



Moulton Matters

Packed with Village News

Summer 2021

LOOK INSIDE

Callum's success
Parish Council News
Church News
Shop News
Farewell my friend
Oil ordering
Luncheon Club
Moulton in bloom
RSPB
School news
Wildflower gardens
Murphy's view
Speedwatch
Choir news



Luncheon Club



Congratulations! Callum is off to the Olympics



The whole village send their very best wishes to
Callum for a successful event.

Watch the race live on the big screen in the Village Hall

Contents

Page 5	Parish Council News	David Almond
Page 6 & 7	St Peters Church News	Anne Garmston & Bob Saltmarsh
Page 9	Farewell my dear friend	Pat Rule
Page 10	School News	Mrs Shipp
Page 11	Moulton in Bloom	Jill Goodwin
Page 12	View from the hill	Marian Brown
Page 13	Shop news	Harriet Mills
Page 15	From the Vicarage	Rev. Childs
Page 16	Half Cut pantomime	
Page 17	Grass seeds	Ashtree Vets
Page 18	Walkers	Ron Wallwork
Page 19	Congratulations to Callum Wilkinson	
Page 20 & 21	Village photos	Viv Houghton
Page 23	Preschool	Amy Edge-Bovair
Page 25	Luncheon Club	Lisa Rampling
Page 25	Speedwatch	Tim James
Page 26	Wildflower gardens	Anne and Jeff
Page 26	National Garden Scheme	Liz Mavroghenis
Page 27	Choir	Marian Brown
Page 28	Oil Ordering	Leslie James
Page 28	Farewell and Welcome	Lisa Rampling
Page 29	Tools with a mission	Lisa Rampling
Page 30	RSPB – Lakenheath Fen	Heidi Jones
Page 31	RSPB Dragonflies	Heidi Jones
Page 32	Parish Council Contacts	
Page 33	Telephone Directory	
Page 34	Moulton Village Hall	

Last month we wondered if the end of lockdown was in sight – well it appears that the 19th July is the end of lockdown although we will still have some precautions to keep. Let's keep our fingers crossed that it is and that we continue to overcome the coronavirus.

We hope that by the next edition in the autumn we will have more village news. We especially hope that Callum does well at the Olympics. Whatever his result is, he is a remarkable young man and has done extremely well to get this far so we send him all our very best wishes.

If you have an advertisement or an article you would like to submit for this newsletter we publish them quarterly. Please ensure that articles reach us by the **24th September** for distribution in the first week of October.

For advertising rates please check out our Village website. <http://moulton.onesuffolk.net>

Lisa Rampling 552631 and Jill Goodwin 551851



NU PLAN

Builders

est. 1978

B A Jones

G Jones

45 Edinburgh Road
Newmarket Suffolk CB8 0QE
01638 751176
07734 795381 07734 795382
info@nu-planbuilders.com
www.nu-planbuilders.com



Pest Solution

The answer to all your Pest Problems

Free surveys

Member of the National Pest Technicians Association

Rats, Mice, Wasps, Squirrels, Moles, Rabbits, Cluster Flies, Fleas, Bed Bugs, Moths, Carpet Beetles, to name a few!

Unit A6 Risby Business Park, Newmarket Road, Risby, IP28 6RD

01638 280205

info@pestsolution.co.uk
www.pestsolution.co.uk

N. J. Taylor

Carpentry/Joiner

Property Maintenance

Painting General Building

Ceramic Tiling

City & Guild qualified with
over 30 years experience

Tel: 01638 743018

Mobile 07880 877262



Carpet Cleaning & Stone Floor, Upholstery, Rugs

A few points that make us stand out,

Rothwell's has been in business since 1993

We're an honest local family firm.

Our large truck mounted machines mean
more cleaning & drying power
for the best results possible.

Members of both the NCCA and TACCA.

We will move the furniture.

100% satisfaction or it's FREE.

*Call Oliver and Max Campbell
for expert help today.*

01638 428 060

www.Rothwells.biz

MOULTON PET SITTERS

FOR PETS WHO
LIKE THEIR HOME
COMFORTS

BESPOKE PET SERVICES.
INCLUDING DOG WALKING AND
CHECKING PETS AT HOME.

Contact: John & Jackie Chapman

(01638) 454881

Fully insured and licensed by West
Suffolk Council

www.moultonpetsitters.co.uk

Suffolk Maids

The Housekeeper Register

Domestic Cleaning & Ironing Service

Established May 2006

At Suffolk Maids we use our register of
reliable local housekeepers to provide
cleaning and ironing services to homes
regularly each week.

**Personal Housekeeper
Fully Insured**

All for less than £12 per hour.

For further information please call:

01284 811777

Visit our website at:

www.suffolkmaids.co.uk

Use 'Text Back': **07521 644373**

Parish Council Update

West Suffolk Council's Local Plan - Summary of some Key Points

Joanne Kirk, our temporary clerk produced the following update on the Local Plan to our last PC meeting.



A local plan provides a vision for the growth and development of an area and policies, which set out the way that the plan aims to meet the housing, employment, social and community needs of an area while at the same time protecting and enhancing the natural, built and historic environment.

It is a statutory requirement that local authorities produce a local plan for their area and keep it up to date.

The first phase of a Local Plan was for West Suffolk Council to prepare an evidence base. Part of this process involved a 'call for sites' where landowners put forward land that they feel may be suitable for development. West Suffolk Council describes this as a landowner's 'wish list'.

It is important to note that no decisions have been made on whether the sites in this document will necessarily be taken forward to the next stage of the local plan as a preferred allocation to meet the district's housing requirement.

Another part of the process is for West Suffolk Council to prepare a **settlement hierarchy**. A settlement hierarchy categorises settlements according to the range of services and facilities they offer, reflecting their level of sustainability.

West Suffolk Council has identified six potential types of place for West Suffolk in the draft hierarchy, from most to least sustainable:

- Towns
- Key service centres
- Local service centres
- Type A villages
- Type B villages

Moulton has been categorised as a **Local service centre**. As a minimum, local services centres will have a primary school and a convenience shop. These settlements tend to have a few of the key services and facilities. The opportunity for site allocations will be explored through the local plan. We do not know yet how many houses a Local Service Centre will be expected to accommodate.

In October 2020, West Suffolk Council carried out its first consultation – The Issues and Options consultation. Communities were asked to provide feedback on how they think the Local Plan should shape the future of West Suffolk to 2040.

West Suffolk Council will review all the comments received as part of the Issues and Options Consultation and identify how much development should place and where it should go. They will prepare the **Preferred Options** draft of the plan. At this stage we will have more information about which sites will be put forward in Moulton and how much new housing Moulton is expected to accommodate. This consultation for this stage will take place in January 2022. The final plan is not expected to be approved until 2024.

David Almond - Chairman

Church News from St Peter's

Our Sunday pattern of services has followed the Worship Diary since Easter, and the details are on the Gate Notice Board and in church on the visitor table. The weekly Newsletter is also displayed which will update you as to services and activities across our **Kennett Valley Group of Churches**. If you wish to receive this Newsletter via email please email: anne.garmston2@btopenworld.com

At our **Group Communion** on May 30th Trinity Sunday, Archdeacon Sally Gaze Re-Commissioned Simon Gash as the Lay-Elder for our churches. His service to our group during the last three years has been outstanding, his practical advice and support to the Group Council during the interregnum was much appreciated. The actual service was held at St Stephen's in Higham in the sunshine! Worshipping outside made this a unique experience.

Our Family Service on June 6th at Moulton, by coincidence, was also outside in the sunshine. The thrill of sharing hymns, readings, preaching and prayers with God's beautiful creation all around us and 'up-close' lifted our spirits. We enjoyed the after-service fellowship with refreshments in the churchyard. Following our Holy Communion Service June 20th we also shared refreshments, socially distanced, but the chance to talk and listen to each other was special.



The services in July August and September will be

1st Sunday Family Service 10.45am

3rd Sunday Holy Communion 10.30am

On Sunday 26th September we will host the **Harvest Festival Group Communion at 10.30am**. You are most welcome to join us anytime.

~~~~~

## COVID HAS AFFECTED EVERY FAMILY ON OUR PLANET!

Everyone in the world has endured the spectrum of misery created by this horrid virus. Covid punched a massive hole through the life of every family on the globe. But whilst vaccination begins to make a difference here in the West, it is clear that those other members of our "Global Family", in the East, and South (and elsewhere) are presently experiencing further horrendous waves of suffering.

Resonating with such anguish, Ian Garmston, Peter Appleton & Anne Garmston are planning a **short prayer event, at St Peter's Moulton on Wednesday 7 July 2021, commencing at 7.00pm**.

We will be thinking and reflecting about the impact of Covid on every family in the world and praying for our global family as it manages the pandemic.

All Welcome!

~~~~~

We Share this Prayer with you now.

Sovereign God, the complexity of your creation is always revealing itself to us in unexpected ways. An element of the natural world has collided with our human family across the globe. This coronavirus swept its tsunami of awfulness into the hearts, minds and bodies of all peoples in every nation. We have felt bewildered, uncertain, and still frightened at the prospect of more suffering. The hideous progress of this pandemic has left governments reeling and wrong-footed. The prophets were there, speaking of this pending catastrophe. They were not recognised or listened to. Instead, countries around the world elected new governments, politicians dismissed the indicators and built their new visions for this new century. The cost to your humanity is massive. We all share some part in this seismic upheaval. We pray this evening for fresh understanding of how to safely move forward out of this 'locked-in' existence. Open our hearts to your wisdom.

Creator of this world and **Saviour** of mankind, grant us better acceptance of this changed reality, and open our thinking to see different ways forward through these challenging times.

Lord in your mercy - hear our prayer.

~~~~~

### **From Bob Saltmarsh – Church Warden**

First of all apologies to those offended by the graveyard not been mown over recent months, unfortunately the previous contractor did not let us know that he was leaving and it became difficult to find a contractor willing to take it on. I am pleased to say that we have now found someone to do this. Those who would like to help strim the old churchyard one Saturday in a July are welcome, there will be spare petrol strimmers available, see proposed dates below, though dependant on weather conditions. If you do not want to strim there is plenty of Ivy to be removed from the church walls.

This previous year has been a difficult one for many due to Covid 19, it has seriously affected our income and it will be difficult to meet our commitments. We have had very few services in the Church, Weddings one and Funerals very few only in the latter months. Donations are always welcome there are many ways to donate one of which is by standing order, for details please contact Bob Saltmarsh on 01638 750190 or [bob.saltmarsh@btinternet.com](mailto:bob.saltmarsh@btinternet.com). Donations of whatever size can be made monthly, quarterly or annually. Cash donations can be left in the donations box in the wall to the left of the North door, or left with Bob at Rose Cottage, Dalham Road. It will be a great loss to the community if we lose the Church because we cannot pay our bills.

Further dates for your Diaries:

**Saturday 17<sup>th</sup> July** – Churchyard Strimming Party starting at 9.00am, if you have one please bring a petrol strimmer, there will be some that can be borrowed on the day.

**Friday 3<sup>rd</sup> December** – 'Quiz night with Fish & Chip Supper' – see posters and fliers for further details.

**October (date to be announced)** – A talk on the 'Conservation of Oil Paintings' by Polly Saltmarsh.

Best wishes to you all

Anne Garmston 01638 751188 & Bob Saltmarsh 01638 750190



**JACKSON-STOPS**

PROPERTY EXPERTS SINCE 1910

## THINKING OF SELLING OR LETTING YOUR PROPERTY?

Please contact **Ed Russell** BSc (Hons) MRICS  
**01638 662 231 / 07780 450020**  
[ed.russell@jackson-stops.co.uk](mailto:ed.russell@jackson-stops.co.uk)  
[jackson-stops.co.uk](http://jackson-stops.co.uk)

### **Podiatry/Chiropody**

## **SUE HART**

BSC Hons, MCHS  
HPC Registered CH.12573

**Evening and Daytime Appointments**  
Clinic or Domiciliary

Treatments:  
Chiropody foot care  
Biomechanical assessments  
Prevention of lower limb conditions  
Diabetic, vascular and neurological assessments  
Fungal infections

**Clinic 01638 555187**

**Mobile 07710155409**

[susie.harty@googlemail.com](mailto:susie.harty@googlemail.com)

15 Newmarket Road, Moulton, CB8 8SS



# **R. Marshall**

**MCIPHE RP**

**Heating and  
Plumbing Engineer**

**Builder**

**9A Chippenham Road**

**Moulton**

**CB8 8SN**

**Tel: 01638 750488**

**Mobile: 07985 303958**

## **Dale Burch and Sons Ltd Painters and Decorators**

24 Maltings Close, Moulton  
Newmarket CB8 8ST

We are a family run business  
with over forty years in the industry

- Free estimates
- All aspects of interior and exterior decorating
- Advice on colour schemes and wall coverings
- Personal Service

Please contact us to discuss your requirements

**01638 552055**

[daleburchandson@gmail.com](mailto:daleburchandson@gmail.com)

### **Farewell my dear friend ...**

As many people may have realised, I lost my dear old horse Cyrano's Lad recently at the grand old age of 32 years. I just wanted to say thank you to everyone who have sent cards or stopped to say how much they will miss him and how their children and grandchildren enjoyed talking to him. To all those who he splatted his grass over I am sorry but in old age his teeth were not the best!



He was a very special and kind horse and was a large part of my life for the last 22 years. Beauty is missing him so please all give her a stroke as you pass by the field.

This article was due to be published in the last Moulton Matters but an error occurred at the printers and hence it was omitted. I can now tell you that Beauty has a new companion called Smarty who came from just outside Kings Lynn. Whilst Beauty is a fell cob cross, Smarty is a dales cob cross. After initially chasing each other around for a couple of days they now seem very happy together.

Pat Rule

## Moulton School

We find ourselves approaching the end of the school year, and what a year it has been! I feel extremely proud of our school community, who have been brilliant whilst we adapt and implement plans to ensure that we keep everybody safe. Our pupils have surpassed our expectations, definitely earning themselves a summer break!

One of the highlights of this half-term was the Y5/6 residential. Mrs Gilmore, Miss Rutter, Mrs Offley and Miss Spinks took the children to North Norfolk for three days, where they went on monster hunts, did team building activities, beach activities, bowling, hikes, and a host of other adventurous pursuits.



We are looking forward to meeting our new reception children in the next few weeks. We have had to resort to plan B (virtual meetings) for the parents' information evening, but we are delighted to still be able to invite our newest children into school.



Sadly, our PTA summer fair cannot go ahead, but the team is busy making plans for a summer raffle, which will hopefully raise funds. We are really grateful for their continued hard work and support. One of their recent fund raisers was a recipe book, from which we have already had lots of positive comments (my mum's shortbread recipe is in there!) Do let us know if you would like to buy one.

I hope that all readers are keeping well, and I look forward to updating you with school news in the autumn term.

Take care.

Mrs Shipp



## Moulton in Bloom



A very big thank you again to Dorothy and her small team of helpers for clearing all the dead spring flowers from the troughs and beds and bringing the village to life again with a sea of colour from the summer flowers.

To enable this transformation the village not only needs volunteers like Dorothy's team but also financial help, so a very big thank you to the Luncheon Club who donated £200 to buy the summer plants. A big thank you as well to everyone who puts their loose change into the 'Improve Moulton' red bucket on the shop counter – over £100 has been raised recently and this sum was also donated to buy summer plants. If you would like to donate money to the cause please use the bucket in the shop. Small amounts soon add up!

### Watering

Now the plants are in, we need to keep them alive so if you live near a trough or bed of flowering plants, please help by watering it – little and often. The main crossroads bed needs water too so if you have time there is a hose that runs from the village hall tap across to the beds – contact Jill or Dorothy for instructions. Your help will be greatly appreciated.  
Thank you.

Jill Goodwin

## Murphy's Lockdown View from the Hill 2021



Well, what a very strange year this has been but as you can see from the photos I have been making the best of it as usual. I never cease to be amazed and cheered by the ever changing kaleidoscope of nature's colours throughout the seasons. Within my own field locality I have unfortunately lost three of our mature overhanging trees in gales. A massive willow fell and filled the whole width of the field back in January. Luckily I wasn't grazing under it at the time! However I'm not one to ignore a tasty treat coming within my range and much to "Her Indoors" consternation I proceeded to try and strip all the delicious analgesic bark from every fallen willow branch and trunk Yum Yum! I didn't have a headache for a week at least! Later in the summer we also lost a beautiful flowering cherry, so for the first time in years I won't be able to stand beneath its swirling clouds of rosy blossom in April. I always think I looked extra fetching adorned with a flurry of pink petals. I'm sure you agree!

During the summer I was also treated to the delightful strains of Al Fresco violin tuition taking place in the garden. The heady aroma of mouth-watering Bar-B-Qs wafting up the hill on summer evenings was also a bonus although as a confirmed lifelong vegetarian I suppose I shouldn't have been influenced by such intoxicating smells.

Throughout the year I have noticed so many extra birds singing and nesting in the vicinity thanks no doubt to the adjacent greening field and newly planted protected wildlife corridors of wildflowers and Sunflowers higher up the hill. The Skylarks, English Partridge, Pheasants, Owls, Greenfinches and waffling Woodpeckers have entertained me with their various songs/calls for many months. Not to be outdone by nature's tuneful harmonies I have taken to nocturnal vocal sparring with intrusive visiting Muntjac stags which inevitably encourages the raucous Guinea Fowl Choir to join in a truly great cacophonous overture to disturb my human neighbours slumbers! Eee Aaw! I do feel however that this is ecologically beneficial as I'm sure it serves to deter night-time raids on neighbouring feathered friends by a certain Monsieur Reynard.

The night skies have seemed somehow clearer during the past few months and I been privileged to witness meteor showers on more than one occasion, resplendent under a seemingly endless canopy of twinkling stars. I have also stood out in warm summer sun, copper swirling spirals of burnished autumn leaves, deep crispy snow with iced up water buckets, and marvelled at the beauty of some scintillating hoar frosts that only recently adorned otherwise naked trees branches and skeletal asparagus foliage. How lucky am I?

I am still a great admirer of both the fair weather and all weather walkers, runners and cyclists on the hill who brave most of the elements nature throws at them to maintain their physical and mental fitness.

I am looking forward to the results of all the planting –Her Indoors -has been doing during the last year although I am always a bit disappointed that none of it seems to be of an edible equine variety. I maybe need to venture further afield along the delicious looking roadside banks with their heady profusion of greenery later on in the year. I'm still not quite sure about coping serenely on a lead rein, like my apparently angelic predecessor Jerry, with the amount of speeding traffic up and down the hill Before that however I have to endure the dreaded visit from the fearless farrier who still persists in regular appointments to trim my hooves, despite my unnecessarily obnoxious behaviour towards the poor innocent fellow.

Keep safe and well everyone and enjoy the following Spring and Summer months with hopefully less restrictions.



# Village Shop & Post Office



Three months on and we are still rocking and rolling at New Moulton Stores, keeping up the old along with the new! The Mr Whippy machine is on its umpteenth year and thriving. Each day when school is out it works hard to give you all an end of day treat. Chocolate flakes, colourful sprinkles, the bluest of blue bubble-gum sauce – you love it!

While we fight against the heat, the fridges do their job in providing you all with ice cold refreshments and, later, beer and wine to enjoy in the evening sun. Nicky Swinburn's local home-cooked frozen meals are still flying out of the freezer and being thoroughly enjoyed. Keeping things local, the new cheese selection from Cambridge Artisan Cheese has gone down a treat. Many of you have loved The Truffle One, The Charcoal One, The Vintage One and many more along with Gluten Free Crackers of Water Crackers and the variety of chutneys. Lovely!

Another newbie that can't be missed is the brand-new coffee machine to supply the increasing demand for our lovely coffee. New beans mean we have gone one grade up from what you already loved before and it even pours two beverages at once which, along with our other machine, will lessen the wait time on busy Saturday mornings when football is on (or busy every morning when you're all rushing to work). The machine also has the option of iced coffees which you can enjoy outside in our lovely new glasses. Aren't we getting posh?

The B&B developments are also well underway as are the finishing touches on the garden ready for more space to eat, drink and relax.

So yes, as busy as we are, with everything happening at once, we are still very proud to be New Moulton Stores!

**Harriet Mills**





# Have you heard? **We've moved!**

Find us at our new address:  
Audiology House (Cambridge)  
15 Woollards Lane  
Great Shelford  
Cambridge  
CB22 5LZ



Independent audiology  
experts you can trust



Hearing  
Assessments



Ear Wax  
Removal



Hearing  
Aids



Tinnitus  
Solutions



**BOOK ONLINE**

[www.angliearhearing.co.uk](http://www.angliearhearing.co.uk)



**01223 661399**

[info@angliearhearing.co.uk](mailto:info@angliearhearing.co.uk)

## From the Vicarage

Thank you all for the warm welcome you have given Wendy and me since we moved into the Vicarage in Gazeley at the end of January. We already feel very settled, and our Jack Russell Barney is much enjoying the garden. I have spoken to many of you on the phone and been pleased to lead worship in St Peters on two occasions despite this situation we find ourselves in. During my walks around Moulton and in the shop I have been pleased to meet many more of you and look forward to being at various events in the summer as 'Lockdown' eases.

Life has been and continues to be difficult for many people. The loss of social contact is acutely felt. Our usual community response to a crisis is to come together to support one another in our locality or as families but that has proved impossible. The physical connections that we all thought were so important have been broken.

As far as I can understand there is a sense that Quantum Physics has shown that 'connections' between sub atomic particles do matter even though they are physically apart. Previously some scientists believed that the world was a huge machine and if a part was not physically connected, it had no effect on the other.

Many of us will have watched historical dramas and noted that people would not speak unless properly 'Introduced' and therefore were properly connected. We have come to a much more fluid way of living today but still we tend to live in our own worlds – of family friends and like-minded people. Its natural. But this Pandemic and its social restrictions has perhaps taught us that even though we have no physical connection and indeed can't have it with friends and family, connections do matter even though unseen.

Quantum Physics teaches us that connections matter and I know that many have made a real effort with those they live amongst to be in contact to enquire as to their well-being and support each other with shopping or just the doorstep conversation. We do not live in isolation. Our actions matter.

In the early months when some struggled with shopping and as many continue to struggle with loneliness quite a few people have made the effort to make the connection with others to see and help them. Some would call it Love – some would see the life death and resurrection of Jesus Christ as the example of that in extreme terms. Some will celebrate with us all at Easter. Please join if you can – or by watching our recorded service.

I hope it goes without saying that I am very happy to be contacted by anyone who feels in need of emotional or spiritual support or for funerals as well as for the usual excitements of Baptisms and Weddings. The telephone number is 429212 and e mail revcchilds@aol.com.

We prepare and distribute a weekly news sheet to many people by email, Church or not and if you would like to be included please be in touch by email. It is open to any organisation to pass information if you feel it can help.

**Rev Chris**





Dear Residents of Moulton

We (Half Cut Theatre) would like to say a huge THANK YOU to everyone who came to support our production of *Twelfth Night* in Kentford in June; we had a wonderful day and, thankfully, the sun shone brightly! Thanks also to James & Kat at The Kentford for hosting us.

But seeing as we've all had to go more than a year without any live entertainment, we thought that touring just one show this summer wasn't quite enough. So...we are delighted to announce that Half Cut Theatre will be returning to Kentford with...

**TREASURE ISLAND**  
**on**  
**SATURDAY 31ST JULY, 3PM & 7PM**  
**at**  
**THE KENTFORD**

*Entrusted with the map to Treasure Island by the drunken Captain Flint, Jim is dragged on a journey laced with danger, shocks and pirates at every turn. But he doesn't have to worry, the ship's cook will look out for him. On the High Seas, you'll never find a more trustworthy shipmate than Long John Silver...*

If you're up for coming on this swashbuckling adventure with us, simply reserve your place for free at [www.halfcuttheatre.co.uk/book](http://www.halfcuttheatre.co.uk/book) and then you **Pay What You Decide** after the show.

This production is suitable for all ages so we would love to see lots of young people in the audience enjoying live theatre and, of course, the bar and kitchen at The Kentford will be open, making this a pub garden experience to treasure (forgive the pun - we couldn't resist!).

See you there!

The HCT team







E: [enquiries@ashtreevets.com](mailto:enquiries@ashtreevets.com)  
W: [www.ashtreevets.com](http://www.ashtreevets.com)

Ash Tree Veterinary Centre  
6 Pilgrim Court Kennett  
Newmarket CB8 8FA



- Brand new purpose built high quality veterinary surgery
- FREE healthy pet check with registration
- Complete professional and friendly service from preventative care to diagnostics and surgery
- LARGE free car park

Call now to book your appointment

**01638 554477**

## It's that time of year again- GRASS SEED SEASON

These pesky little blighters manage to cause a lot of issues this time of year when they find themselves in unfortunate places. Please make sure to check between your dog's toes after walks. Especially if you own spaniels, poodle crosses or anything with very hairy feet and floppy ears! Grass seeds are like little barbed arrows that work their way down into your dog's ear canal, or between their toes and under the skin or even behind their eyelids. On rare occasions the grass seeds have been known to work their way under the skin, and up into your pet's abdomen or chest causing large internal abscesses which can be life threatening. Any swellings or sudden discomfort with their ears, feet or eyes please let us know. If caught quickly these can often be removed whilst your pet is awake, but if they become very well embedded then more in depth treatment can be required under sedation or general anaesthetic.



## Moulton Walking Scene

**Olympic Games Congratulations to Callum Wilkinson** As a fifteen year old nine years ago Callum Wilkinson took part in his first Moulton Five mile walk and was delighted to walk the distance in less than an hour.

**On Thursday 5<sup>th</sup> August in Sapporo, Japan** he will fulfil his lifetime dream and compete on the Olympic stage in the 20km walk.

In the intervening years he has re-written much of the record book, won countless championships, culminating with the World Junior championship in 2016. His self-belief and dedication along with the support of his family has brought him to this point.

**The 20km walk takes place at 8.30am Thursday 5<sup>th</sup> August.**

*Callum proudly wearing one of the most prized possessions in sport – an Olympic blazer.*

The date for the **2021 Moulton Five Mile Challenge** has been, subject to the Covid situation, fixed for Saturday 11<sup>th</sup> September.

**Moulton Wanderers** is operational again after the trials of the last sixteen months. The restrictions made meeting impossible at times, restricted and awkward at others and made socialising which is a major part of walking together impossible.



The walks take place on Tuesday mornings starting at 10am from the Moulton Village Hall or a designated venue, hence first timers should contact Ron Wallwork (details below) who will be glad to answer any questions about the group.

It costs nothing to walk with the group and there is no long term obligation – simply turn up and walk when one feels like

*The picture shows social distance discipline taken in 2020, the one below was taken June 2021.*



**Ron Wallwork 01638 751869 or**  
[ronc893moulton@gmail.com](mailto:ronc893moulton@gmail.com)

**Congratulations!**  
**Callum**  
**is competing in the**  
**Olympics**



Moulton's very own Callum Wilkinson from Maltings Close is representing the UK in the Walking Race event.

**Join us to watch <sup>on</sup> Callum in his race  
of a lifetime on the Big Screen in the  
Village Hall from 8am**

**Thursday 5th August 2021**

Breakfast/Coffee orders will be taken  
during the event and delivered by the  
Village shop

Village photos by Viv Houghton







## THE PACKHORSE INN



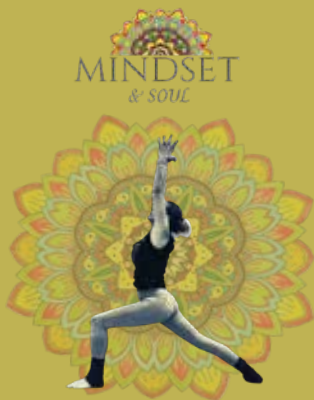
**BOOK OUR SHARING ROAST FOR BETWEEN 4  
AND 6 GUESTS AND ENJOY 2 COURSES FOR £32**

RESERVATIONS MUST BE MADE IN ADVANCE

(FRIDAY 5pm FOR THE SAME WEEKEND)

01638751818 Bridge Street, Moulton, Suffolk CB8 8SP

📱 @thepackhorseinn 📧 packhorseinn 🌐 [www.thepackhorseinn.com](http://www.thepackhorseinn.com)



Looking for a new exercise goal?  
Need more movement in your life?  
Feeling a lack of motivation?

Local Yoga Classes  
1:1 Yoga Classes  
Pregnancy & Teens Yoga  
Mindset Coaching

[www.mindsetandsoul.co.uk](http://www.mindsetandsoul.co.uk)  
[victoria@mindsetandsoul.co.uk](mailto:victoria@mindsetandsoul.co.uk)

### **Whatchores Property Preservation & Environmental**

Brickwork . Flintwork . Repointing  
Lime Plastering . Small extensions . Preservation and  
Restoration work

Reclaimed Bricks Flints . wood .

Agricultural salvage brought and sold

Wildlife Assessment Checks at pre planning  
application stage for proposed sites for household to  
medium developments

Ecological Advise.

Wildlife fencing

Land Management & Wild life surveys

ROLO certificated in health, safety and  
environmental

Liability insurance covered

[www.whatchorespreservation.co.uk](http://www.whatchorespreservation.co.uk)

07711 282639

[email terrystopher@rocketmail.com](mailto:email terrystopher@rocketmail.com)





Dear Community Member

I am writing to you as Secretary of Moulton Pre-School.

Moulton Pre-school has been registered since 1973 and proudly operates from Moulton Village Hall. The Pre-school and staff enjoy an excellent reputation amongst parents, teachers and inspectors alike. The pre-school offers funded places to eligible 2 year olds, and all 3 & 4 year olds.

Over the last year we have seen a decline in support from the community and take up of places at our Pre-School. Fundraising campaigns and events have been essential to keeping the Pre-School going in the past but Covid restrictions have obviously made this impossible. We have received a grant to be able to buy equipment but unfortunately this money cannot be used for running costs and this is why we are running at a loss each year. So many Pre-Schools across the country have already closed due to the troubles caused by both the pandemic and the poorly funded Early Years support given by the Government. We are fighting as hard as we can to keep ours open for the children of our community.

I am writing to you for your support. Our aim is to raise £5,000 a year, which seems like a relatively small amount but will secure the long-term future of Moulton Pre-School. If you or your organisation would be willing to fund a fraction of that now or on a yearly basis, myself, the organisation and all those who benefit from it would be incredibly grateful. If you are able to help please contact [secretary.moultonpreschool@gmail.com](mailto:secretary.moultonpreschool@gmail.com)

We hope to fundraise more in the near future, particularly once the Covid restrictions allow more, and we look forward to welcoming community members into our setting again.

Many thanks for your time.

Best regards  
Vicki Drake

# A1CARS

SUFFOLK (LTD)

24 hour taxi and  
Executive Service  
Airport Transfers

[book@a1cars.co.uk](mailto:book@a1cars.co.uk)

[www.a1cars.co.uk](http://www.a1cars.co.uk)

01284 766 777

Try our new app

Search A1 Cars Suffolk on the App store or Play Store



Local, Professional Computer  
Help and Support

[www.squeakymouse.com](http://www.squeakymouse.com)

01638 640 160

[support@squeakymouse.com](mailto:support@squeakymouse.com)

**UPT**  
UPPER CUT THEATRE


★★★★★  
"GLITTERINGLY ENTERTAINING... RICHLY FUNNY"  
Sardines Magazine

# TREASURE Island




BY ROBERT LOUIS STEVENSON  
ADAPTED BY HALF CUT THEATRE  
SATURDAY 31<sup>ST</sup> JULY  
3<sup>PM</sup> & 7<sup>PM</sup>  
THE KENTFORD

**TICKETS  
PAY  
WHAT  
YOU  
DECIDE**  
AFTER THE SHOW

TO RESERVE A SPACE VISIT  
[WWW.HALFCUTTHEATRE.CO.UK/BOOK](http://WWW.HALFCUTTHEATRE.CO.UK/BOOK)  
OR CALL 01952 954058

 BURY ROAD,  
KENTFORD,  
NEWMARKET,  
CB8 7PR

TO BOOK

 HALF CUT THEATRE  @HCFUTTHEATRE  @HALFCUTTHEATRE



## Luncheon Club

On behalf of the Luncheon Club committee, I hope all the regular guests have been well over the past months.

As regular attendees know the aim of the Luncheon Club has been to get together, make friends or to renew friendships whilst enjoying a delicious lunch. Anyone of any age living in the village or with strong ties to the village has been welcome to come along and enjoy a lunch with us. We have regularly met at 1.00pm on the last Tuesday of each month except for August and December.

We were disappointed not to have been able to resume the Luncheon Club sooner but I think everyone will agree it was the right decision in the circumstances. None of us wanted to risk causing any infection to anyone.

I am delighted to be able to tell you that Yvonne Slater has kindly taken over the management side of the Luncheon Club and therefore the next date for meeting will be 28th September. I am really grateful to Yvonne as otherwise it would not have been possible to continue. As we all know running any club or meeting often needs support from other people, not just the committee. So, I am hoping that the usual people who come along and help to set up the tables, clear away, and sweep the floor will be able to continue. However, please do get in touch with Yvonne if you can help in any way. I know she will be very grateful, especially as September will be the first meeting after so many months.

Also, as the income from the lunch only just manages to cover ingredients and hall hire, we depend on the raffle for income to be able to support other village funds. Dorothy and her group of helpers have recently brightened up the village with flowers which are looking vibrant at the moment. The funding for these is raised not just through Luncheon Club but also through donations made at the shop and from other sources in the village. Please do continue to bring along donations for the raffle. We have been able to offer some fabulous prizes so a huge thank you to everyone.

Stay safe and well.

Lisa Rampling on behalf of Yvonne Slater 01638 750547 weebles65@talktalk.net



## Your Village Hall Needs You!

The Village Hall remains a vibrant busy venue for lots of activities and events but it has to be carefully looked after.

The Village Hall Management Committee meets once a quarter and makes decisions to keep the hall running smoothly on a day by day basis and into the future for the village.

We are looking for volunteers to help on the committee.

Our Annual General Meeting 2021 will take place mid-September and this is when we elect a new committee for the following year. If you are interested in joining us or would like some more information, please contact me either by email [jerryjill99@hotmail.com](mailto:jerryjill99@hotmail.com) or phone 01638 551851. Thank you. Jill Goodwin Secretary/Bookings clerk

## Speed Watch

The team restarted speed watch on the 29th March.

If you are interested in joining, please do contact me.

We are a friendly bunch of people, trying to keep everyone safe in the village.

Tim James 07768798066 or email [timjam@hotmail.co.uk](mailto:timjam@hotmail.co.uk)



# Make Moulton a Wildlife Village!



## Would you like to join Moulton Wildlife Group (MWG)?

Moulton is a beautiful village – can we improve its wildlife potential?

Our Parish Council is supporting a new wildlife group.

We hope to plant more trees and hedgerows, grow more wildflowers and encourage wildlife in practical ways.

As soon as we are able we'll have a meeting to work through ideas and identify where in the village these aims can be achieved.

If you are interested please contact Jeff or Anne Email – moulton.wildlife.group@gmail.com or call us on 01638 750284.



Liz and Peter Mavroghenis extend their sincere thanks to everyone who supported their 5th NGS garden event on 31 May. After a spring of extreme weather conditions, the day itself was glorious allowing over 100 visitors to tour the garden and enjoy a cup of tea and cake in the warm sunshine.

A fantastic £535.00 was raised for the NGS charities and £189.00 for the Moulton Village Hall.

## Moulton Community Choir Lockdown Activities 2020-2021

Sadly the choir has been temporarily silenced and antisocially distanced for over a year now, but in the long interim we have not been creatively or artistically idle. The following round- up, very loosely based in the style of a well - known Gilbert and Sullivan song mentions just a few of the activities we have engaged in during our enforced choral vacation!

### Moulton Community Choir Extra -Curricular Lockdown Activities.

Some have helped the NHS by clapping loud and cheering.  
Others have gone one step more with vaccine volunteering.  
Some have gone “domestic” making meals quite gastronomical  
While one has scoured the night skies seeking all things astronomical.  
Some have tried out yoga just to keep their bodies flexible.  
Found Downward Dog and Dolphin poses keep their muscles stretchable,  
But some in isolation have struggled in perplexity  
With making jigsaw puzzles both of great size and complexity.

Some embracing nature have become perambulatory  
Striding onto unknown routes quite circumnambulatory.  
Others sporting “Fit-Bits” walk with great speed and alacrity  
Although with two long Nordic poles it sometimes sounds quite rackety.  
Some have filled dark winter day with overdue declutterings  
Ignoring vocal protests and matrimonial mutterings.  
One has penned a fishy tale quite autobiographical  
While one has written poetry on subjects geographical.

One has filled her retired hours with studies educational  
Understands declensions now and Latin conversational!  
One has spread their wings to study music theoretical,  
Whilst solving sticky problems, sometimes seeming hypothetical.  
We’ve all missed out on haircuts from those experts in trichology  
And due to social distancing we can’t embrace phrenology.  
We’ve kept in touch with loved ones by embracing new technology  
We’ll pass with flying colours that new subject of “Zoomology!”

Most of us with gardens have embraced things horticultural  
With weeding, planting, watering it’s almost agricultural.  
But, on those summer evenings in moods more relaxational  
Through large rose tinted wine glasses our efforts seem sensational.  
Some of us still sing at home in situations various  
With backing tracks or instruments and outcomes quite hilarious.  
But as a choir we’ll all agree that we are most gregarious  
And at our best in harmony with great songs multifarious.

© Oider 18-03-2021

For further information about joining or booking the choir sometime in the future please contact  
Marian Brown on 01638 552953 or email [music@thebrownfamily.biz](mailto:music@thebrownfamily.biz)

## Moulton Oil Scheme - Lesley James

The price of oil has remained fairly static for the last few months and according to people I have spoken to in the industry they think it will remain around this price for the Summer. Oil deliveries have taken longer than usual over the winter months due to demand and companies have drivers having to self-isolate because of Covid, all these causing problems for some who were getting low.

My next order will be in September and then roughly every six weeks till next June. Due to the delivery problems, we have encountered this year could I ask that you place your orders in good time and allow 3 weeks for delivery. Companies normally quote up to two weeks delivery in normal circumstances especially at the height of Winter but as we know things are not normal at the moment but I will always try to help if you find your tank is getting low. Maybe it would be a good idea to fill your tank in September when prices are historically low, the most expensive time is Christmas/ New Year.

The oil scheme was started many years ago to protect the fabric of our lovely village and save a few pence on the price of oil. English Heritage look after The Packhorse Bridge but I think we should play a part in looking after it and the rest of the village so the less oil tankers driving around the village can only help reduce the traffic and pollution levels in the village. I do find it disappointing to see tankers driving around the village when I have recently placed an order.

If you would like to place an order with the village scheme just email or call me, there is no charge to join.  
Tel. 01638482012 email [moultonoilsheme@outlook.com](mailto:moultonoilsheme@outlook.com)

### 2021/22 order dates

|             |            |                                  |            |             |
|-------------|------------|----------------------------------|------------|-------------|
| September 1 | October 18 | November 29 (Christmas delivery) | January 10 | February 21 |
| April 4     | May 23     | June 27                          |            |             |

## Farewell and Welcome!

As many of you know Bill and I left the village on the 18<sup>th</sup> June and have moved to Bury St Edmunds. We moved to Moulton in 1999 and have made lots of friends and acquaintances. We were looking back on our time in the village and lots of things have changed. A new village hall, play equipment, flowers round the village, the defibrillator at the village hall, the book exchange, and speed signs to name but a few. All thanks to the people who put time in to care for the different village projects. Of course, the Parish Council plays a huge part in all these things but the ideas very often come from the community, and are taken forward and discussed, funded and implemented where possible. Some things may take longer like the footpath to Kentford that even Matthew Hancock supported.

We were so delighted to welcome Phil and Ali to Walnut House. They have found everyone they have met whilst walking round the village, or enjoying a scotch egg and coffee at the shop, to be very welcoming. I can honestly say that some of the people who viewed our house told us stories about the communities where they live, and how they are ignored or not made to feel welcome. What a difference to 'welcoming' and friendly Moulton hospitality. I am sure that Phil and Ali will love living in Moulton and Bill and I wish them every happiness in the next chapter in their lives.

I will continue to support Jill with the newsletter for the next edition but I hope someone else will take this on. Jill works tirelessly for the village and it would be great if someone would like to take over the editing from me. Jill usually manages the accounts and the advertising. Please do give either of us a call and we can discuss it with you.

Lisa 07528175021 [elissa.rampling@gmail.com](mailto:elissa.rampling@gmail.com)

Jill 07966133551 [jerryjill99@hotmail.com](mailto:jerryjill99@hotmail.com)

## Tools With A Mission – TWAM



I am so pleased to be able to tell you that in April we collected enough tools to fill a transit van for Tools with a Mission. Robert and his colleague were delighted to see seven sewing machines, a knitting machine and loads and loads of really good tools. All of the tools are checked and refurbished if needed by the team in Ipswich and packed into trade kits to send overseas. There are seven other refurbishment depots in other parts of the country but everything eventually arrives in Ipswich where they are packed onto containers for shipment.

Thank you very much to everyone who gave so generously... the tools and equipment donated really will make a difference and will help to transform lives in other countries.



Thank you – Lisa Rampling

## **Upcoming Events**

### **Thursday 8 July and Saturday 14 August:**

#### **Get to Know Your Dragonflies (11:00 to 13:00)**

£6 for RSPB members; £10 for non-RSPB members (reserve entry is included in the price).

On this walk, so long as the weather is good, we should see a wide range of dragonflies in different habitats across the reserve. Some, like red-eyed damselfly and scarce chaser are less common and this is a great chance to see them with an experienced guide on hand to answer any questions. This should be a lovely walk and we will probably see a range of other wildlife along the way.

### **Saturday 7 August:**

#### **Summer 'Behind the Scenes' Walking Tour (13:00-18:00)**

£16 Adult (RSPB Member) £8 Children (RSPB Member) £20 Adult (Non-Member) £10 Children (Non-Member) – reserve entry is included in the price.

This is our traditional summer 'long' walk that takes in the entire reserve, including parts not normally open for public access. There is a good chance of seeing hobbies, bitterns, cranes, bearded tits, marsh harriers and a wide range of butterflies, dragonflies and scarce wildflowers. There will be time to stop for breaks and lunch along the way!

### **Sunday 19 September:**

#### **The History of Lakenheath Fen (10:00 to 12:00)**

£6 for RSPB members; £10 for non-RSPB members (reserve entry is included in the price).

This is a new event for us and one we hope will take in the fascinating history of the reserve, from when the RSPB bought the land in 1995, to the Bryant & May poplar plantations before, right back in time to the last Ice Age. It will cover the use of the Fens over time by local people and will focus on the evidence that is still here today for all to see which illustrates the past.

For all of our events, booking is required. Booking and more information on all events can be found by visiting [rspb.org.uk/lakenheathfen](http://rspb.org.uk/lakenheathfen) and clicking on 'activities and events'. If you don't have internet access, please phone the Visitor Centre to purchase tickets on 01842 863400.

## June is the month for Dragonflies and Damselflies

Here at RSPB Lakenheath Fen we have seen an explosion of dragonflies and damselflies in recent days as the weather warmed up rapidly following a week or so of rain at the end of May. The increased heat has triggered many dragonflies to climb up stems from the pools and rivers (and garden ponds) where they had been quietly living in the sediment at the bottom, to transform into their stunning adult forms. Luckily, it's easy to tell 'dragons' from 'damsels' when they are resting- dragonflies will hold their wings out at right angles to their sides, whereas a damselflies' will be held close to or directly over the back of the body, folding neatly in line. Dragonflies are usually much bigger and chunkier too.



It's not just nature reserves where dragonflies breed- garden ponds and village greens can support a few species on ponds, such as large red damselfly and common blue damselfly, as well as common and ruddy darters. These species don't necessarily need a large area of water, just one free from pollution with a few vertical aquatic plant stems for the larvae to climb up when they are ready to emerge. Even a homemade pond in an old sink or beer barrel is big enough to support a few, and it isn't uncommon for a new pond to be built in early summer and to have damselflies on it with a day or two. Other aquatic insects which will be quick to turn up include whirligig beetles, pond skaters and water boatmen.

At Lakenheath Fen our first dragonfly of the year was seen on 7 May which was a four-spotted chaser- this species has distinctive dark blotches at the tip of each of the four wings, and another blotch halfway along the top edge of the wing, giving it its name (see the picture below). Our first damselfly was typically a little earlier in the form of large red damselfly, a crimson-coloured species that is usually always the earliest to emerge. We now have a lot of hairy dragonflies about (so-called because they are hairier than most species!) and azure damselflies are everywhere too. Azures are one of several 'blue' damselflies but at the top of the long abdomen is a U-shaped mark which helps with identification. Common blue damselflies have a marking that resembles a golf ball on a tee, or a lollipop.

The lovely thing about dragonflies is that no matter where you are in the countryside, or even in your own garden, they are easily encountered as the adults often fly long distances from the water where they hatched, in search of food or a mate. It is not unusual later in summer for a southern or migrant hawk to take over a garden or corner of parkland and spend days or even weeks patrolling up and down, defending it from other intruding dragonflies.

Why not head down to the reserve soon to look for dragonflies yourself? We have a huge variety here and they are easy to see in good weather, in fact as we move into the summer months you should see plenty from the moment you arrive- even in the car park- and on the path to the Visitor Centre which usually has plenty perched up on vegetation.

Hope to see you soon!

Heidi Jones

Visitor Experience Officer

**RSPB Lakenheath Fen**, Station Road, Lakenheath, Brandon, Suffolk. IP27 9AD

**Tel** 01842 863404

**Mobile** 07803 576410

[rspb.org.uk](http://rspb.org.uk)



## PARISH COUNCIL

The Parish Council meets regularly in the school and residents are all welcome to attend. Meeting dates and Agendas are listed on the village website at the bottom of the page and are also regularly posted on the village noticeboards.

### **Parish Councillors:**

|                         |              |
|-------------------------|--------------|
| David Almond (Chairman) | 01638 428250 |
| Mark Price (Vice Chair) | 01638 750200 |
| Ryan Bragg              | 01638 751153 |
| Ed Chambers             | 01638 750014 |
| David Clarke            | 01638 750263 |
| John Derry              | 01638 751902 |
| Jane Horsnell           | 01638 750879 |
| Douglas James           | 01638 750897 |
| Tim James               | 01638 482012 |

### **Clerk to the Parish Council:**

|             |              |                     |
|-------------|--------------|---------------------|
| Joanne Kirk | 07880 686069 | moultonpc@gmail.com |
|-------------|--------------|---------------------|

|                       |                   |              |
|-----------------------|-------------------|--------------|
| Parish Priest:        | Revd Chris Childs | 01638 429212 |
| Village Archivist :   | John Gunson       | 01638 750131 |
| County Councillor:    | Andy Drummond     | 01638 751411 |
| District Councillor:  | Roger Dicker      | 01638 750392 |
| Member of Parliament: | Matthew Hancock   |              |
| Parliament Office:    | 020 7219 7186     |              |
| Constituency Office:  | 01638 576692      |              |

### **Moulton Matters:**

Editors:

|               |                           |              |
|---------------|---------------------------|--------------|
| Lisa Rampling | Elissa.rampling@gmail.com |              |
| Jill Goodwin  | JerryJill99@hotmail.com   | 01638 551851 |

**<http://moulton.onesuffolk.net>**



## **Telephone Directory**

### **MEDICAL**

|                        |              |
|------------------------|--------------|
| Addenbrookes Hospital  | 01223 245151 |
| Newmarket Hospital     | 01638 558400 |
| West Suffolk Hospital  | 01284 713000 |
| Oakfield Surgery       | 01638 662018 |
| Orchard House Surgery  | 01638 666887 |
| Rookery Medical Centre | 01638 664338 |

### **CHURCHES**

|                                                            |                       |
|------------------------------------------------------------|-----------------------|
| All Saints Church (Rev Chris Childs)                       | 01638 429212          |
| Catholic Church (Fr Christopher Smith)                     | 01638 662492          |
| St Peters Church c/o Vicarage, Gazeley (Revd Chris Childs) | 01638 429212          |
| St Peters Church Wardens (Bob Saltmarsh & Anne Garmston)   | 01638 750190 & 751188 |

### **NEWMARKET**

|                        |              |
|------------------------|--------------|
| Citizens Advice Bureau | 01638 665999 |
| Day Centre             | 01638 664262 |
| Dial-a-Ride            | 01638 608080 |
| Library                | 01638 661216 |
| Sports Centre          | 01638 662726 |

### **MOULTON VILLAGE**

|                                                         |                     |
|---------------------------------------------------------|---------------------|
| Parish Council Clerk (Joanne Kirk, moultonpc@gmail.com) | 07880 686069        |
| Parish Council Chairman (David Almond)                  | 01638 428250        |
| Ash Tree Veterinary Surgery                             | 01638 554477        |
| Moulton Matters Editors (Jill Goodwin & Lisa Rampling)  | 01638 551851/552631 |
| The Packhorse Inn                                       | 01638 751818        |
| Village Hall Bookings (Jill Goodwin)                    | 01638 551851        |
| Village Shop (Mike & Kathy Dillon)                      | 01638 750242        |
| Village Bulk Oil Ordering Scheme (Lesley James)         | 01638 482012        |
| Village School Head Teacher (Debs Shipp)                | 01638 750236        |
| Village Website (Ryan Bragg)                            | 01638 751153        |

### **TRAVEL**

|                         |              |
|-------------------------|--------------|
| Newmarket Taxi Hire     | 01638 561561 |
| National Rail Enquiries | 03457 484950 |
| Stagecoach – Cambus     | 01223 423250 |

### **EMERGENCY**

|                         |     |
|-------------------------|-----|
| Fire / Police Ambulance | 999 |
|-------------------------|-----|

### **NON EMERGENCY**

|                        |                   |
|------------------------|-------------------|
| Crime Stoppers         | 0800 555111       |
| Gas                    | 0800 111999       |
| Power                  | 0800 7838838      |
| Water                  | 08457 0800 145145 |
| Police – Non Emergency | 101               |
| NHS                    | 111               |

# Moulton Village Hall

## Management Committee Officers:

|                    |                  |        |
|--------------------|------------------|--------|
| Chairman           | Richard Marshall | 750488 |
| Deputy Chairman    | Bill Rampling    | 552631 |
| Treasurer          | Jerry Goodwin    | 551851 |
| Bookings/Secretary | Jill Goodwin     | 551851 |

Jill Goodwin is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Jill on 01638 551851 or e-mail: [bookingsMVH@moultonsuffolk.co.uk](mailto:bookingsMVH@moultonsuffolk.co.uk)

Hall re-opening fully for events from 19th July subject to Covid restrictions.

If you are interested in joining a group or activity, set out below are the names and contact details you will require: Many groups currently suspended due to Covid.

|           |                     |       |                                                                                     |              |
|-----------|---------------------|-------|-------------------------------------------------------------------------------------|--------------|
| Monday    | Pre-School          | 09.15 | Amy Edge-Bovair                                                                     | 07958 290837 |
| Monday    | Pilates             | 18.00 | <b>Suspended until September</b><br>Alison Wilson                                   | 07752 60839  |
| Tuesday   | Moulton Mini Tots   | 10.00 | <b>Suspended until September</b>                                                    |              |
| Tuesday   | Healthy Walks       | 10:00 | Ron Wallwork                                                                        | 01638 751869 |
| Tuesday   | Luncheon Club       | 13:00 | <b>Suspended until 28th September</b><br>Last Tuesday in the month<br>Yvonne Slater | 01638 750547 |
| Tuesday   | Cubs/Beavers/Scouts |       | <b>Suspended until September</b>                                                    |              |
| Wednesday | Pre-School          | 09.15 | Amy (as above)                                                                      |              |
| Wednesday | Yoga                | 18;15 | Bridget Pooley                                                                      | 07758 540739 |
| Thursday  | Provisional Pilates | 09:00 | Alison Wilson as above                                                              |              |
| Thursday  | Bridge club         | 14.00 | <b>Suspended</b> until 22nd July<br>Pat & Paul Harris                               | 01638500325  |
| Thursday  | Panther U9's        | 17:30 | Alan Sheldrick                                                                      | 07939 570439 |
| Thursday  | Mindset Yoga        | 18:30 | Victoria Steenkamp                                                                  |              |
| Thursday  | Badminton           | 20.00 | Yvonne Slater                                                                       | 01638 750547 |
| Friday    | Pre-School          | 09.15 | Amy (as above)                                                                      |              |
| Friday    | Carpet Bowls        | 19:00 | <b>Suspended until September</b>                                                    |              |
| Friday    | Private dance hire  | 18:30 |                                                                                     |              |
| Saturday  | Yoga                | 9:00  | Bridget Pooley as above<br>(First 3 of month )                                      |              |
| Saturday  | Panthers Girls U15  | 10:00 | Sam                                                                                 | 07717 832777 |
| Saturday  | Panther U9 boys     | 10:00 | Alan Sheldrick                                                                      | 07939 570439 |
| Sunday    | Panther/U16         | 10.00 | Steve Wilson                                                                        | 07538241521  |
| Sunday    | Veterans            | 10:00 | Mark Price                                                                          | 01638 750200 |



## Gas & Oil Specialists Servicing & Repair

Central Heating • Installation & Repairs • Boiler Replacements • Domestic Plumbing  
Boiler Services • Boiler Repairs & Alterations • Landlord Certificates




**01638 781130**

mobile 07785 936648

email [enquiries@heatingcompany.co.uk](mailto:enquiries@heatingcompany.co.uk)

[www.heatingcompany.co.uk](http://www.heatingcompany.co.uk)



4e Rosemary House, Lanwades Business Park, Kentford, Newmarket, Suffolk CB8 7PN



## Need your oil tank changed?

**Telephone 01638 781710**

**Mobile 07785 936648**

**Email [enquiries@oiltankchange.co.uk](mailto:enquiries@oiltankchange.co.uk)**

**[www.oiltankchange.co.uk](http://www.oiltankchange.co.uk)**



**SUPPLIERS & INSTALLERS OF DOMESTIC & COMMERCIAL OIL TANKS**

4e Rosemary House, Lanwades Business Park, Kentford, Newmarket, Suffolk CB8 7PN

# Gracewell of Kentford

## *Residential, Nursing & Dementia Care*



**At Gracewell of Kentford we go out of our way to ensure that our home is full of life and activity. A place that our residents love to call home.**

- Highly trained and compassionate team
- Choice of stylish, furnished en-suite rooms
- Homely lounges and sociable dining rooms
- Close to Newmarket town centre
- Wheelchair friendly garden
- Freshly prepared, balanced and nutritious meals
- Range of daily activities
- Café for residents and their loved ones

For further information or to book a visit call **01638 598959** or email **[kentford.haa@gracewell.co.uk](mailto:kentford.haa@gracewell.co.uk)**

**Gracewell of Kentford**  
Jeddah Way, Kennett,  
Newmarket, Suffolk CB8 8JY



1 September 2017

**Gracewell**  
HEALTHCARE

*Residential, Nursing  
& Dementia Care*

**[GracewellKentford.co.uk](http://GracewellKentford.co.uk)**