mere Hide, they were funded by the very generous grant of £55,000 that we received from Waste Recycling Environmental (WREN) in December 2012.

The idea was to use each bed to showcase the plants that are found in the key habitats on the reserve. There would be a sandy Brecks bed, a boggy Fens bed and a soggy pond bed. This would be complemented by an additional bed underneath the office window. This would showcase a selection of wildlife friendly plants that visitors could plant in their gardens.

Construction began in late-August last year and through the winter. If I fast forward a year to a very soggy August Bank Holiday Monday, here is what I can see if I look out of the office window:

The “left-hand” bed is the sandy Brecks bed and is dominated by the strikingly tall blue flowers of viper’s bugloss. They are supplemented by local rarities such as spiked speedwell, quaking grass and Breckland thyme.

The “middle” bed is probably the bog bed and is probably the most eye-catching one of the lot. It is currently a riot of colour with vibrant purple loosestrife, fragrant water mint and tall hemp agrimony. It also contains marsh pea, a rare plant that used to be found down in Botany Bay at the far end of the reserve. The National Trust’s Wicken Fen nature reserve is “the” place to see this plant in the Fens and it is best looked for in June and July.

The “right-hand” bed is the pond bed and is definitely the most popular one with children. Not only do pond skaters and whirligig beetles whiz around the water’s surface, the pond is full of water lilies. Children seem fascinated with prodding them and watching insects like red-eyed damselflies landing on them.

To complete the picture, we have the wildlife friendly gardening bed that is conveniently situated underneath our office window! This is currently dominated by several tall sunflowers and an imposing Greek mullein. It is extremely popular with butterflies and other pollinating insects and really brightens up the entrance to the visitor centre. For more information about wildlife friendly gardening, please visit the Giving Nature a home website: <http://homes.rspb.org.uk/>;

By the time you read this article in October, the plant beds will look very different as we head into the autumn. It is well worth coming to see them, as they really help to showcase some of the weird and wonderful plants and animals that call the reserve home. Why not come and discover them for yourself?!

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Communications Officer
RSPB Lakenheath Fen

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Chairman	John Derry	552809
Deputy Chairman	Richard Marshall	750488
Treasurer	Jerry Goodwin	551851
Bookings/Secretary	Jill Goodwin	551851

Jill Goodwin is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Jill on 01638 551851 or e-mail: bookingsMVH@moultonsuffolk.co.uk

**If you are interested in joining a group or activity,
set out below are the names and contact details you will require:**

Monday	Pre-School	09.15	Pauline Paines	07905 786303
Monday	W.I. (2nd Monday)	19.30	Andrea Bignall	01638 751531
Tuesday	Toddlers	10.00	Chris Prosser	01638 552358
Tuesday	Healthy Walks	10:00	Ron Wallwork	01638 751869
Tuesday	Cubs/Beavers/Scouts	18.00	Geraldine Law	01638 750845
Wednesday	Pre-School	09.15	Pauline (as above)	
Wednesday	Dog Training	19.00	Sue Hough	07836 624684
Thursday	Pilates	09.15	Alison Wilson	07752 360 839
Thursday	Upholstery	10.30	Danny Niven	07840 777053
Thursday	Bridge club	14.00	Graham Burford	01638 661642
Thursday	Badminton	20.00	Yvonne Slater	01638 750547
Friday	Pre-School	09.15	Pauline (as above)	
Friday	Youth Club (2wkly)	19:15	Lara Briggs	01638 551835
Saturday	Panthers Football	10.00	Nicola Talbot	01638 552358
Sunday	Panther/	10.00	Steve Wilson	07538241521
Sunday	Veterans	10:00	Steve Wilson	07538241521

Telephone Directory

MEDICAL

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Local County Councillor (Lisa Chambers)	01638 552716
Local District Councillor (Carol Lynch)	01638 751888
Moulton Parish Council (Bill Rampling – Chairman)	01638 552631
Moulton Parish Council Clerk (Lorraine Stone)	01638 720971
Newmarket Town Council	01638 667227

MOULTON VILLAGE

Moulton Matters	01638 551851/552631
St Peters Church (Rev Stephen Mitchell)	01638 552630
Village Hall Bookings (Jill Goodwin)	01638 551851
Village Shop (Mick & Kathy)	01638 750242
Village Bulk Oil Ordering Scheme (Tony Franklin)	01638 552958
Village School (Naomi Snowdon – Head Teacher)	01638 750236
Village Website (John Scott)	01638 552820
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